

Pointe du Raz - Cap-Sizun - Douarnenez
Headland on the edge
of the earth

The Cap-Sizun and Douarnenez region boast pristine landscapes, unique natural and cultural heritage as well as breath-taking views along the GR®34 long distance footpath.

- Start your day with breakfast in one of the cafés in the old **Port du Rosmeur**, overlooking **Baie de Douarnenez**. Walk through the old districts, following the trail "Chemin de la Sardine".
- Learn about maritime cultures throughout the world at the **Port-musée** located partly outside and partly on water.
- Walk across to the mysterious **Île Tristan** at low tide; it's a protected, natural site, just a stone's throw from the Douarnenez town.
- Visit **Pont-Croix**, one of Brittany's "Petite Cité de Caractère," (Traditional charming villages) in pristine, traditional surroundings. Admire its network of interlacing cobbled streets and church, a Gothic architectural masterpiece.
- Take a moment to relax at a café table in the sunshine or on the quays of the charming port of Audierne. Then, it's all aboard for the **Isle of Sein**, where a peaceful and welcoming atmosphere reigns.
- End up by watching the sunset over the **Pointe du Raz** -, a Grand Site de France, opposite La Vieille lighthouse and the island Île de Sein. You may even be lucky enough to catch sight of a green flash!



Our favourite
Île Tristan: discover the jewel of Douarnenez!
An experience that you can read about on the blogsite: [macornouaille.bzh](#)

Pays Bigouden
A region that will blow
you away!



Grève Blanche Beach, Le Guilvinec

Pays Bigouden: Brittany at its most awesome! Here, you can surf the waves, go clam digging, snack on kouigns (Breton pancakes) at teatime, and walk along the beaches in the Bay of Audierne etc...

- Follow the **Route du vent solaire** from the Pointe du Raz along the Baie d'Audierne. Explore: Tronoën Calvary, the ruins of Languidou chapel, Notre-Dame de Penhors, Pors-Poulhan etc.
- Admire the **Baie d'Audierne**. It's the ideal place to be at one with nature where you can sit for a few minutes and contemplate the ocean view extending to infinity.
- Explore the **Pointe de la Torche** headland - Bigouden's most westerly point - and its surfers! It will really blow you away!
- The lighthouse **Phare d'Eckmühl in Penmarc'h**. Climb up to the top; you'll enjoy a breath-taking view! Open from April to September.
- Stop off in **Pont-l'Abbé**. On Thursday mornings (throughout the year) you can visit the market, which is one of the largest in the Cornouaille region.
- At the end of the day, watch trawlers **return to Le Guilvinec** port and unload their catch (visit the fish auction and Halio-tika - La Cité de la pêche).

Our favourite
Explore the island on foot and see if you can spot a grey seal.
An experience that you can read about on the blogsite: [macornouaille.bzh](#)

La Riviera Bretonne
A dream destination

Welcome to the Breton Riviera! All the charm of our coastline's turquoise waters and lush greenery, exalted in a symphony of blue and green dotted with coves and lighthouses, maritime pines and long beaches of fine sand...



The Glénan Archipelago, Fouesnant-les Glénan

- In the early hours of the morning, before the sail boats leave take a look around **Port-la-Forêt marina** where impressive sea racing vessels stand alongside fishing and recreational boats.
- Wander along the beautiful Kerleven beach in **La Forêt-Fouesnant** as far as **Saint-Laurent cove** where you may come across some little egrets, great cormorants, swans or kingfishers etc.
- Picnic in one of the sheltered coves around Beg-Meil.
- Take to the sea on a boat trip with commentary around the **islands of the Glénan Archipelago**, or cycle across the **Mer Blanche (marshes)** by bike and explore the **Moustertin Polder**.
- Or perhaps you'd prefer to relax on Bénodet's **Plage du Coq beach** and admire the lighthouse overlooking the site.
- At the end of the day, indulge in an ice cream and take a stroll **along the boardwalk at Bénodet**.

Our favourite
The coastal path between Cap-Coz and Beg-Meil
An experience that you can read about on the blogsite: [macornouaille.bzh](#)

Flavours of Cornouaille
A food lovers' paradise



Kouign-amann (Breton cake) from Douarnenez

A good way to explore Cornouaille - a region known for its livestock farming and food production - is through it gastronomy and local specialities.

