



PRESQU'ÎLE DE  
**CROZON**

AULNE MARITIME  
NATURELLEMENT



YOUR  
HOLIDAY GUIDE



[crozon-tourisme.bzh](http://crozon-tourisme.bzh)







**At the Gates of the Crozon Peninsula – Aulne Maritime,**  
**LE FAOU – Small cities of character**

→ Further info page 29



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*Le Faou – Small cities of character.*  
 Photo Alexandre Lamoureux

← *Front cover.*

*Roscanvel – Photo Alexandre Lamoureux*





# HELLO

For me, this region is one of those places you can never tire of!

Once a more austere place in the winter, the Crozon - Aulne Maritime peninsula now offers a delightful lifestyle all year long. I'm referring to the softness of the light, colours, new friends, encounters and the wonderful local produce.

I love travelling along the cycle routes, outings to the seaside and its history depicted by old stones. Its natural environment is a source of both respect and contemplation. Each inhabitant tells his own story and takes you on a voyage of discovery of the wealth of savoir-faire shaping the richness of its identity.

This guide offers an array of suggestions to make your visit an unforgettable experience, and I cannot recommend it enough.

Ready to set off?

Pierre

## 4-9

### PHOTO STORY

WONDER - MEDITATE - RESONATE.



## 10-31

**PRESQU'ÎLE DE CROZON  
AULNE MARITIME,  
NATURALLY**

## 33-56

**PROFESSIONALS'  
CONTACT LIST**



## 58-63

**PRACTICAL INFO**

**DETACHABLE MAP  
AND GOOD PRACTICES**



# WONDER







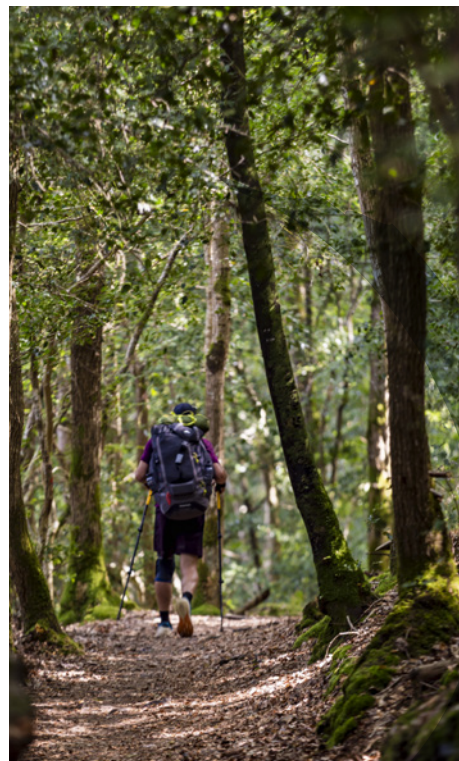
The Aulne maritime



The Térénez bridge – Argol, Rosnoën. Architect Charles Lavigne. Engineer Michel Virlogeux. CD29



The ruins of the old abbey at Landévennec – Museum





# MEDITATE





St-Pierre et Paul parish enclosure – Argol



Fort de la Fraternité – Route des fortifications – Roscanvel



Vieux bourg de Quimerc'h – Site classified as a Monument Historique



The Luzéoc mill – Telgruc/mer

The Saint-Audoën church – Rosnoën





# RESONATE







*In the bay of Morgat*



*Fort du Gouin – Route des fortifications – Camaret/mer*



*The Brest Narrows*



*The Vauban Tower – major UNESCO site*



p.12  
& 13



## GETTING AROUND



The voie verte



Morgat

## THE LOCALS' VIEW OF THE AREA

p.14  
& 15



## WEATHER FORECAST AND 2024 TIDE TIMETABLES

## THE AREA THROUGHOUT THE YEAR

p.23



Cap de la Chèvre. Crozon



# NATURAL SPACES



Le Loc'h, Landévennec



Roscarvel

p.20  
to 23

## 5 GOOD REASONS TO VISIT

## HISTORY AND HERITAGE

p.24  
to 29



Église St Sauveur, Le Faou



## LOCAL PRODUCE, RECIPES AND MARKETS



p.30  
& 31



# GETTING AROUND

## ONE OUTING, SEVERAL SOLUTIONS!



Pont de Térénez. Construction designed by architect Charles Lavigne and engineer Michel Virlogeux. Conseil Départemental du Finistère.

### BEFORE AND AFTER YOUR STAY

#### BY CAR, A ROAD TO FREEDOM.

To reach the Crozon Aulne maritime peninsula, allow:

- Roughly 1 hour from Brest (65 km).
- A little over 1 hr from Quimper (70 km – 1 hr 15).
- 1hr 30mins – 90 km from Roscoff.
- 2hr 50mins – 220 km from Rennes.
- And roughly 6 hrs – 600 km from Paris.

#### BY RAIL

#### BREST, QUIMPER, CHÂTEAULIN, PONT-DE-BUIS LÈS-QUIMERC'H RAILWAY STATIONS.

##### Ticket reservations:

Tel: 3635. [www.sncf-connect.com](http://www.sncf-connect.com) or download the App.

Try train + bicycle!

On-board bicycle booking –TER BreizhGo ([sncf.com](http://sncf.com))

By Flixbus coach to Brest or Quimper.

[www.flixbus.fr](http://www.flixbus.fr)

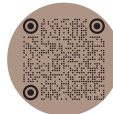
#### BY COACH, FOR A RELAXING WAY TO BE TAKEN AROUND FROM ONE COMMUNE TO ANOTHER.



Tickets on sale in the tourist offices

##### Bus terminals

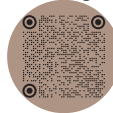
Located close to railway stations and town centres, bus terminals enable travellers to continue their journey by combining both the urban and the BreizhGo networks.



Further info: Getting around by coach in Finistère | BreizhGo

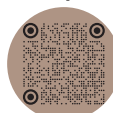
To reach the Peninsula, stop at the Brest or Quimper railway station. From there, the Lignes 34 and 37 of the Breizhgo coaches will take you to the area.

##### Take Ligne 34 from Brest to Camaret/Mer.



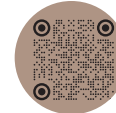
Communes served: Le Faou, Rosnoën, Landévennec (les quatre chemins, route d'Argol), Argol, Telgruc/mer (Argol and bourg station), Crozon Tal-ar-Groas, Lanvéoc, Crozon Le Fret, Crozon tourist office, Morgat (summer only), Camaret/mer port.

##### Quimper to Camaret- sur-Mer line (N° 37)



Areas served: Locronan, Plomodiern, Saint-Nic, Telgruc/mer (Argol and bourg station), Argol, Crozon Tal-ar-Groas, Lanvéoc (rue de l'Aviation and Le Fret Poteau), Crozon Office de tourisme, Camaret/mer harbour.

### BOOKING ON TRANSPORT À LA DEMANDE



Three TAD (transport on demand) services have been set up by the Région Bretagne in partnership with the communauté de communes. These circuits enable one to access the stops on Line 34 towards Brest (Le Fret), to access the maritime link towards Brest (Le Fret), and to travel to Crozon on Wednesdays and Saturdays. They are provided by small vehicles (bus or taxi). They operate by reservation only, along pre-defined routes and stopping points.

To reserve a seat, simply call 02 99 300 300, from 7 am to 5 pm the day before your journey (on Friday for a journey on the Monday).

### GET HERE BY BOAT – MARITIME SERVICE

Following your train or coach journey, or after leaving your car in Brest, make your way towards the commercial harbour and climb aboard the Brest Ouest Compagnie Maritime's passenger boat. Head for Crozon Le Fret. Take your bike on board as well!



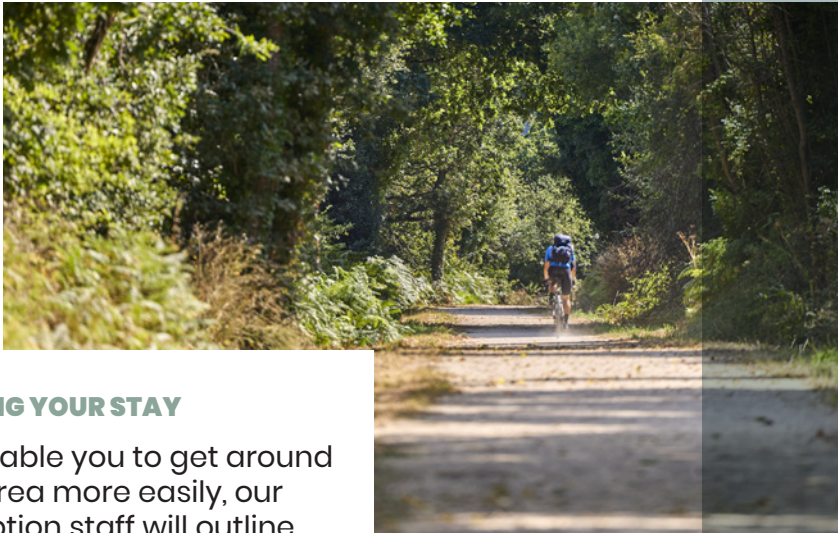
Tickets on sale in the tourist offices

T : 0778 370323 ou 029833 0418.

For all information, go to [www.lebrestoa.com](http://www.lebrestoa.com)







## DURING YOUR STAY

To enable you to get around the area more easily, our reception staff will outline the possibilities for coach travel, taxi ranks, car hire or car sharing.

## HOW ABOUT CAR SHARING?

For any journey, keep car-sharing in mind. Many car-sharers just waiting for you on Ouestgo!

Go to [www.ouestgo.fr](http://www.ouestgo.fr)



## ON FOOT

The ideal territory for hiking, the Crozon peninsula provides the chance to explore along the

GR 34 on foot, by the day or for touring.

## DID YOU KNOW?

The GR 34 criss-crosses the whole of Brittany, from Mont-Saint-Michel to Saint-Nazaire, covering over 2000 kilometers. It is also known as the “customs footpath”, as it used to be patrolled by customs officers in order to put a stop to smuggling via the sea.

## TO GET AROUND, CONSIDER CYCLING!

The **véloroute** – V6 voie verte is a cyclable route along the former railway line between Camaret and Carhaix.

### Electrically-assisted bikes (E-Bikes)

Our local landscape lends itself perfectly to the use of electric bikes. Leave your car in the garage and adopt a gentler and more eco-friendly mode of transport. Trips of up to 9 km can be achieved in around 20 minutes. There are several possibilities open to you in the area.

### Hire of electric, MTB or ATB bikes.

- **Velec** (Argol, Camaret, Crozon, Lanvéoc, Landévennec, Le Faou, Rosnoën, Telgruc and shortly Pont-de-Buis) – 06 50 43 54 45 [www.loc-velec.bzh/](http://www.loc-velec.bzh/)
- **Crapato** (Morgat – in season) – [bastiensimon.free.fr/crapato/](http://bastiensimon.free.fr/crapato/)
- **Cycles du Bout du Monde** (Crozon) – [www.cycles-du-bout-du-monde.fr/](http://www.cycles-du-bout-du-monde.fr/)
- **Roscanveloc** (Roscanvel) – [www.roscanveloc.com/](http://www.roscanveloc.com/)
- **Aber Bikes** – [aberbikes.fr/](http://aberbikes.fr/)



To find your bearings and for getting around, download our tourist map, or ask for it at the tourist office.



### Crozon soft mobility map

Numerous tourist sites and amenities have bicycle stands.

Town centres are similarly equipped.

### To work out your cycling routes:

[www.goevelo.fr](http://www.goevelo.fr)





# HOW THE LOCALS SEE THE AREA

In our 2024 edition of the holiday guide, we wanted to leave it to the inhabitants of the Crozon-Aulne Maritime peninsula to talk about what inspires them about the countryside, the heritage and the identity of their commune.

We asked them three questions:

- Which is your favourite season, and why?
- What is your favourite time of day?
- The most inspiring place? Or the most inspiring activity?

## CATHY SMITH ROSNOËN



The autumn is my favourite season, with its palette of really inspiring colours that lend themselves so well to artistic creation. The time of day: sunset, when the whole countryside lights up with unexpected and almost improbable colours. My favourite place is quite simply my garden, which is always full of surprises and wonderful discoveries. I am of course talking about the flora and fauna.