In your shopping basket...

Flat oysters from the Aven and Bèlon rivers, or oysters from the Île de Sein • Langoustines from Le Guilvinec and Locudy • Fresh seafood, shellfish (pink clams from Les Glénan), lobsters and spider crabs • Line caught bass from the Pointe du Raz • Smoked fish from Cap-Sizun • Preserved fish • An-douille prepared the Baye way • AOP Cornouaille apple juice and cider • Local beers (Britt, Tri Martolod, Storlok, Penhors) • Eddu buckwheat whisky • Saffron from Pouldreuzic and Concarneau • Kouigns (small pancakes) from Pays Bigouden • Seaweed • Pâté Hénaff • Kouign-amann Breton cake from Douarnenez • Macaroons made with salted butter • Crêpes dentelles biscuits from Quimper • Butter biscuits from Pont Aven • "Connétable" sardines from Douarnenez.

Factories to visit

- Canning factories in Douarnenez, Penmarc'h, Audierne and Trégunc
- Cider and apple juice production at some of Cornouaille's many cideries. [www.routeiducide-cornouaille.bzh](#)
- In Quimper you'll find the only place in Brittany that makes crêpes dentelles biscuits - [www.biscuiteriedequimper.com](#)
- Biscuit factories in Bénodet, Concarneau, Pont-Aven and Pointe du Raz
- Oyster farming at Château de Bèlon oyster farm in Riec-sur-Bèlon and the Viviers de Penfoulc shellfish farm in La Forêt-Fouesnant.
- Penhors craft breweries in Pouldreuzic and Tri Martolod in Concarneau - [www.brasserie-penhors.com](#) [www.trimartolod.fr](#)
- Cap Helix snails in Goulien (snail farm)
- Crêperie Bosser in Concarneau

Our year-round markets

MONDAY

Morning Bénodet / Concarneau
Douarnenez (Indoor market)
Île-Tudy (pl. de l'Eglise) / Plozévet (St-Guénolé) / Rosporden / Plonour-Lanvern (Last Friday of each month)
Plozévet / Quimper (Indoor market)
Quimperle (Pl St Michel)

TUESDAY

Morning Douarnenez (Indoor market) / Le Guilvinec / Locronan (Small market) / Locudy / Moëlan-sur-Mer
Plogonec / Pont-Aven / Quimper (Indoor market)
Evening Trégunc (4pm - Organic)

WEDNESDAY

Morning Bannalec (2nd and 4th Wednesday of month) / Douarnenez (Indoor market + Marina) / Lesconil
Quimper (Indoor market + surrounding area) / Riec-sur-Bèlon / Sainte-Marine / Trégunc
Evening Concarneau (4.30pm - Organic)
Evening Trégunc (4pm - Organic)

THURSDAY

Morning Douarnenez (Indoor market) / Plogonec / Pont-Croix
Pont-l'Abbé / Quimper (Indoor market) / Rosporden
Evening Goullizon (4.30pm - 2nd of month) / Guengat (4.30pm)

In July and August

MONDAY

Evening Lesconil (5 pm - 8 pm - Port)

TUESDAY

Morning Le Guilvinec
Evening Audierne / Brieç (5pm - Ferme S^{te}-Cécile) / La Forêt-Fouesnant (6pm - Port-La-Forêt marina) / Pont-Croix

WEDNESDAY

Morning Clohars-Carnoët (Le Pouldu) / Fouesnant-les Glénan (Beg-Meil)
Evening Audierne (Les Nocturnes) Erque-Gaberic (5pm - organic - Chap. de Kerdévot) / Plogonec (7pm)

Indoor markets at Pont-l'Abbé, Audierne, Quimper, Quimperle, Douarnenez and Concarneau open everyday or nearly everyday. [www.halles-cornouaille.com](#)

FRIDAY

Morning Brieç / Concarneau
Douarnenez (Indoor market)
Fouesnant-les Glénan / Penmarc'h (St-Guénolé) / Rosporden / Plonour-Lanvern (Last Friday of each month)
Plozévet / Quimper (Indoor market)
Quimperle (Pl St Michel)

SATURDAY

Morning Bannalec / Clohars-Carnoët
Douarnenez (Indoor market + Marina) / Fouesnant-les Glénan (organic) / Melgven / Moëlan-sur-Mer (Kergroes) / Névez / Plomeur Pouldreuzic / Quimper (Indoor market + surrounding area)
Riec-sur-Bèlon / Saint-Jean-Troilmon / Scaër

SUNDAY

Morning Baye / Elliant / La Forêt-Fouesnant / Le Guilvinec
Plomeur-Lanvern / Ploùhinec / Quimper (Indoor market + Braden)
Quimperle

THURSDAY

Morning Pont-l'Abbé (Arts & Crafts)
Evening Locronan (7pm) / Névez (4pm)

SUNDAY

Morning Le Guilvinec / Trégunc (Trévigonn)
Evening Clohars-Carnoët (Le Pouldu)



Indoor markets at Pont-l'Abbé, Audierne, Quimper, Quimperle, Douarnenez and Concarneau open everyday or nearly everyday. [www.halles-cornouaille.com](#)

Brittany

Greenways, hiking, nature



Quimper, Capital of Cornouaille
Locronan and the Pays Glazik



Back to the heart of a street in the historic heart of Quimper

Quimper is certified as a "City of Art and History" and is the cultural Capital of Brittany, built around its Gothic cathedral and the River Odet.

- Join a guided tour to explore the medieval streets and alleyways of the town's three historic centres.
- Visit the **Fine Art Museum**, the **Museum of the Department Of Brittany** and the **Museum of Porcelain**.
- Unwind as you wander in **Quimper's original gardens**: the medieval garden of Locmaria Priory, a listed "remarkable garden", the Retraite park with its Mediterranean-style Jardin de la Paix (Garden of Peace), and the gardens of Max Jacob Theatre with an English-style rose garden!
- Don't miss Locmaria, the historic birthplace of **Quimper Pottery** with the **Musée de la Faïence** and **Henriot Workshops**, which continue the tradition of the hand painted Quimper brush stroke. You'll also find the Pascal Jaouen School of Artistic Embroidery there.
- Explore the numerous **hiking trails** around Quimper (Glazik area) or along the **Odet**, a coastal river lined with châteaux and manor houses.
- Discover the delights of **Locronan**, a recognised "Petite Cité de Caractère" (Charming village) and One of France's Most Beautiful Villages, with its history, amazing architecture, Celtic and religious traditions, and fun film facts.

Our favourite
Stroll through Quimper, along the Odet
An experience that you can read about on the blogsite: [macornouaille.bzh](#)

From Concarneau to Pont-Aven
Cornouaille Océan

Here, every walk offers up a new landscape; whether it's the sea shore or a river bank, cliffs or fine sandy beaches, ramparts or art galleries, every step is a chance to discover something new.



Pont Aven, culture and gourmet treat

- Cross the drawbridge and enter the **Ville Close (Old Enclosed City of Concarneau)** with its rich and exceptional heritage; you can also visit the **Musée de la pêche** where you can discover some of the secrets of this maritime activity.
- On the outskirts of Concarneau, the **Château de Kérioleit**, a Neo-gothic architectural jewel, immerses visitors in the history of the Imperial Russian Princess and her husband.
- Wander along the **old railway tracks** along the n°7 green way, between Concarneau and Rosporden, and then catch the bus back.
- Visit **Pont-Aven**, the City of Painters, and stroll through the town, where you can see the painters hard at work along the port; wander around the galleries and visit the museum.
- Continue as far as **Névez**, go for a hike along the **GR®34** long distance footpath, and visit the **village of Kerascoët** with its thatched cottages and standing stones.
- Late afternoon, set off in a kayak or on a paddleboard and explore the **beauty of the river Aven** with its variety of different landscapes.

Our favourite
Trail through the Trévigonn nature reserve
An experience that you can read about on the blogsite: [macornouaille.bzh](#)

Quimperle Terre Océane
Pays des Rias



Enjoy a new lease of life

With its picturesque ports and cultural heritage, the region around Quimperle - listed as a "Place of Art & History" - offers a pristine landscape of tidal rivers, known as "rias".