I love Camaret, especially in the Spring. All the locals emerge from their houses after a wet and windy winter. The quayside fills up, and the businesses, bars and restaurants lay out their terraces... Camaret comes back to life. Camaret is great for outings and long walks to the Pen Hat beach: a magical place for contemplation and meditation, a place filled with energy and positive vibes. I realise every day just how lucky I am to be living in this part of the world.



## ROBIN FOSTER CAMARET/MER



Spring is my favourite season in Camaret, it's the best time for beautiful walks, especially in the morning, along the beach of Veryac'h and the coastal footpaths nearby, where I love the feeling of being almost alone in the world. This is my ideal time to contemplate the wildlife and to get my day at the studio off to a great start.

I'm delighted to have been invited to play in a wilderness concert in front of the ruins of the Saint Pol Roux Manor, high above the beach of Pen Hat.

This magical moment inspired me to compose the first section of my trilogy «Peninsular» – three albums inspired by the landscapes and the emblematic places in Camaret and the Crozon Peninsula. But no matter what the season, these places are constant sources of inspiration...







## STEVEN PRIGENT LE FAOU

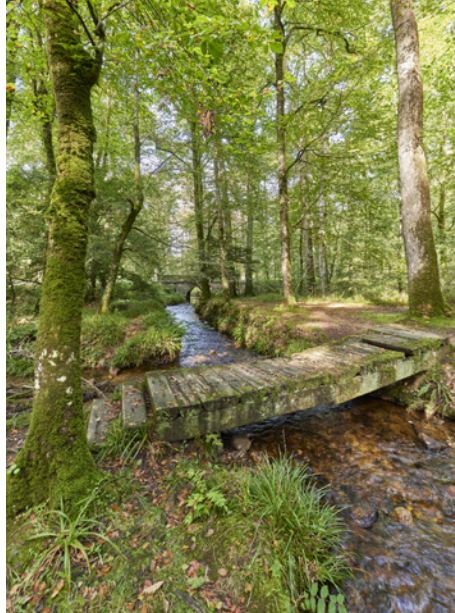


My favourite season is Spring on the Peninsula coast, with the return of its mildness, which lends itself to walks along the beach of L'Aber towards Postolonnec and ending the day by meeting up with friends on the Camaret harbour for drinks on the terrace, or again, that week at the start of last summer, where I was lucky enough to work there for a week, opening the shutters each morning with their view over the Sillon des Anglais.

For me, the best time of the day is at home in Le Faou, walking along the quaysides and enjoying the serenity of the place. It isn't unusual for me to be tempted by a game of pétanque to prolong that simple but relaxing moment.

I've always enjoyed going to Le Seillou, on the beach at Rosnoën, where I walked my dog for many years: nobody as far as the eye could see, nothing but silence.

That place was a huge source of inspiration for my piano compositions, and this was where I would spend time replaying my compositions on the headphones as I walked along.



## STÉPHANIE ARGOL

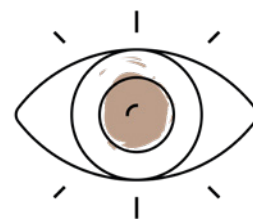


I love the peninsula in all seasons, but Autumn is my favourite, for the amazing colours and the light at the beginning and end of the day, on the sea or in the forest of Landévennec.

I also love to go out chestnutting in that forest, enjoying the peace and quiet, the magnificent trees and the light again.

I prefer the end of the day, as the light fades... the sunset over the sea, more or less over the whole of the peninsula. The place that I find most inspiring is the town centre in Landévennec, the church and the cemetery with its sea view, the terrace of the new bar restaurant, the old abbey, and the little alleyways threading their way down to the sea. The gardens are superb and there's even a fruit-bearing avocado tree growing in one of them. I love showing it to friends who are passing through.

I love kayaking, in the Morgat caves, or under the bridge of Térénez, and, nearby, I enjoy kayaking between the old shipwrecks in the naval cemetery at Landévennec...



## CHRISTOPHE LE BIHAN CROZON



I'm tremendously fond of the sunset, that time when the sun's rays sneak into the clouds and offer us breathtaking images. These landscapes bring me calm, tenderness and relaxation...

For me, Autumn is a special season. Walks in the heart of the forest are bathed in colours. Yellows, oranges, reds...

Nature foresakes green for the warm colours, which makes our outings so pleasant.

As a lover of hiking and photography, the Pointe de Dinan is an inspiring place for me, at once both wild and invigorating. It offers us a view of the whole of, the Anse de Dinan, with the famous Tas de Pois in the background.





Kerbonn-  
Pen-hir.  
Camaret/Mer.



## THE NATURAL SPACES

### CLIFF AND PANORAMIC VIEWPOINTS

The Pen-Hir, Les Espagnols, Le Guern or Dinan headlands, the Cap de la Chèvre or Tas de Pois... These landscapes that are unique to the Crozon Aulne Maritime, where you experience such a strong sense of being at **the edge of the world**, are also the most sensitive of the natural environments. Sheltered as it is from predators, birds find this an ideal terrain for nesting.

The cliffs of the  
Cap de la Chèvre.  
Crozon.



Landévennec, the boat cemetery



The pointe des Espagnols, Roscanvel



## OBSERVING WILDLIFE

The best way to fully experience all the energy of the sea is to wait there until the sun sets, and conversely, in the early morning.

### DID YOU KNOW?

The Crozon peninsula is a veritable open-air geological museum: it consists of a mass of sedimentary rock layers interspersed with the volcanic rocks that have shaped this amazing landscape.



Réserve Naturelle Régionale  
SITES GÉOLOGIQUES DE  
LA PRESQU'ÎLE DE CROZON

Located in the Parc Naturel Régional d'Armorique, this natural reserve bearing the "Espace Remarquable de Bretagne" certification boasts 27 coastal sites of geological and biological interest. The aims of the nature reserve are to learn about, protect, promote, and showcase these sites. These translate into actions of management, promoting awareness, exhibitions, entertainment and ensuring the security of the means of access. On the Cap de la Chèvre, or the Pointe de Dinan, La Tavelle or Le Bellec headlands, a carpet of yellow, pink and mauve vegetation stretches out before you. This is moorland, a landscape often found in Brittany, but which is protected throughout Europe. Consisting of gorse and heather, the moors are full of colour throughout the year. And in February, when the European Gorse is in bloom, it gives off a delicious vanilla scent. [www.reservepresquiledcrozon.bzh](http://www.reservepresquiledcrozon.bzh)





Rosnoën.



## PROTECTED AREAS

From dune to forest, not forgetting the rivers and peat bogs, the Crozon and Aulne Maritime peninsula represents a **huge variety of protected but fragile unspoilt areas.**

## FROM THE RIVERS TO THE SEA

It's the sea that forged these at times amazing landscapes like the Sillon des Anglais, a geological strip consisting of a string of pebbles jutting into the Brest roadstead. These places are tidal and are home to numerous animal and plant species. You'll spot shore birds in particular, those little waders that feed in these environments that are so rich in resources.



The Aulne.



Ria du Faou.

The scenery of the Crozon peninsula and the Aulne Maritime also consists of several marshes, ponds and rivers: the ponds of Kerloc'h and Le Fret, the marshes of l'Aber, Rosconnec and La Douffine, and of course the Aulne river. The water here is both fresh and salty! **These protected environments play an essential role:** they act as a buffer to contain the risks of flooding as well as to filter the water. They are populated with a rich aquatic vegetation, consisting mainly of reeds. As for the fauna, you might glimpse a Grey Heron, Little Egret, Marsh Harrier, and the enchanting European Otter.

### THE ARMORIQUE REGIONAL NATURAL PARK



is an area that leaves a lasting impression on the visitors who venture into this magical land located in the heart of Finistère.

From the flashing lighthouses of the Iroise sea to the white cliffs of Crozon, from the scintillating meanders of the Aulne to the metallic glints of the Rade de Brest or the rust-coloured peat bogs of the Monts d'Arrée, the traveller with a love of landscapes will be able to start a collection of Brittany's most beautiful postcards.

**15 Place aux Foires - 29590 Le Faou  
Tel. 02 98 81 90 08 - [www.pnr-armorique.fr](http://www.pnr-armorique.fr)  
For responsible holidays,  
opt for **Valeurs Parc Naturel Régional!****



### KEEP YOUR EYES OPEN

You might just come across a European Shag. Smaller than its cousin the Great Cormorant, you'll recognise it by its hooked beak and the crest on its head.

### ARE YOU FAMILIAR WITH SAMPHIRE?

Also known as Sea Beans, samphire is edible and is an important source of vitamins A and C as well as minerals.





**GOOD SURFING PRACTICES**



**ON THE WATER**

Whether it's on fresh water or sea water, **you can enjoy the water in a variety of ways** with water-sports professionals. An outing as the sun rises or as the light fades, in the bay of Douarnenez, on the Brest roadstead or along the meanders of the Aulne. Take part in the manoeuvres and – who knows – you might even be inspired to take it up during your visit!

The Loch Monna



Roscanvel.

**THE IROISE MARINE RESERVE**

France's first natural marine reserve – the Parc naturel marin d'Iroise – was formed in 2007. This resulted from a growing awareness of the need to protect the Iroise sea, the desire to create a national park and, lastly, the need to define a new protective mechanism.

The Iroise sea is home to an exceptional natural marine heritage and represents the combined expertise of the marine professionals. The scenery of the Iroise sea is breathtaking, swept as it is by the swell and the winds. Its coastal and island inhabitants identify very strongly with "their" sea. Further info: [www.parc-marin-iroise.fr](http://www.parc-marin-iroise.fr)

**Board sports** include a wide range of practices such as surfing, paddleboarding, wind-surfing and even wing foil. Surf schools will be able to advise you, regarding sharing spots and respecting the rules on the water.



**WHAT IS A BAÏNE?**

Baïnes are harmless-looking shallow pools of water that cause rip currents that can very quickly sweep you out to sea.

**HOW DO YOU DEAL WITH IT, THEN?**

- Observe bathing restrictions.
- If you get caught in the rip current, do not try to swim against it, but allow it to carry you around the baïne.
- Do not remain on the sand bank when the tide is coming in, as you might lose your footing in the channel and get swept away by the current.



Dunes at Pen-Hat, Camaret-sur-Mer.



## BEACH ETIQUETTE



Be sure to lay your towel on the sand rather than on plants.

The pebbles and minerals along the shore serve as a barrier against storms, a habitat for certain species or testimony to the local geological history. You may admire them and photograph them, but you may not remove them. Please also refrain from building cairns!

The Crozon peninsula boasts Brittany's finest beaches amongst its unspoilt areas. Sandy, pebbly, or consisting of rocky platforms, these are at the mercy of the tides and are home to a rich biodiversity. The seaweed and debris deposited by the tides along the foreshore serve notably as natural fertiliser for plants growing at the top of the beach. They are also home to sand fleas, which serve as food for sea birds.

Remember to keep your dog on a lead so as not to disturb the birds!



## AT THE BEACH

Are you dreaming of a quiet holiday by the seaside, surrounded by protected natural areas, where you don't have to tackle an obstacle course just to lay your towel on the sand? Here are our Top 6 beaches on the Crozon peninsula, less well known than those featuring on our postcards, but just as alluring.

**Sporty:** the Trez Bellec beach at Telgruc-sur-Mer

**Amazing:** the Aber beach at Crozon

**Family friendly:** Morgat beach at Crozon

**Unspoilt:** the Dinan cove

**Peace and quiet:** the beach at the Lanvéoc slipway

**Intimate atmosphere:** the Postolonnec beach at Crozon

## DUNES, A VULNERABLE HABITAT TO SAFEGUARD

Some of the Crozon peninsula's landscapes are created by dunes. These include the beaches of L'Aber, Le Goulien, La Palue, and also Lost-marc'h. The dunes are living but fragile environments: this is why fencing is often erected to protect the vegetation from being trampled on, and to offer the birds some peace and quiet.

What is that delicious scent pervading the dunes in the Spring? That's the Burnet Rose!



## FOREST BATHING



The three forests on the Crozon-Aulne maritime peninsula are perfect for walking, wellbeing and activities connected with nature. The Landévennec forest is no doubt the most atypical: bordering part of the Brest roadstead, alongside the Aulne, it offers unique viewpoints over the sea. **Storm Ciaran:** look for the map of footpaths that are currently open to the public.



Two enchanting animals that you'll come across here: above your heads, the **red squirrel**, and at your feet, the **Quimper Snail**, a protected species found only in western Brittany and Galicia.



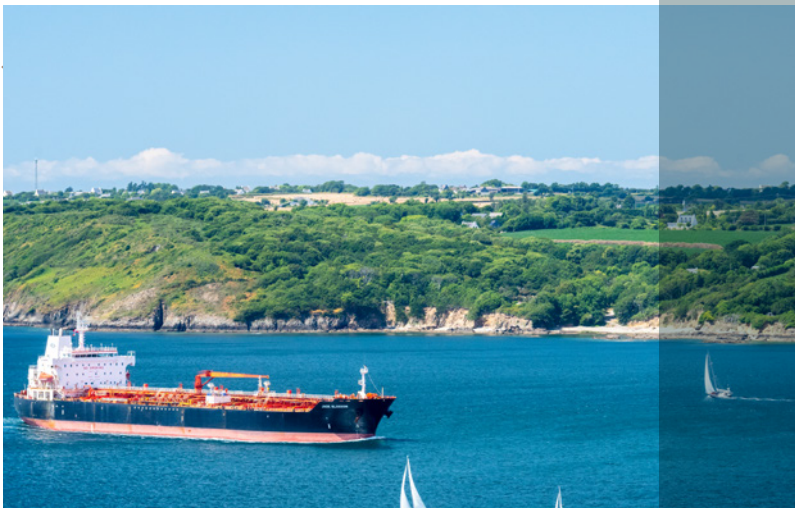
### MAP OF THE FORESTS

Reprinted in spring 2024





The Brest roadstead.



## 5 GOOD REASONS TO COME

# 1. THE BREST ROADSTEAD



Do you know that the Brest roadstead is **one of the largest in the world**? That at 180 km<sup>2</sup>, it covers an area larger than Paris? It's a fantastic playground for sailing enthusiasts, with something for everyone, apart from seasickness - which is totally guaranteed not to happen!

**The Pointe des Espagnols** is located at the narrowest point along the Brest narrows, with just 1500 metres separating it from the Mengant fort, immediately opposite. Both of these were therefore eminently strategic locations for the defence of Brest and its roadstead. **The Fort de Cornouaille**, below the Pointe des Espagnols, was built into the base of the cliff in 1566. Owned by the Military until 2009, the site is now accessible and classified as a Historic Monument since 2013.

### DID YOU KNOW?

The site owes its name to the installation of the Spanish in the 16th century. If you come in July-August, you'll be able to see exhibitions of the history of the fortifications.



# 2. REVERIES BESIDE THE AULNE

The morning remains etched in my memory. When the branches of the trees are held still by the silence of the night and the mist hovers over the river. At dawn in the Aulne valley, the wildlife is stirring and your camera lens will be overwhelmed by the choice of colours and lights. **Here, hikers will discover a little world far from the madding crowd.** You'll never forget this precious connection with nature.

**Allow time to stroll along the harbour at Le Faou**, and discover the charm of this little Cité de Caractère at the water's edge. Built of granite from the Île Longue: this is the longest quay after the one on the bay of Brest! It's also on this harbour, certified as Port d'Intérêt Patrimonial (Heritage Port), that the largest scallop cannery was located until 1984. As you cross the bridge, you'll enjoy the little "cité" from another viewpoint!



Landévennec.

### THE COUNTRYSIDE BY THE COAST

Stretching from the Aulne to the gates of the Monts d'Arrée, at the verge of the Cranou forest and at the heart of the Armorica regional natural park, Pont-de-Buis lès Quimerc'h is a rural commune resulting from the fusion of Pont-de-Buis, Quimerc'h and Logonna Quimerc'h. Its heritage offers beautiful vistas and viewing points, especially on the Brest roadstead and the Menez Hom.



Pont-de-Buis lès-Quimerc'h.





### 3. THE VOIE VERTE

Whether you're taking a weekend break or a longer holiday on the Crozon Aulne Maritime peninsula, the Voie Verte will allow you to temporarily abandon your car in order to cycle along this bucolic route. Moorland, harbours, ocean, and sea air are on the agenda – this Breton world's end is worth exploring in "slow tourism" mode to thoroughly explore its wildlife.



### 4. A NEW TRAIL RUN AREA!



Trail running, also known as wild running, is a sport that involves running in a natural environment, along earth tracks and footpaths. The challenge lies in taking up this sporting activity as an alternative to hiking, in a quest for self improvement and being in touch with nature.

There are four circuits with small discrete «Trail» signposts, in keeping with the existing hiking signposts.

- **Circuit 50 – Les Roz, Pont-de-Buis and Rosnoën Circuit: 6 km** – level easy
- **Circuit 54 – Argol Circuit: 20 km** – difficult
- **Circuit 55 – Tour de Landévennec: 18 km** – difficult
- **Circuit 56 – Argol / Landévennec: 36 km** – very difficult

*Following Storm Ciaran, every effort is being made to allow access to all the circuits from the Spring of 2024.*

Find them here



They form part of the «FinisTrail Brest terres océanes» trail space, which will include 30 circuits making up the «Brest terres océanes» during 2024.





## 5. SETTING OFF FOR OUESSANT



Port de Camaret-sur-Mer.

**Setting off for an island, what a delightful prospect!** The maritime companies and their crews invite you aboard their ship for an amazing crossing from the port of Camaret/Mer during the summer. **As you sail across the water, the landscape takes shape.** Turn around and admire Vauban's golden tower in its maritime setting. And here, to your left, is the Gouin headland, with the Petit Minou lighthouse right in front. Straight ahead lies the St-Mathieu point, towering over its rocky spur and signalling the Atlantic Ocean. **After sailing for an hour and a half, you begin to make out the island of Ouessant.** Time stands still as you set one foot on the ground after the other, and a striking scene opens out before you: such beautiful and unusual houses, the sea stretching as far as the eye can see, the village of Lampaul, and the traditional museums. **Are you ready to set off?**

### RUBBISH - WHAT TO DO WITH IT

The Crozon peninsula-Aulne Maritime's Communauté de Communes has instituted a waste-incentive scheme in accordance with the directives of the Grenelle I legislation. Its aims are threefold: reducing waste production, fostering greater equity between users, and keeping down costs.

#### VISITORS STAYING IN THE REGION

must take their rubbish back to their accommodation. All holiday accommodation is provided with an access card to the municipal wheelie bins and/or a bin with a green lid for household rubbish, as well as a bin with a yellow lid for recycling.

**CAMPER VAN USERS** can call into a service area to dispose of their rubbish: Camper van parking and service areas.

#### FOR YACHTS IN TRANSIT:

- In Camaret harbour: a free access code is available on demand, at the harbour master's office.
- In Morgat harbour: Containers are available free of charge on the way out of the visitors' pontoon.

**FOR THOSE who do not wish to take their litter home** (picnics, etc.) you can still dispose of your rubbish bag in a voluntary barcode-scanner bin (list of bins on the website below).

**FLY TIPPING STRICTLY FORBIDDEN!** Dumping rubbish (including at the base of a municipal wheelie bin) is an offence punishable by Law.

#### Further info

[www.comcom-crozon.com/environnement/collecte-des-dechets/en-vacances-que-faire-de-ses-dechets-2](http://www.comcom-crozon.com/environnement/collecte-des-dechets/en-vacances-que-faire-de-ses-dechets-2)

≡ Ici, destination durable ≡

Offices de Tourisme de Bretagne

# Voyageons ensemble

Charte du voyageur

En Bretagne, sur ce territoire marin, urbain, paysan, on murmure que...

Les voyageurs ne comptent pas pour du beurre.  
La côte se montre plus sauvage que les habitants.  
On reçoit des vagues d'émotions, même en pleine tempête.  
On grave chaque instant dans sa mémoire, pas sur les pierres.  
On ramasse ses déchets parce que c'est pas la mer à boire.  
On retourne la terre des champs, pas le sable fin de l'estran.  
On consomme local aussi naturellement que l'on savoure une crêpe.  
On pose volontiers la bolée pour danser au fest-noz.  
On contemple les ballets d'aigrettes sur la pointe des pieds.  
On retrouve sa liberté sans s'échapper des sentiers de randonnée.  
Les guides enchantent les visiteurs et ce n'est pas une légende.  
La rencontre avec la Bretagne se partage avec fierté.

Les Offices de Tourisme de Bretagne vous souhaitent la bienvenue.  
**Degemer mat !**

Projet soutenu par :

Partagez et signez la charte du voyageur : [www.charte-du-voyageur.bzh](http://www.charte-du-voyageur.bzh)

Logo Bretagne, République Française, and other regional logos.





# THE AREA THROUGHOUT THE YEAR

## AUTUMN AND WINTER COLOURS

Do you love tranquillity and neutral grey tones? If so, you've found your paradise.

Opening your shutters in the morning and breathing the cool sea-scented air. Feeling the warm sun on your face and listening to the sound of the waves. Closing your eyes and savouring the present moment. Isn't this what you've come here for? The ideal spot for gathering your resources and facing up to the basics. The great outdoors can also offer a good many places where your troubles can be overcome by moments of relaxation.



The Térénez bridge.



Landévennec.



Morgat in winter.

## THE COLOURS OF SPRING AND SUMMER

After the grey, the shades of blue beckon, and these bring summer evenings with family and friends.

Lively quaysides and warm sandy beaches. Here, lounging around is the natural activity of choice. Time passes serenely and your body is grateful. Would a small ice cream not be the icing on the cake? In the market, the summer produce is ever more tempting.



Camaret-sur-Mer.



Morgat in summer.



Telgruc-sur-Mer.



The mill  
at Luzéoc.  
Telgruc/Mer.



## HISTORY AND HERITAGE

### THE STONES TELL THE STORY



#### ON THE FORTIFICATIONS ROUTE

On the Crozon peninsula, we find numerous structures depicting its defensive role over the centuries. From Vauban to the Second World War, a voyage through time and history, along the Crozon-Aulne Maritime peninsula's Route des Fortifications. Invasions from the sea have always posed a threat to Brest and its surroundings. Vauban, who from the 17th century was responsible for defending the borders under Louis XIV, had fortifications built along the shores of the Brest Narrows. This vast fortification plan was later resumed under Napoléon I and Louis-Philippe over the course of the 19th and 20th centuries, as well as during the German occupation with the numerous blockhouses strewn along the coast.



Kerbonn - Le Toulinguet. Camaret-sur-Mer.



The Fort du Gouin. Camaret-sur-Mer.

## LISTEN TO THE STORY

History in the Crozon Aulne maritime peninsula is so rich that it will take time to discover all of its heritage.

#### TAKING IT FURTHER

Many of the military defenses are accessible, batteries, small forts, towers, enclaves... to learn about these and so you don't miss any, you can obtain the map of the fortifications from the Office de Tourisme.



#### DID YOU KNOW?

The Crozon peninsula is one of the sites with the highest number of fortifications in France. Over a hundred defensive structures still remain, but most of these are inaccessible. Nowadays one can visit fifteen of these buildings in total safety.



Lostmarc'h



### DID YOU KNOW?

#### Fortifications From Neolithic times!

The very earliest fortifications on the Crozon peninsula were constructed in the Iron Age and were built on promontories surrounded by the sea.

The pointe de Lostmarc'h is still testament to this, with its barred spur and earth walls topped with large stockades.



**Set off to explore**  
the area's 6 museums  
and sites at a reduced  
price.



### UNESCO VAUBAN TOWER

The peninsula's major work and symbol of the military defence of the Brest Narrows, the Vauban Tower, under the orders of military architect Vauban on behalf of King Louis XIV bears witness to over 300 years of history. Its role was to prevent landings in the bay of Camaret. In 1694, the still unfinished tower played a major role in the battle of Trez Rouz against the Anglo-Dutch fleet. Nowadays, the Vauban tower is the only building in Brittany that is listed as a UNESCO world heritage site, along with 11 other sites included in the Réseau des Fortifications Vauban.