- Begin at the **Roches du Diable** natural site, in Guilligomarc'h, a unique and exceptional place, steeped in legend, with raging waters and chaotic blocks of granite.
- Nor far away, in Mellac, **Manoir de Kernault**, a beautiful example of a 15th century manor house with 30 ha grounds, organises unusual exhibitions and experiences.
- Continue with a walk through the **Forest of Carnoët**, along the banks of the Laita to the **Site abbatial Saint-Maurice**, an old Cistercian Abbey inhabited by monks for 600 years.
- Then stop off in the **picturesque harbours of Doëlan, or Rosbras** or even **Bèlon**, where you can buy fish, just landed by the fishermen - a guarantee of extra freshness!
- Visit Le Pouldu and experience, at first hand, what life was like in an artists' pension at the **Maison-Musée** where Gau-guin lived; complete your introductory tour by following the **Chemin des Peintres** trail.
- In **Quimperle**, you will be won over by the charm of the cobbled streets and the riverbanks, as Flaubert and Le Sidanier were before you, and the story of the town's rich history told by its monuments will surprise you. Stroll through Quimperle and you will discover a hidden gem.

Our favourite
I spent a day with Gauguin
An experience that you can read about on the blogsite: [macornouaille.bzh](#)

Creativity
Made in Cornouaille

Bagadoù (traditional music groups), stylised embroidery. Made in France striped Breton tops Artists are inspired by Cornouaille. Workshops and courses where you'll have the opportunity to reveal your creative talents.



Henriot-Quimper pottery designs

Visits / workshops / training courses

- Visit the **Armor-Lux clothing factory** in Quimper and learn about their skill and expertise. +33 (0)2 98 90 05 29 by appointment - [www.armorlux.com](#)
- Arts and crafts, of all kinds.** You'll see all kinds of arts and crafts on display as you stroll through the charming village of Locronan.
- Henriot-Quimper pottery studios:** hand made and hand decorated items. +33 (0)2 98 90 09 36 (Tues to Fri) - [www.henriot-quimper.com](#)
- Learn Breton embroidery with Pascal Jaouen (stylist).** +33 (0)2 98 95 23 66 - [www.ecoledebroderie.com](#)

100% local shopping

You'll find a number of shops, selling original, local, art and craft, products, open throughout the year, in the towns of Quimper, Douarnenez, Pont-l'Abbé, Concarneau, Quimperle and Pont-Aven. Take home some traditional Cornouaille products, including:
An "Armor-Lux" Breton striped top • A "Le Glazik Molène peacoat" • A B.O Carré bag made from recycled sails • A Guy Cotten wax jacket • A Henriot, 2-handled, pottery bowl • Le Minor embroidered linen • Designs by Pascal Jaouen • A pair of Rivalin slippers • Jewellery and decorative items by Nolwenn Le Lay, a colourist-glassmaker.

Events
Highlights of 2020

- Fête Médieval** in Locronan - 2nd & 3rd may
Medieval crafts market with performances & activities.
- "Des mots, des mômes" storytelling festival**
At kernault manor in mellac - Thursday 21st may
- "Goéland masqué" festival** in Penmarc'h - From 30th may to 1st june - Detective novel & comic book festival.
- "Seconds roles" festival in Audierne** From 11th to 14th june - "Women 2.0". 30 Films. 14 Screenings. 4 Days of cinema.
- Celtic Nights of Peniti** in la Foret-Fouesnant - July/august
Traditional music & dance of brittany
- Free concerts at la Butte du Fort** in Benodet - July/august
- Embroidery festival** in Pont-l'Abbé - From 10th to 12th july
Festival of bigouden traditions.
- "Temps fête" maritime festival** in Douarnenez
From 15th to 19th july - A celebration of the sea.
- Music festival of Pont-Croix** - From 15th to 22nd july
Chamber music festival in ND de Roscudon.
- Fête des Pommiers** in Fouesnant - 18th & 19th july
Traditional celebrations, parade, dance & breton music.
- Cornouaille festival** in Quimper - From 21st to 26th july
Traditional breton music & dance festival
- Fête des Fleurs d'Ajanc** in Pont-Aven - From 31st july to 2nd august - Traditional celebrations with breton music & dance.
- Festival des Filets Bleus** in Concarneau From 12th to 16th august - Concarneau traditional festival.
- Mondial Folk** in Plozevet - From 19th to 23rd august
International folklore festival with 800 artists from all continents.
- Fête de la Belle Angèle** in Pont-Aven - Saturday 22nd august
Traditional sailing boats, sea shanties, activities & concerts.
- Film festival** in Douarnenez - From 22nd to 29th august
"People of greece and their struggles".
- Les Rias en Pays de Quimperle festival** - From 25th to 29th august - Street theatre. 30 Troupes. 60 Free performances.
- In Quimper, the **"Iliz Vev" light show and street entertainment**, in December
- illuminations** of Locronan - From 5th dec. to 3rd jan.