## RELIGIOUS BUILDINGS

At the heart of the region, set off to explore some real treasures of religious heritage. The Crozon peninsula and the Aulne Maritime boast some real gems of religious heritage. The Landévennec abbey, the Rocamadour chapel and also the parish enclosure at Argol are amongst those not to be missed. **You're taken on an excursion to explore these incredibly historical places!**



### THE OLD ABBAYE DE LANDÉVENNec

This is the oldest monastic foundation to be identified in Brittany! The old Abbaye de Landévennec would have been founded at the end of the 5th century by Saint Guérolé and his 11 disciples. Nowadays, it's an exceptional archaeological site located alongside the new abbey and the museum. This depicts 13 centuries of Breton history brought to light thanks to 25 years of archaeological digs.



### ← THE OLD VILLAGE OF QUIMERC'H

Inland from the Crozon peninsula, the former rural village of Quimerc'h holds memories of life in the parish. The church was in fact abandoned in the 19th century, when the parish headquarters were moved several kilometres away. Now reclaimed by nature, not a sound disturbs you on this site, other than the singing of the birds. One is taken back 300 years, to when the church was the hub of the community.







### THE RUMENGOL SHRINE

Not far from Le Faou – a cité de caractère – at the gates of the Crozon peninsula, the Rumengol shrine is a jewel in Finistère’s religious heritage. The church of Notre-Dame was built in the 16th century on a former Druid site. Nowadays, it is one of Brittany’s major places of pilgrimage. Definitely a site to explore!

### THE CHAPELLE DE ROCAMADOUR

A chapel on the water! Built on the Camaret causeway at the foot of the Vauban tower, the Chapelle de Rocamadour (meaning “rock on the water”) regularly turns into an island at high tide. The oldest part of the chapel dates back to 1527, but it has undergone several restorations and extensions, in particular after a fire in 1910 that also destroyed the contemporary furniture. Did you spot its decapitated steeple? This was apparently destroyed in 1694 by an English cannonball.



### THE PARISH ENCLOSURE IN ARGOL

Forming part of the region’s amazing religious heritage, the Crozon peninsula’s only parish enclosure is worth the detour. You enter it through a majestic triumphal arch dating back to the middle of the 17th century. This one opens on to the church of Saint-Pierre-et-Saint-Paul, the calvary, the cemetery, and the ossuary.







## THE TÉRÉNEZ BRIDGE

Historically, the current Térénez bridge is the third bridge across the Aulne.

Destroyed during World War II and then rebuilt using materials of an inferior quality, the Térénez bridge that you can use today was finally inaugurated in 2011.

Its technical sophistication and aesthetics make this the world's first curved cable-stayed bridge. Furthermore, it won the World Infrastructure Award in 2013, and received the prize from the International Concrete Federation in 2014.

On foot, on a bike or in a car, you can stop on the abutments of the old port, now converted into a belvedere. These are the perfect spots from which to admire the architectural prowess that went into the Térénez bridge.

Architect and Design Engineer: Charles Lavigne and Michel Virlogeux.

## THE MEGALITHS

This is another place where time stands still. You'll be overwhelmed by the spirit of the place. But why this particular arrangement of stones? How did the menhirs get here? What is their significance? The answer to the puzzle lies right here. So, we'll give you two or three clues: the alignment refers to the constellations of the Pleiades, "Lagad Yar" in Breton means the eye of the chicken, and the whole arrangement was conceived 4,500 years ago!



*Lagatjar Megalithic alignments*



## THE PENTIES

If you book well in advance, you'll be able to find a penty to rent in one of the villages on the Crozon peninsula. A unique experience where you relive the way of life of the residents of a bygone age, in houses that still retain their character. These stone dwellings with blue shutters were built adjoining each other in villages such as Ménesguen, Kerroux or Rostudel on the Cap de la Chèvre. In order to withstand the elements, their stone walls were thick, and their small openings helped keep the wind out.







## THE ARTISTS' QUARTER

Just a stone's throw from the marina in Camaret-sur-Mer, there exists a place apart, seemingly timeless, where you're tempted to linger and forget the passing of time. The artists' quarter consists of no fewer than 25 studios! You're taken on a stroll from gallery to gallery, on the trail of styles and a variety of inspirations. This is truly a place of daydreams. With its narrow, quiet alleyways, its blue shutters, and its colourful - or green - living facades, you might almost think you were on a little island. This is a great place to lose yourself and let yourself go. Just a stone's throw away, the marina and its café terraces beckon you to linger a little longer.

## LE FAOU SMALL CITIES OF CHARACTER

Opening the way to the Crozon peninsula, this is one of Finistère's loveliest villages. The town's main road, the Rue du Général de Gaulle, boasts numerous narrow, timber-framed terraced houses. The charm of this Cité De Caractère lies in its architecture, which has been particularly well preserved despite having been revamped in the 19th century. The town's main street, the Rue du Général de Gaulle, boasts numerous narrow, timber-framed terraced houses. It's at Le Faou that you'll see the greatest concentration of these in the whole of Finistère.

Dating back to the 16th century, the surprising Saint Sauveur church stands proudly at the base of the ria. It is built of yellow stone from Logonna and granite from Kersanton, two local stones. Allow time to stop and admire its amazing statuary: carved out of wood and dating back to 1721, it represents Christ and his 12 apostles. Once inside this church, look up and gaze at the fabulous panelled vault, painted in blue and dotted with stars.

A bit of history: Le Faou enjoyed a long period of economic prosperity thanks to its port. It's here that wines from Bordeaux and timber from the forest of Le Cranou in particular, as well as maerl (a marine fertiliser) were bought and sold.

Stop in Rumengol, on your way out of the town. The 16th-century church of Notre Dame is where pilgrims from all over Brittany congregate on the day of the Pardon. And for a breath of fresh air and some open countryside, head for the Cranou forest, a little further to the east. Allow time for a stroll and a wander around Rumengol.







# LOCAL PRODUCE, RECIPES AND MARKETS

## SHOPPING AROUND

### ARGOL

- Food market: every Thursday morning.
- Small local producers' market: Thursday mornings, Place de l'Église.

### CAMARET-SUR-MER

- Throughout the year: Small market: all produce, every Tuesday (weather permitting), Place Charles de Gaulle.
- July and August: every Tuesday, Place de la Mairie & Place St-Thomas, from 9am to 12:30pm
- Arts and crafts market: along the waterfront, 3 Sundays per summer.

### CROZON

#### TOWN CENTRE

- Producers' market: every morning except Monday, Place de l'Église
- All-produce fair: 2nd and 4th Wednesdays of the month.

#### MORGAT

- Large summer market: July and August, on the 1st, 3rd and 5th Wednesdays of the month. Sea front.
- Night-time craft markets: during the Mardis de Morgat (Morgat Tuesdays) in July and August, and 14 July. Sea front.

### TAL-AR-GROAS

- Vegetables and food truck: Saturday mornings, Tal-ar-Groas roundabout.

### LANVÉOC

- All-produce market: Fridays from 4pm to 8pm, Place de la Mairie.
- Kiosk fries: Wednesdays and Sundays.

### LE FAOU

- Chic food markets: Saturday from 9am to 12pm, Place de l'Église. Summer, on the Quai Quélen.

### PONT-DE-BUIS-LÈS-QUIMERC'H

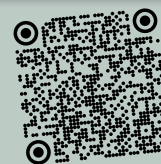
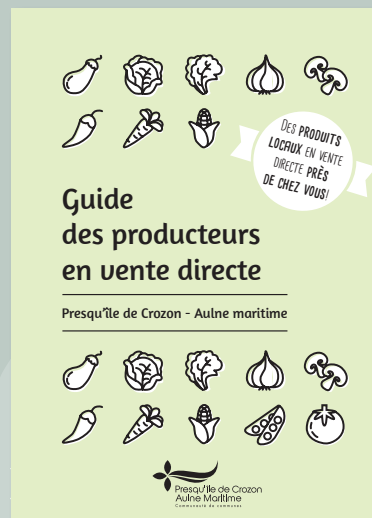
- Market: Friday mornings, Place du 19 Mars 1962.

### ROSCANVEL

- Takeaway Pizzas: midday Friday and Saturday evening.

### TELGRUC-SUR-MER

- Food market: Tuesday and Friday mornings, Place de l'Église.
- Fishmonger: Thursday mornings, Place de l'Église
- Summer markets at the farm: every Monday in July-August from 5 to 8pm, Cidrerie de Rozavern.







## COOKING SEAFOOD

### LOBSTERS

Plunge them into well-salted boiling water. Leave for 20-25 minutes from when the water comes back to the boil.

### LANGOUSTINES

In well-salted boiling water. Drain them when they rise to the surface as the water returns to the boil.

#### FURTHER ADVICE

Avoid placing too many langoustines in your pan at once! Boil in several batches if necessary.

### CRABS AND SPIDER CRABS

Plunge these into well-salted cold water. Remove after 15-20 minutes after coming to the boil.

#### FURTHER ADVICE

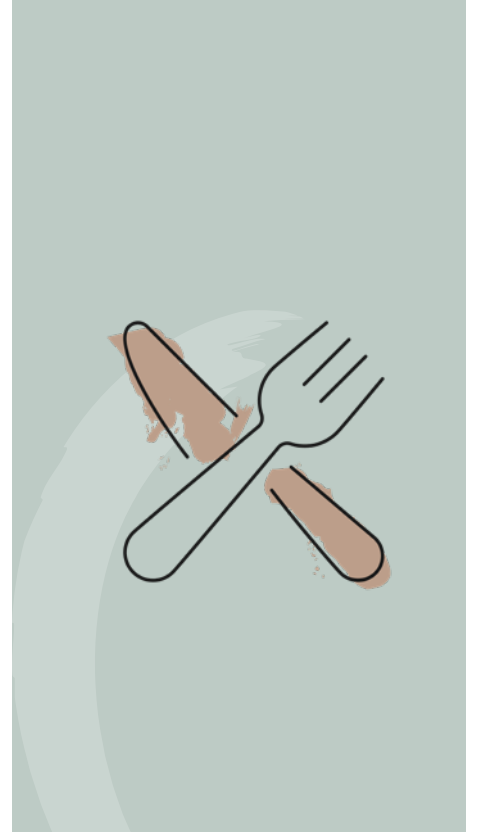
When cooking in boiling water, place the crab in the freezer for 20 minutes before cooking, so it doesn't lose its legs!

### WINKLES

Add salt and pepper to the water and bring to the boil. Add the winkles to the boiling water. Switch off the heat as soon as it comes back to the boil.

#### FURTHER ADVICE

To add to their flavour, leave them to cool in the cooking water!



## RECIPE FOR FAR DE RONAN

### To serve 6

½ litre milk  
3 eggs  
125g sugar  
125g flour  
100g butter  
12 prunes  
Rum

- Preheat the oven to 200 C°
- Warm the milk until tepid.
- Melt the butter,
- Mix the eggs with the sugar.
- Add the flour to the mixture, then the rum.
- Add the melted butter, then the tepid milk.
- Place this into a buttered dish with the prunes.
- Bake for 20 minutes at 200 C°, and then turn the oven down to 180 C° and cook for a further 30 minutes.







 **GROUPES**

 **SÉMINAIRES**

 **vacances  
EN FAMILLE**

# séjour 100 % nature

randonnée voile  
yoga convivialité  
team building murder party  
**produits bio**  
soirées équipe  
vélo électrique





# USEFUL ADDRESSES

## GUIDED OUTINGS AND RAMBLES OVER LAND OR SEA

34

## WATERSPORTS AND DIVING CENTRES

34

## SEA TRIPS

36

## MARITIME LINKS

38

## SURFING AND BOARD SPORTS

39

## EQUESTRIAN CENTRE

40

## HIRE OF BIKES, KAYAKS AND BOATS

41

## MUSEUMS

43

## FUN AND SPORTS ACTIVITIES

47

## LEISURE PARKS

49

## FOOD AND DRINK

49

## LOCAL PRODUCERS

51

## SHOPS

54

## CINEMAS

56

## ARTISTS ART GALLERIES

56



## GUIDED OUTINGS AND RAMBLES OVER LAND OR SEA

### CHEMINS DE TRAVERSE - RIBIN HA DIRIBIN

#### Wildlife and heritage excursions

06 66 07 5977 - [herrouroger@gmail.com](mailto:herrouroger@gmail.com)  
[www.herrouroger.wixsite.com/monsie](http://www.herrouroger.wixsite.com/monsie)

Get off the beaten track: all the peninsula's habitats, cliffs and rocky foreshores, listen, touch, and sense.

#### Roger Herrou, wildlife guide and instructor.

Organised outings during school holidays

Outings available all year, theme and location of participants' choice:

1. Flora and fauna on land and sea
2. Tidal phenomena, foreshore, Beaufort Scale, clouds
3. Edible and medicinal plants
4. Nature and History

- Neolithic (dolmen, menhir, oppidum, plants used at that time)
- The Romans (oppidum, garum (fermented fish sauce), purple dye)
- 5. Marine animals and plants (food, medicine, other uses)

6. Toponymy

2024 prices: €8 per pers - €5 from 8 to 12 yrs - Groups accepted

### LA MAISON DES MINÉRAUX

#### Various outings: geological and wildlife, narrated, hands-on, audio...



Saint-Hernot, route du Cap de la Chèvre 29160 Crozon - 02 98 27 19 73

[contact@maison-des-mineraux.org](mailto:contact@maison-des-mineraux.org) - [www.maison-des-mineraux.org](http://www.maison-des-mineraux.org)

A variety of walks offered from Monday to Friday for adults, children and families: the choice is yours! To explore the area, allow time to observe, test, understand and learn.

Duration: between 2 and 3 hrs, depending on the outing. Groups accepted. Subject to reservation. Consult the detailed diary on our website for more details.

### OCÉÂNE

#### Outing with pack donkeys, activity farm, on-site camping (Aire Naturelle).

Kéraél - 29160 Lanvéoc - 06 32 24 86 19

[contact@oceane-crozon.net](mailto:contact@oceane-crozon.net) - [www.oceane-crozon.net](http://www.oceane-crozon.net)

Hire of donkeys for treks, from half a day to a week, subject to booking. Groups welcome (families, works councils, schools, leisure centres...) Free ride on site to see the animals. Picnic areas and tent available on our rustic campsite. During the holidays, and by subscription only, family activities are offered (€40 / family):

**Little donkey driver:** get to know this cute and endearing animal, spend half a day learning how to look after it and groom it, and enjoy a short outing in the countryside (1 donkey per family; max 5 families). Wednesday and Friday mornings from 10am to midday and Thursday afternoon from 2:30 to 4:30pm.

#### Please note:

- Children must at all times be accompanied by an adult who is responsible for them.
  - By prior booking and enrolment only, by text or telephone.
  - Donkey hire prices: €35 half day, €65 whole day
- Groups - please enquire. ANCV cheques (holiday vouchers) accepted. Open all year subject to booking. Open-access activity farm visit outside supervised sessions.

### SERGE KERGOAT

#### Bird spotting on the Peninsula

2 rue de Liège - 29570 Camaret-sur-Mer

06 60 29 31 17 - 02 98 27 89 85 - [www.zoizo.fr](http://www.zoizo.fr)

Local ornithologist Serge Kergoat offers to take you to 4 different environments in search of seaside and shore birds.

#### Birds on Monday - Plage de l'aber - Crozon

From 10am to 12:30pm. Meet at the car park in front of the Aber beach.

#### Birding Tuesdays - Kersiguenou - Crozon

Spotting seashore birds on dunes, beaches and wetlands.

Walk 2hrs 30mins.

Meet at 10am in front of the access gate at the beach.

#### Birding Wednesdays and Thursdays - Camaret

Outings to spot dune and moorland birds from 10am to 12:30pm. Meet at the car park in front of the Manoir de St Pol Roux

#### Birding Fridays - Le Fret - Crozon

Outings to spot birds on the harbour, the lake at Le Fret, and the shore from 10am to 12:30pm.

Meet at the car park in front of Maison Ursule in Le Fret.

From 15 September to 1 July, outings by request, 2hrs 30mins. Season ticket €100.

Outing prices: €12 from 13 yrs - €5 from 5 yrs to 12 yrs

Departure guaranteed from 5 persons or €100

Bookings: 06 60 29 31 17 - 02 98 27 89 85 or on the website: [zoizo.fr](http://zoizo.fr)



## WATERSPORTS AND DIVING CENTRES

### CENTRE NAUTIQUE DE ROSCANVEL

Watersports activities: Moussaillon/teens/adult courses

+ hire of kayaks/paddleboards/dinghies

Le Fortin, Port - 29570 Roscanvel

02 98 27 41 59 - [cnroscanvel29@gmail.com](mailto:cnroscanvel29@gmail.com)

[www.centrenautiquederoscanvel.fr](http://www.centrenautiquederoscanvel.fr)



The CNR is located in the superb setting of the Brest roadstead. Led by qualified instructors, the children's and adults' sailing courses are held on a very picturesque, varied and safe stretch of water. The courses are for anyone who loves the sea, beginners or advanced alike. A flotilla of dinghies and catamarans is available to participants in the beginners' or advanced courses:

- During the season, from late June to early September, 5-day courses or 3-hour sessions, prices from €140/week.

- In May, June, September and October, sailing school on Saturdays outside school holidays, and courses during school holidays.

From the age of 5, youngsters can also learn to explore the marine environment and sail on craft that are suited to their abilities, in 2hr-30min fun sessions, led by a designated instructor.

Private lessons are also available for teenagers and adults.

Find options and prices on the [centrenautiquederoscanvel.fr](http://centrenautiquederoscanvel.fr) website.

Opens in April.



## CENTRE ISA

### Scuba diving (with tanks)

Morgat marina – 29160 Crozon  
 02 98 27 05 00 – centre.isa@gmail.com – www.centre-isa.bzh  
 f plongeeisa - @centreisaplongee



Trial Dive from 8 yrs, children's courses (please enquire), diving on rocks and wrecks in the Bay of Douarnenez, groups catered for, level 1-4 training, instructor courses.  
 Open from April to November.

## PRESQU'ÎLE AVENTURES TELGRUC

### Water-sports activities and activities in the open countryside...



31 plage de Trez Bellec – 29560 Telgruc sur mer – 02 98 73 30 16  
 osez@presquile-aventures.bzh – www.presquile-aventures.bzh

Immersed in the great outdoors, a dream beach, and scenery to take your breath away. The perfect spot for practising and discovering water or land-based sports. On the programme: rental, lessons and/or courses: windsurfing, climbing, kayaking, archery, coastering, catamaran, paddleboarding...  
 Prices: contact us – Open all year



## OCEAN BAY

### Tubing and Wing Foil School

Quai Kador Plage & Port de Morgat – 29160 Crozon – 06 61 92 64 35  
 amaury@oceanbay.fr – www.oceanbay.fr



#### Tubing: squeals of laughter and thrills guaranteed!

With family or friends, climb aboard our fully-equipped 175 hp towable device. Come and discover the thrill of speed in total safety on a Fly Fish inflatable piloted by our state-qualified instructor.

One price of 20 €/pers. For an unforgettable outing in the bay of Morgat with 12 minutes on the inflatable. For seminars, anniversaries, hen and stag parties... Personalised quote for groups of 8 or more.

#### Wing Foil: You dream of flying on the water!

From beginner to expert, our boat is equipped with "Foil Simulator", offering several modules per level of expertise. Under the expert guidance from our instructor, you'll be able to discover the thrills of Foil and Wing, or perfect your technique. We offer you a course with 3 Towed Foil/Wing Skating/Wingfoil learning modules on the open sea to ensure the greatest progress and success.

Towed inflatable €20 per person. Group rates from 8 people or more.  
 Complete Wing Foil school package €260 per person – Foil tracté. Module €78 – Wing Skate Module €64 – Open water Wing Foil Module €140.

All year. Reception on the Quai Kador in Morgat from 1 July to 31 August from 2 to 6pm and by reservation. From 1 September to 30 June by reservation.

## Centre Nautique de Crozon-Morgat

### Vous transmettre notre passion





Centre Nautique Crozon-Morgat



Stage à la semaine & mini stage



Cours particuliers & location



Sortie en mer



[www.cncm.fr](http://www.cncm.fr)






## CLUB LÉO LAGRANGE DE CAMARET-SUR-MER (CLLCM)

### Watersports centre and Youth Hostel

Quai Téphany - 29570 Camaret-sur-Mer  
02 98 27 90 49 / 02 98 27 92 20 (juillet et août)

info@club-leo-camaret.fr - www.club-leo-camaret.com

A Youth Hostel and watersports centre on the Camaret-sur-Mer waterside, the CLLCM will offer you the sporting and relaxing holiday of your dreams! Seaview accommodation with 60 beds with possibility of group bookings of the whole building, which will satisfy all your needs: lecture room, cooking area, lounge, changing rooms, showers and drier (97 guests), games room, meals with food truck, hire of kayak/paddle/catamaran, 1-week multi-activity sports courses...

Accommodation may be booked by the bed, from €32 (excluding tax, in low season) to €37 per bed (excluding tax, high season). Possibility of exclusive use of rooms, individual corridors or the entire Centre.  
Open all year. Reception open from Monday to Friday from 9 am to 12:30 pm and from 1:30 to 5:30 pm (+ weekends during the season).



## SEA TRIPS

### EIZH

#### Offshore excursion

Port de plaisance de Morgat - 29160 Crozon  
06 77 22 12 28 - eizh29@gmail.com - www.eizh-escapades.bzh

EIZH offers you the opportunity to experience the life of an authentic Morgat sailor for a whole day, half a day, or a few hours. Depending on which you opt for, Eizh offers slow yachting and excursions for small groups.

- **Excursion to the bay of Morgat and the Île Vierge** (1hr 30 mins) - capacity 8 max / Price €40 adult / €15 child 8 to 12 yrs.
- **Excursion to the southern part of the Cap de la Chèvre** (3hrs 30) (swimming, Paddleboarding) - maximum 8 people/price €40 per adult/ €15 per child aged 8 to 12 yrs.
- **Commentated Aperitif excursion into one of the coves of the Cap de la Chèvre** (2 hrs) - capacity 6 / Price €50 per adult, €10 per child aged 8 -12 yrs .
- **Commentated breakfast excursion into one of the coves of the Cap de la Chèvre** - (2 hrs) capacity 6 max / Price €50 per adult / €20 per child aged 8 to 12 yrs
- **Lobster-tasting excursion on the southern coast of the Cap de la Chèvre** (3 hrs 30) - capacity 6 max / Price €120 per adult / €10 for children aged 8-12 yrs
- **Private half-day or full-day sea trips** by request - Prices: please enquire.



## AUBERGE DE JEUNESSE & CENTRE NAUTIQUE

Classes de découvertes

vacances

vacances

hébergement

Séjours touristiques et sportifs

Colonies de vacances

Quai Louis Auguste Téphany  
29570 CAMARET-SUR-MER  
info@club-leo-camaret.fr 02 98 27 90 49  
02 98 27 92 20

### CATAVOILE29

#### Sea excursion

Quai Kador - 29160 Crozon

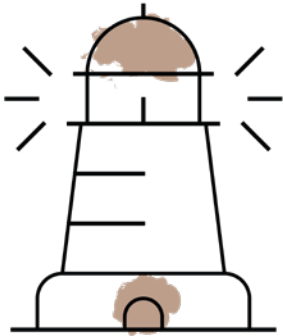
06 69 18 07 76 - contact@catavoile29.fr - www.catavoile29.fr



Explore the Crozon peninsula's loveliest sites on a cruising catamaran or in a canoe. With our expert local guides, set off on a catamaran for the beach on the Île Vierge, the Cap de la Chèvre, and the Île de Sein, or in canoes for the marine caves of Morgat. Programme and bookings via the website.