All Cornouaille's events and entertainment are listed on [www.cornouaille-animations.fr](#)

More information on
quimper cornouaille

Consult our events calendar on [www.cornouaille-animations.fr](#) to see all celebrations and cultural events in Cornouaille!

Or collect your "Cornouaille events" leaflet, available free from all the region's tourist offices!



In Cornouaille, holidays are meant for new life experiences. Go off the beaten track with [www.MaCornouaille.bzh](#)



Tourist Offices

QUIMPER CORNOUAILLE

- Quimper > +33 (0)2 98 53 04 05 - [quimper-tourisme.bzh](#)
- Locronan > +33 (0)2 98 91 70 14 - [locronan-tourisme.bzh](#)

PAYS DE DOUARNENEZ

> +33 (0)2 98 92 13 35 - [douarnenez-tourisme.com](#)

RIVIERA BRETONNE

- Bénodet > +33 (0)2 98 57 00 14 - [benodet.fr](#)
- Fouesnant-les Glénan > +33 (0)2 98 51 18 88 - [tourisme-fouesnant.fr](#)
- La Forêt-Fouesnant > +33 (0)2 98 51 42 07 - [foret-fouesnant-tourisme.com](#)

DE CONCARNEAU À PONT-AVEN

- Concarneau > +33 (0)2 98 97 01 44 - [tourismeconcarneau.fr](#)
- Pont-Aven, Névez, Trégunc, Rosporden > +33 (0)2 98 06 87 90 - [bretagne-cornouaille-ocean.com](#)

QUIMPERLE TERRE OCEANE

[quimperle-terreecane.com](#)

- Clohars-Carnoët, Moëlan-sur-Mer, Quimperle, Riec-sur-Bèlon, Scaër > +33 (0)2 98 39 67 28

PAYS BIGOUDEN

[destination-paysbigouden.com](#)

- Plozévet, Pouldreuzic, Plomeur-Lanvern > +33 (0)2 98 91 45 15
- Île Tudy > +33 (0)2 98 98 47 12
- Le Guilvinec > +33 (0)2 98 58 29 29
- Locudy > +33 (0)2 98 87 53 78
- Pont-l'Abbé > +33 (0)2 98 82 57 99
- Penmarc'h > +33 (0)2 98 58 81 44

CAP-SIZUN - POINTE DU RAZ

[capsizuntourisme.fr](#)

- Audierne, Plouhinec, Pont-Croix, Beuzec-Cap-Sizun, Pointe du Raz > +33 (0)809 10 29 10

Getting around in Cornouaille... and in Brittany

Brittany by bike on an exceptional cycling network

With more than 1,800 km of cycle paths and greenways, Brittany is heaven for cyclists! Waymarked, safe and comfortable, nine long-distance cycling itineraries explore the canal towpaths and riverbanks, following old railway lines or quiet country lanes along the coastline. In Cornouaille, you can pedal along "Véloroute 5 - La Littorale", a coastal cycle path between the Pointe du Raz and Quimperle...

Bikes on public transport?

- To find out which TER (regional express trains) allow you to take your bike on board in comfortable conditions, especially if you're with a group, call **ContactTER on 0800 880 562**.
- Bicycles are not always accepted on our intercity coaches. Find out before you travel, on [breizhgo.bzh](#)

MOBI BREIZHGO

MobiBreizh.bzh: Organise your trip by public transport in Brittany

On [mobibreizh.bzh](#) you'll find all the information you need to organise your trip with a combination of various eco-friendly transport modes (bus, metro, coach, boat, etc.). Use the website's journey planner to prepare your trip from door to door and choose from several options based on your preference settings.

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destination quimper cornouaille Bretagne

BREIZHGO

Le réseau de transport public 100% Breizhgo

MobiBreizh.bzh