- **Excursion - the Île Vierge, the Cap de la Chèvre and the beaches around the bay - 2 hrs 30 mins:** Explore one of Europe's finest beaches and its turquoise waters, the cliffs of the Cap de la Chèvre, the beaches of l'Aber, Trez Bellec... Adults €55 - children €25.
- **Excursion - Take to the open sea - 4 hrs:** Via the Cap de la Chèvre, towards the Pointe du Milier and Douarnenez or the Pointe de Dinan and the Tas de Pois. Adults €80 /children €40.
- **Day Trip - 7 hrs:** Morgat/Camaret return trip, tour of the Bay of Douarnenez or a relaxing outing with swimming, Stand Up Paddle, and snorkelling in a cove. Meal on board. Adults €120/ children €60.
- **All-day excursion - Île de Sein - 9h hrs:** Return trip to the Pointe du Raz, the Tevenec lighthouse, sailing in the Raz de Sein, and then arriving at the Île de Sein. Outing on the island. €130 Adults - €70 children.
- **Sunset excursion with or without tasting - 2 hrs 30 mins:** Enjoy the end of the day on the water, with the sea to yourselves, ambience and conviviality with or without tasting... €55 adults/€35 children, and €80 adults/€40 children with tasting. Discounts under-12 yrs - Discounts for groups of 8 or more: -10 %
- **Canoe out to the Morgat caves with our local guides** and explore the treasures of the peninsula at close range. Take a 2-hour canoe trip alongside the cliffs and paddle at your own speed into the caves. (€35/adult, €20/ under-12 yrs).
- **With our partner La Maison des Minéraux, make the most of the "Rase Cailloux" outing (2 hrs 30 mins):** with the expertise of a geologist, you'll discover fossils that are several millions of years old, along with the history of the peninsula. (€45/adult, €25/under-12 yrs).
- **À-la-Carte Sailing:** You set your own itinerary - organise your birthday parties, meetings, seminars, cocktail parties, meals, or evening festivities on the boat and in fantastic locations. Stand Up Paddle, snorkels, masks and fins, wetsuits, and fishing rod all available for your use.  
Open from April to end November - 9am to 9pm.





**BALADE EN MER**  
**STAGE DE VOILE**



**Bruno van Deirse**

**06 64 01 05 77**

**contact@voile-en-presqu-ile.fr**

## VEGETTES SIRÈNES

### Morgat's marine caves

Quai Kador, Port de Morgat – 29160 Crozon  
29 Quai Gustave Toudouze – 29570 Camaret-sur-Mer  
06 60 93 97 05 – [contact@sirenes.bzh](mailto:contact@sirenes.bzh) – [www.sirenes.bzh](http://www.sirenes.bzh)

#### ALTERNATIVE WAYS TO EXPLORE THE CROZON PENINSULA

From Morgat harbour to the Roscanvel peninsula, via the Cap de la Chèvre, Camaret and the Pen-Hir headland, climb aboard for one of our five sea excursions, and admire the Crozon peninsula's maritime treasures.

Marine caves, steep cliffs, or fortifications, each trip is a source of wonder and the chance for you to enjoy a unique moment at sea.

Adult: from €16; 13-17 yrs: from €14; 4-12 yrs: from €10; 1-3 yrs: from €4; Baby (under 1 yr): free (booking compulsory); Dogs: €5 (max 3 dogs per boat, max 25 kilos, departing from Morgat.)

From 31 March to 26 September.

April – May – June – September: Open from Sunday to Friday, closed on Saturdays; July – August: open 7/7 in Morgat, closed on Saturday in Camaret



## VOILE EN PRESQU'ÎLE (SAILING ON THE PENINSULA)

### Sea excursions / Sailing courses

Quai Gustave Toudouze – 29570 Camaret-sur-Mer – 06 64 01 05 77  
[contact@voile-en-presqu-ile.fr](mailto:contact@voile-en-presqu-ile.fr) – [www.voile-en-presqu-ile.fr](http://www.voile-en-presqu-ile.fr)

Out for a sail or taking a course? You set your own agenda!

- **Half-day or full-day courses** allow you to explore the treasures of the Crozon Peninsula's landscapes from the sea, the marine wildlife, lighthouses and military fortifications, taking part (or not) in the manoeuvres of a safe and fast modern sailing boat.

Depending on the weather forecast, trips of 2 or 3 days will take you to the islands of Sein or Ouessant (Ushant), Les Abers or the Brest roadstead.

- **The sailing course** (1 to 3 days) will offer the chance to learn how to handle the yacht, or to perfect your skills. Depending on the level and the objectives of each learner sailor (4 at the most), I propose a common teaching programme based on practical exercises and theoretical guidelines.

- **3-hr sea excursion** (departs at 9:30 am or at 2:30 pm) from €50 per adult.

- **One-day sea excursion, including lunch**, from €100 per adult.

- **One-day sailing course, including lunch**, from €225 per adult.

Reduced prices outside school holidays, as well as for under-18s and families. From 1 June to 13 September 2024.





## BREIZH PÊCHE 29

### Sea Fishing

Port de Morgat - 29160 Crozon  
0615 41 16 49 - breizh.peche.29@live.fr - www.guide-de-peche-bretagne.fr  
Gaél Rognant, professional fishing instructor and guide, BPJEPS-qualified, ULTIMATE FISHING Pro staff.

Sail from the Morgat marina and explore the wealth of fish in our area, under the supervision of a sports-fishing professional, on a 6m50 semi-rigid-type boat propelled by a 115hp motor.

Learning modern lure-fishing techniques in search of sea bass, pollock, mackerel, sea bream, Pandora bream, ...

Fishing for bluefin tuna with lures, explosive fishing requiring good physical fitness, fish weighing 200 kilos and over.

High-end equipment provided, wear clothing suited to current weather conditions.

Prices:

Shore fishing ½ day: €150 pp or 1 day: €200 pp. Boat fishing - ½ day: €200 pp, or 1 day: €280 per pers.

Bluefin tuna Fishing - 1 day private use of boat: €1000 from 1 to 4 pers.

Daily timetables: 8am to 6pm - Half day times: 8am to 1pm / 1 to 6pm.



## IROISE SPORTFISHING ADVENTURES

### Sport fishing at sea

1 rue de l'Église - 29460 Logonna Daoulas

0610 57 35 40 - contact@iroise-sport-fishing.fr - www.iroise-sport-fishing.fr

State-registered instructor and guide, Nicolas Grosz, will take you to unique settings on the Iroise sea, the Crozon peninsula, the Molène archipelago, the isle of Ouessant and the Brest roadstead to discover sport fishing in Brittany.

Set off from Roscanvel or Camaret for a day or half-day, alone or with family or friends, aboard a semi-rigid 6m10 Zeppelin fitted with a 150hp engine, and learn the basics, or improve your fishing techniques.

Services tailored to your requirements. On offer: fishing for sea bass, pollock, Pandora bream, and Sea bream and even blue-fin tuna for the more experienced.

Modern high-end and serviced equipment available for your use. English friendly.

Day on the Iroise sea based on 3 pers. (8 hrs): €230 / person

Half day based on 3 pers (4 hrs): €130 / person

Day fishing with lures for blue-fin Tuna: based on 2 pers: €380 per pers, based on 3 pers €300 per pers.



## MARITIME LINKS

### BREST OUEST COMPAGNIE MARITIME

#### Crozon-Brest maritime passenger crossings

Cale du Fret - 29160 Crozon

Quai Georges Lombard - Port de Commerce - 29200 Brest

0778 3703 23 / 02 98 33 04 18

lebrestoa@gmail.com - www.lebrestoa.com

Sailing from Le Fret harbour, climb aboard the "Brestoa" and relax on the calm waters of the sheltered Brest roadstead. Capable of carrying 183 passengers, the cruiser will take you on an exploration of the Brest Roadstead, the Aulne Maritime and the Térénez bridge. When you set off from Le Fret, make the most of our Crozon-Brest maritime link to visit the town or even the Océanopolis aquarium! One of the most Brest-oriented days guaranteed!

From €11.50 to €72. From April to October 2024, from 10am to 12:30pm and from 2 to 5:30pm.



### FINIST'MER

#### Maritime company

Gare Maritime, Quai Théphanly - 29570 Camaret-sur-Mer

02 98 89 05 95 - contact@finist-mer.fr - www.finist-mer.fr

Sailing from Camaret-sur-Mer, Le Conquet, or Lanildut, climb aboard our fast cruisers for Ouessant and Molène, or from Audierne/Esquibien for the island of Sein.

Return trip from €20.

Open from May to September, according to schedule.





## COMPAGNIE MARITIME PENN AR BED

### Maritime links to the islands

1<sup>er</sup> Éperon Port de commerce - 29200 Brest  
Quai Thépany - 29570 Camaret-sur-Mer  
02 98 80 80 80 (Ouessant-Molène)  
02 98 70 70 70 (Sein)

contact@pennarbed.fr - www.pennarbed.fr

Crossings aboard our ships to the islands on the Iroise sea: Ouessant, Molène and Sein. Daily departures from Brest, Le Conquet, and Audierne, and also from Camaret between April and September.

Adult: €33 to €39.80 depending on season. Child from 4 to 17 yrs: €20 to €25. Free for under-3 yrs. Daily, throughout the year. Timetables according to ferry terminals and dates.



COMPAGNIE MARITIME  
**PENN AR BED**  
Des îles et des hommes

## ALLEZ VIENS, on t'emène

sur les îles d'Ouessant, Molène et Sein



### VOYAGEZ

## TOUTE L'ANNÉE

Billets en vente à l'office de tourisme

**pennarbed.fr**



Des lignes maritimes du réseau de transport de la Région Bretagne **BREIZHGO**



## SURFING AND BOARD SPORTS

### MAGNET SURF SCHOOL

#### Course - Private Lessons - Rental

18 boulevard de Pralognan la Vanoise - 29160 Crozon  
06 76 23 88 72 - contact@magnetsurf.com - www.magnetsurf.com

Facebook : Magnet Surf School - Instagram : magnetsurfschool

Feel like taking up surfing, or perfecting your technique in total safety? Exploring the peninsula's natural sites? Looking for reliable advice on hiring a surfboard?

Come and give it a try, or hone your skills with MAGNET SURF SCHOOL. Meet at the surf school at 18 Boulevard de Pralognan la Vanoise, a stone's throw from the skate park, and off you go... Climb aboard the van and set off for a surf trip on the peninsula's beaches.

With all his teaching experience, Guillaume will have you progressing in leaps and bounds (video analysis, three-hour slots).

Download the photos on the surf school's website to view the week's best efforts.

And if ever the sea should be flat, no problem! You can always go stand-up paddling in the Morgat caves.

If you prefer to go it alone, Magnet Surf offers a wide choice of quality surfboards for hire, suitable to beginners and experts alike.

Visit the website and the social media!

Facebook: Magnet Surf School - Instagram: magnetsurfschool Thrills for all, with family or friends.

3-hr Trial session: €45 - Course 5 x 3 hrs: €190 - Board hire from €19 per half day.

Open April to November, from 8 am to 7:30 pm during school holidays. At other times, the surf school timetables can be found on the Magnet Surf School page on Google.



MAGNET SURF



AUDIERNE  
CAMARET-SUR-MER  
DOUARNENEZ



# LE DERNIER ESPACE DE LIBERTÉ SUR LA TERRE, C'EST LA MER

Comptoirdelamer.fr

MODE PÊCHE NAUTISME DÉCO LOISIRS ALIMENTAIRE CULTURE COSMÉTIQUES



## OCEAN BAY

### Hire of Surfboard, Stand-Up Paddle, Kayak, Wing Foil, Wing Skate

Plage de Goulien - Kernavéno - Entre le camping et la plage - 29160 Crozon - 06 61 92 64 35 - amaury@oceanbay.fr - www.oceanbay.fr

Our watersports facility caters for your needs right at the centre of one of the Peninsula's most beautiful beaches, in the perfect bay for discovering water sports in safety. Located between the campsite and the beach, Océan Bay will ensure you get the very most out of your stay.

Whether it's for the joy of skimming over the waves or exploring the marine caves and towering cliffs at the Pointe de Dinan, you'll immediately be captivated by the Peninsula's loveliest bay.

- **When the wind is right**, we offer you a surfboard and SUP rental service right on the spot, with a wide choice of boards and equipment suited to beginners and experts alike.
- **When there's not enough wind**, you'll be able to hire SUP boards and kayaks and set off exploring the marine caves, the towering cliffs and the famous legends of the Pointe de Dinan.
- **When it's windy**, discover the thrills of Wing Skating along an unspoilt beach. Race at full tilt on our state-of-the-art wing-skating equipment that is suited to everyone. To get you off to a great start with wing-foiling, we offer you classes consisting of 3 foil/wing skate/wing foil instruction modules to optimise progress and success.

Surfboard hire from €18 - Kayak hire from €22 - Wing foil & wing skate, please consult us!

Open all year. Find us on Le Goulien beach from 1 July to 31 August 10-12:30pm, and 2-7pm. From 1 September to 30 June subject to prior reservation.



## SURFING SARDINE

### Surfing lessons, trial session, courses, group lessons, private lessons, yearly courses

1 boulevard de la France Libre - 29160 Crozon

06 50 22 14 59 - contact@surfing-sardine.fr - www.surfing-sardine.fr

Surfing Sardine offers surfing lessons from April to October, by the lesson or course, group lessons or private lessons. Customised instruction, a fun way to learn about the ocean so that surfing will always be a joy. Also equipment hire. From 6 to 99 years.

From €35 (trial session) - €160 (5-day course) including equipment. Open April to October.

July-August from 2 to 7pm, out of season subject to prior booking.

## CENTRE NAUTIQUE DE CROZON MORGAT

### Surfing classes from the age of 7, and equipment hire

Port de Plaisance de Morgat - 29160 Crozon

02 98 16 00 00 - info@cncm.fr - www.cncm.fr

Meet at the CNCM Ecole FFSurf, and set off in the van with your instructor Hugo to go surfing on the lovely beaches of Le Goulien, La Palue or Kersiguenou!

Open from March to December.



## LOVE YOGA SURF

### Yoga Surf Camp, group and private lessons, rental.

www.love-yoga-surf.com - 06 73 44 08 84 - loveyogasurf@gmail.com

Plage de la Palue et de Kersiguenou toute l'année.

On La Palue and Kersiguenou beaches throughout the year.

With LOVE Yoga Surf, you practice surfing and yoga with friends and family, and sometimes even in English.

Inigorative sharing experience.

I think it was that first wave that left me with my most vivid memory. The colours, the freshness and transparency of the water. Two seconds of a ride in one instinctive movement were to change my life.

Sharing these beautiful moments with each and everyone is exhilarating.

This is the reason I specialised in Surf Santé and Handi Surf. No matter what your faith, skills or the colour of your skin, come and sense the ocean where we are always more connected.

Benjamin

My Surf and Yoga teaching aims to offer empowerment in safe sessions. For further info, visit the website [www.love-yoga-surf.com](http://www.love-yoga-surf.com).



## EQUESTRIAN CENTRE

### FERME EQUESTRE DE NEISCAOUEN (EQUESTRIAN FARM)

#### Horse riding

29160 Landévennec

02 98 27 37 11 - genevieve.costiou@wanadoo.fr

www.ferme-equestre-neiscaouen-landevennec.fr

Equestrian centre, pony club for ages 2 yrs and over. Beginners and advanced, in a magical setting. Covered arena, treks lasting from 2 hrs to several days. Riding exams.





## HIRE OF BIKES, KAYAKS AND BOATS

### CENTRE NAUTIQUE DE ROSCANVEL

Hire of single, two-seater and three-seater kayaks, paddleboards, dinghies and catamarans.

Le Fortin, Port - 29570 Roscanvel - 02 98 27 41 59

cnroscanvel29@gmail.com - www.centrenautiquederoscanvel.fr

Sheltered and suitable for all levels, the bay of Roscanvel offers the perfect stretch of water. Exploring its mysterious islands and deserted shores by kayak, SUP, dinghy or catamaran will thrill day trippers with a sense of adventure! During the summer, the CNR also organises "Kayak et Histoire" commented outings unveiling the history of this most fabulous natural roadstead as you paddle along.

Prices: Kayak from €20 for 3hrs, including wetsuit and watertight container.

Find options and prices on [www.centrenautiquederoscanvel.fr](http://www.centrenautiquederoscanvel.fr)

Opens in April, and again in July-August.



### CRAPATO BICYCLO

Hire of kayaks (single, double, triple).

Paillote plage de Morgat - Élasto trampoline - 29160 Crozon-Morgat

06 88 71 72 22 - dkerdreux@yahoo.fr - www.crapato.fr

Kayaks put onto the water, life jackets, wetsuits and watertight containers supplied. Guidance and advice on safety before setting off.

Prices: please enquire.

Open from April to September.

### CRAPATO BICYCLO

Hybrid and mountain-bike rental

6 rue de la Fontaine - 29160 Crozon

06 88 71 72 22 - dkerdreux@yahoo.fr - www.crapato.fr

Hire of hybrid and mountain bikes - Child seat and bike trailer.

Prices: please enquire

Open from April to September.

### CRAPATO ÉLASTO

Hire of motorboats with/without licence

Paillote plage de Morgat - Élasto trampoline - 29160 Crozon-Morgat

06 88 71 72 22 - dkerdreux@yahoo.fr - www.crapato.fr

Hire of 6-hp Zodiac-type semi-rigid. Possibility of visiting caves.

Prices: please enquire.

Open at Easter and from mid-June to end of September.

### CATAVOILE29

Hire of motor boat with or without licence, yachts, and Stand-up paddle

Quai Kador - 29160 Crozon

06 69 18 07 76 - contact@catavoile29.fr - www.catavoile29.fr

Explore the peninsula's cliffs and beaches on your own.

Motorboats without licence: 10 seats, very stable.

Motorboats with licence: semi rigid or rigid.

4 yachts, from 5.5m to 9m.

Stand Up Paddle.

Hire for half day, full day or week.

Open from April to November.

### CENTRE NAUTIQUE DE CROZON MORGAT RENTAL POINT

Rentals and private lessons

Port de plaisance de Morgat 29160 Crozon Morgat

info@cncm.fr - 02 98 16 00 00 - www.cncm.fr

Nestling at the heart of the bay of Morgat, come for lessons or hire a kayak, catamaran, paddle, motor boat or sailing boat.

Open from March to December.



### LES CYCLES DU BOUT DU MONDE

Shop - Repairs and Hire of bicycles,

Mountain, all-terrain, and road bikes, electric/Muscular

Textiles and accessories

6 bd Pierre Mendès France

29160 Crozon - 02 98 23 68 60

cycles-du-bout-du-monde@

orange.fr - www.cycles-du-

bout-du-monde.fr

Visiting the Crozon peninsula is becoming a must-do when visiting Brittany.

We offer rental and delivery of classic bicycles or electric adult/child bikes with our accessories: child and animal trailers, baby seats, baskets etc.

Reserve your bike online from our website: [www.cycles-du-bout-du-monde.fr](http://www.cycles-du-bout-du-monde.fr)

From September to June, Tuesday to Saturday, from 9:30am to midday and from 2 to 7pm; from 1 July until 31 August from Monday to Sunday from 9:30am to 7pm non-stop. Prices from €15 to €45. The seventh day's rental is free.

### ABER BIKES CROZON

Hire and delivery of bicycles, electric, mountain and hybrid bikes, children's bikes

Quai du Fret - 29160 Crozon

07 71 64 00 75 - aberbikes@gmail.com - www.aberbikes.fr

Hire of bicycles and ebikes in the shop on the port of Le Fret in Crozon, or delivered directly to your holiday accommodation (area covers Crozon-Morgat, Camaret-sur-Mer, Telgruc-sur-Mer, Landévennec, and Argol). Explore our wide range of bikes and accessories (baby seats, saddlebags, trailers...) and enjoy some magnificent outings along the Peninsula's Voies Vertes and footpaths, or simply get around in an eco-friendly fashion during your stay.

Open from April to September 7/7 from 9am to 8pm.





BREIZH ODYSSÉE,  
**DÉCOUVREZ L'HISTOIRE DE  
LA BRETAGNE**

*Musée Immersif*



Site culturel  
Boutique bretonne  
Restaurant  
Café - Liquoristerie



**BREIZH**  
ODYSSÉE

Landévennec - Presqu'île de Crozon (29)  
**WWW.BREIZH-ODYSSEE.BZH**



## MUSEUMS

### MÉMORIAL DE LA BATAILLE DE L'ATLANTIQUE (BATTLE-OF-THE-ATLANTIC MEMORIAL) Museum

Pointe de Pen Hir - 29590 Camaret-sur-Mer  
02 98 27 92 58

This museum has been standing since 1990 on the site where some historic events had taken place. Overlooking the sea, and sheltered beneath the concrete blocks of a German blockhouse (one of the structures of the Atlantic Wall of 1942), this memorial serves as a reminder to the free peoples of the world of the sacrifice made by those who perished at sea during that gigantic battle for freedom.

Adults: €4 - free for under-12 yrs, disabled people, military personnel and school parties. Open from April to September, from 2 to 6pm.



### BREIZH ODYSSEE Culture - History

Place de la Mairie - 29560 Landévennec  
02 98 23 63 05 - contact@breizh-odyssee.bzh - www.breizh-odyssee.bzh  
Learn, explore and wonder... Breizh Odyssee is your gateway to the Breton heritage, culture and history. In its 4 immersive spaces, Breizh Odyssee spotlights Brittany's millennial history, its tales and legends, and its contemporary issues, not to mention its musical influence with the «Musiciennes & Musiciens de Bretagne» exhibition of Breton musicians.

Adults €9.50 - Children (8-18 yrs) €5 - Free for under-8 yrs  
Family (2 adults + 2 children) €24.

High season from 1 April 2024 to 15 September 2024; open 7/7 from 10:30 am to 7:30 pm. Low season from 16 September 2024 to 7 April 2025, open from Wednesday to Sunday from 11 am to 7 pm.



### ESPACE REMARQUABLE DE BRETAGNE Come and explore the sites and the jewels of the Crozon-Aulne Maritime peninsula's natural reserve of geological sites

Saint-Hernot, route du Cap de la Chèvre - 29160 Crozon  
02 98 27 19 73 - contact@maison-des-mineraux.org  
www.maison-des-mineraux.org

A major partner in the natural reserve, the Maison des Minéraux offers numerous discovery activities for the general public (nature walks, family hands-on outings, audio walks, guided tours of the museum...)

See the programme of activities on www.maison-des-mineraux.org

### MUSÉE DE L'ÉCOLE RURALE EN BRETAGNE (RURAL SCHOOL)

#### Museum

GIP Musée de territoire finistériens - 4, Kergroas - 29560 Trégarvan  
02 98 26 04 72 - contact@musee-ecole.fr - www.musee-ecole.fr

In this unique setting, delve into the history of rural French schooling at the dawn of the 20th century, as well as that of modern times. Visit the temporary exhibitions dealing with subjects closely linked with the school. More than just a visitor, become a witness and participant in these exhibitions.

«À la pointe du crayon - Raylambert» Exhibition until 31 October 2024.  
Full price: €6/Reduced rates: €5 (job seekers, peninsula museum pass Pass'musées), €3.50 (from 8 to 17 yrs), disabled people / gratuity: Under-8 yrs / family package: €17 (2 adults + children aged under 18yrs)

Opening times: from 25/02 to 10/03, every day except Saturday from 2 to 6pm. From 21/04 to 5/05 and from 20/10 to 31/10: open every day except Saturday from 10:30am to 12:30 pm and from 2 to 6pm. From 08/05 to 04/07 and from 2/10 to 17/10: open Wednesdays, Thursdays and Sundays (+ Bank Holidays) from 2 to 6pm. From 7 July to 11 September: open every day except Saturday from 10:30am to 1pm and from 2 to 6:30pm. From 2/09 to 30/09: open Monday to Thursday and Sunday, from 10:30am to 12:30pm and from 2 to 6pm. Special openings: Friday 10 and Saturday 11 May, Monday 20 May, Saturday 1 June, from 2 to 6 pm. Saturday 21 September, from 10:30am to 1pm and from 2 to 6:30pm.



### MUSÉE VIVANT DES VIEUX MÉTIERS (THE LIVING MUSEUM OF BYGONE TRADES)

#### Heritage

1, rue Saint-Guérolé - 29560 Argol  
02 56 04 81 59 - contact@museevivant.fr - www.museevivant.fr

Our museum brings the trades of the last century back to life.

Men and women enthusiasts transmit their skills through interactions and demonstrations in each workshop.

People of all ages will note the mastery of techniques: the flick of a wrist or a gesture of the hand behind every object; here, they forge, they plane, they smooth, they whisk, they file, they weave, they embroider, they skim milk, they churn, they cook... As you walk around outside, look for the Ty-Coz (the old house), the garden and its plants, the wash-house, the shoemaker's hut, and the bread oven. Allow two to three hours for the visit. The Parc des Jeux Bretons (free) is close by.

Prices: Prices: Adult: €7 / Reduced price €6 / Child (6-17 yrs) €3.50 / Under-6 yrs free. Information, timetables, prices and diary of activities on our website: www.museevivant.fr

Museum opening times in 2024: From Sunday 7 April to 31 October. From 7 April to 4 July: Sunday, Tuesday and Thursday from 2 to 5:30pm. From 7 July to 30 August: every day from 2 to 6pm. Closed on Saturday. From 1 to 29 September: Sunday and Thursday from 2 to 5:30pm. During October: every Sunday from 2 to 5:30 pm. Autumn holidays: Sunday, Tuesday and Thursday from 2 to 5:30pm.





## MAISON DES MINÉRAUX AND THE JARDIN INSOLIT(H)E DE BRETAGNE

Scientific and Technical culture, natural heritage

Saint-Hernot, route du Cap de la Chèvre - 29160 Crozon  
02 98 27 19 73 - [contact@maison-des-mineraux.org](mailto:contact@maison-des-mineraux.org)  
[www.maison-des-mineraux.org](http://www.maison-des-mineraux.org)

The Maison des Minéraux offers you an original way to explore the local and regional geology.

**The 2024 exhibitions:** the geology of the Crozon peninsula (new format), the handling room and its new digital sandbox, Brittany's rocks and minerals, "Pierres, feuilles, oiseaux": an exhibition of stones, leaves, and birds in the centre of the Crozon peninsula's natural regional reserve of geological sites, and the fantastic exhibition of fluorescent stones (the largest in Europe), as well as other surprises.

**Fiercely guarded**, by Monsieur Caillou (Brittany's only menhir with arms), the jardin insolit(h)e de Bretagne presents 26 fun and artistic installations created with rocks from the Breton quarries. The chance to get a taste of the region's geology and to learn about quarrying!

**The various activities in 2024:** guided tours of the exhibitions and of the Jardin insolit(h)e, stories for the children, Métal Show performances, quirky and fantastic tours, professor Kaolin's workshops, geology and nature walks, hands-on rambles, Rase-Cailloux rambles, audio-visual rambles and narrated rambles. In the Spring, on 18 and 19 May: **the 6th edition of the Festival du Centre de la Terre**. Décortiquons notre planète. Consult the programme on <https://festival.centre-de-la-terre.org>

Full price: €7 (Adults)

Reduced price: €5 (7-18 yrs, unguided groups, jobseekers, students, disabled people...)

Open from 7 April to 3 November 2024 July-August: every day 10am-7pm  
Out of season: 10am-12pm and 2-5pm Tuesday to Friday, and Sundays, Mondays and Bank Holidays 2-5pm. Closed every morning from 1 to 18 October. See the diary on our website for more details.

## ÉCOMUSÉE DES MONTS D'ARRÉE - MAISON CORNEC

Heritage

Maison Cornec - 12 Le Bourg - 29190 Saint-Rivoal  
02 98 68 87 76 - [contact@ecomusee-monts-arree.fr](mailto:contact@ecomusee-monts-arree.fr)  
[www.ecomusee-monts-arree.fr](http://www.ecomusee-monts-arree.fr)

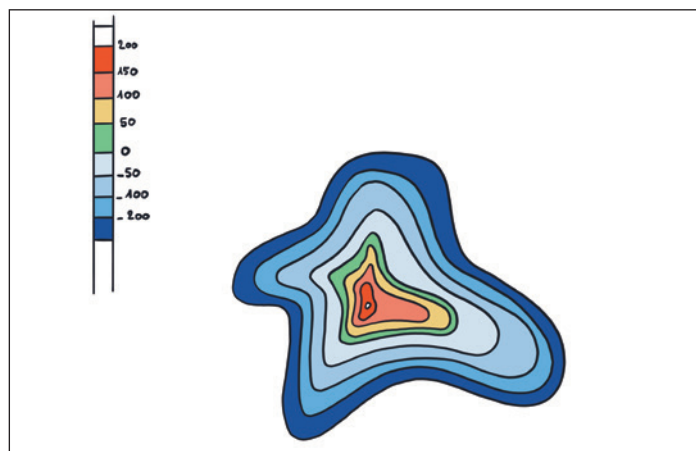
The site of the Maison Cornec in Saint-Rivoal showcases the remarkable heritage of the Monts d'Arrée: a collection of 18th-century peasant cottages depicting traditional life in relation to the local natural resources.

Located at the hub of a dynamic village (holiday gite, grocery shops, restaurants, camper-van site), La Maison Cornec is at the crossroads of the hiking trails that crisscross the emblematic sites of the Monts d'Arrée, at the foot of La Montagne Saint-Michel, which is accessible via the GR (4 km).

The ecomuseum reflects on the wildfires that marked the summer of 2022, by means of a temporary exhibition in the words of the artists and inhabitants. Entry paid by donation.

From 2 April to 30 June and from 1 September to 1 November, open from Sunday to Friday (closed on Saturday) 10am-6pm.

From 1 July to 31 August, every day from 10am to 7pm.



## LABORATOIRE DU PROFESSEUR KAOLIN / MAISON DES MINÉRAUX

Workshops

Saint-Hernot, route du Cap de la Chèvre - 29160 Crozon  
02 98 27 19 73 - [contact@maison-des-mineraux.org](mailto:contact@maison-des-mineraux.org)  
[www.maison-des-mineraux.org](http://www.maison-des-mineraux.org)

The Earth Sciences revisited by Professor Kaolin. Participating, handling, having fun, understanding... Fun-packed themed workshops aimed at unravelling the mysteries of our planet. Parents can also take part along with their children. Duration: 1hr 30mins.

€7/pers, €6 /pers from 4 pers. From 7 yrs. Subject to reservation, Groups accepted. School holidays: Wednesday (+ Tuesday and Thursday during the summer). See the diary on our website for more details.

## STONES IN MOTION / MAISON DES MINÉRAUX

Video workshops

Saint-Hernot, route du Cap de la Chèvre - 29160 Crozon  
02 98 27 19 73 - [contact@maison-des-mineraux.org](mailto:contact@maison-des-mineraux.org)  
[www.maison-des-mineraux.org](http://www.maison-des-mineraux.org)

Learn how to make a short, fun cartoon film in "stop-motion" animation using pebbles. Borrow pebbles from the natural surroundings and make them dance, roll, disappear, reappear, fly, grow, shrink, burst, speed up, slow down... Duration: 1hr 30mins

€7/pers, or €6/pers from 4 yrs. From 7 yrs. Subject to reservation.

Groups accepted. School holidays: see the diary on our website for more details.

## ANCIENNE ABBAYE DE LANDÉVENNEC

Heritage, History

Place Yann Landevennec - 29560 Landévennec  
02 98 27 35 90 - [museelandevennec@gmail.com](mailto:museelandevennec@gmail.com)  
[www.musee-abbaye-landevennec.fr](http://www.musee-abbaye-landevennec.fr)

Founded by St Guénolé in the 5th century, the monastery reached its heyday in the Carolingian era. Burnt down by the Vikings and reconstructed several times, it was destroyed during the French Revolution before reappearing in the 1950s close to its original birthplace. The museum retraces 1,500 years of Breton history and 25 years of archaeological digs. The ruins and the physic garden stand on an impressive maritime site.

Museum, exhibitions, tours, children's activities, concerts...

€7 full price - €6: 18-25 yrs, pass musées Presqu'île (museum pass), passport 29, teachers - €4: 8-17 yrs, disabled, jobseekers - €20: Family package - €15: annual season ticket - Free for under-8 yrs.

**2024 opening:** • 31 March - 30 June: 10:30am to 6pm, Saturday, Sunday: 10:30am to 1pm / 2 to 6pm. Closed 1 May.

• 1 July to 22 September: 10:30am to 7pm every day

• 23 September to 3 November: Monday to Friday: 10:30am to 6pm; Saturday and Sunday: 10:30 to 1pm / 2pm to 6pm.

Open all year for groups.

## THE OLD ABBAYE DE LANDÉVENNEC

Guided tours

Place Yann Landevennec - 29560 Landévennec  
02 98 27 35 90 - [museelandevennec@gmail.com](mailto:museelandevennec@gmail.com)  
[www.musee-abbaye-landevennec.fr](http://www.musee-abbaye-landevennec.fr)

Every weekday during school holidays (not weekends).

• 22 April to 3 May at 2:30pm, archaeological site / museum

• 8 July to 23 August, from 3 to 5:15pm, archaeological site / museum / garden

• 21 October to 1 November at 2:30pm, archaeological site / museum

€2 in addition to the entry fee (adult).







## ANCIENNE ABBAYE DE LANDÉVENNec

### 2024 temporary exhibitions

Place Yann Landevennec - 29560 Landévennec  
02 98 27 35 90 - museelandevennec@gmail.com  
www.musee-abbaye-landevennec.fr

- Hoisting devices and construction techniques of the Middle Ages, from 13 April to 5 May
- The Non-humans – an environmental history of the monastery, from 5 May to 3 November.

Fish, herds, forests, climate, sea and storms: protective or threatening, friendly or fierce, the history of man is filled with these entities that make up its environment. Do they also have a history?

Installed on the side of a mountain surrounded by the sea, and boasting a history stretching back over more than 13 centuries, the monastery of Landévennec seems the ideal place to begin the investigation. Thanks to the archives and vestiges collected by archaeologists from the site's damp soil, the aim of the exhibition is to sketch out a history repopulated with all these «non-humans» that have forged the site's future.

Full price €7 - 18-25 yrs: €6, pass' musées Presqu'île, passeport 29, teachers €4 - 8-17 yrs, disabled, job seekers - €20 - Family package - €15 - annual season ticket - Free for under-8 yrs.

**2024 opening:** • 31 March to 30 June: Monday to Friday, 10:30am to 6pm; Saturday and Sunday, 10:30am to 1pm / 2 to 6pm . Closed 1 May

- 1 July to 22 September: 10:30am to 7pm every day
- 23 September to 3 November: Monday to Friday, 10:30am to 6pm; Saturday and Sunday, 10:30am to 1pm / 2 to 6pm

Open all year for groups.

## ANCIENNE ABBAYE DE LANDÉVENNec

### Children's workshops, ages 5-10 yrs

Place Yann Landevennec - 29560 Landévennec  
02 98 27 35 90 - museelandevennec@gmail.com  
www.musee-abbaye-landevennec.fr

Every weekday during school holidays (not weekends)

- 22 April to 3 May at 2:30pm
- 8 July to 23 August at 3pm
- 21 October to 1 November at 2:30pm

Join the museum's workshops for a fun immersion into the heart of the Middle Ages: Illuminations, construction, archaeological digs, heraldry...

Price: €7, €5 for 2 or more children. Subject to reservation: 02 98 27 35 90.

## 70.8 BY OCÉANOPOLIS

### A museum for the ocean

Les ateliers des Capucins - BREST  
www.70point8.com

Drawing on its research carried out on maritime technologies, 70.8 takes you on a discovery of the ocean from a new angle! Did you know that our crockery and bathroom cabinets are filled with molecules from marine organisms?

That 90% of our every-day possessions have transitioned via the sea? The ocean abounds with amazing resources, but, just like on «dry land», their exploitation or usage need our urgent attention.

Because the ocean is at the heart of the issues of today, 70.8 invites you to understand its complexity and fragility. Better knowledge for better, longer-lasting protection. Visit suitable for all the family, from 6 years.

Reservation on line, information, updates on: www.70point8.com

- 1 TOUR VAUBAN / CAMARET-SUR-MER  
CAMARET-SUR-MER.FR / 02 98 27 91 12
- 2 MAISON DES MINÉRAUX / CROZON - SAINT HERNOT  
MAISON-DES-MINERAUX.ORG / 02 98 27 19 73
- 3 MUSÉE VIVANT DES VIEUX MÉTIERS / ARGOL  
MUSEEVIVANT.FR / 02 96 04 81 99
- 4 BREIZH ODYSSEE / LANDÉVENNec  
BREIZH-ODYSSEE.BZH / 02 98 23 83 05
- 5 ANCIENNE ABBAYE - MUSÉE / LANDÉVENNec  
MUSEE-ABBAYE-LANDEVENNEC.FR / 02 98 27 35 90
- 6 MUSÉE DE L'ÉCOLE RURALE / TRÉGARVAN  
MUSEE-ECOLE.FR / 02 98 26 04 72

PARTEZ À LA DÉCOUVERTE  
**6 MUSÉES ET SITES**  
EN PRESQU'ÎLE DE CROZON  
AULNE MARITIME

## MUSÉE MÉMOIRES 39-45

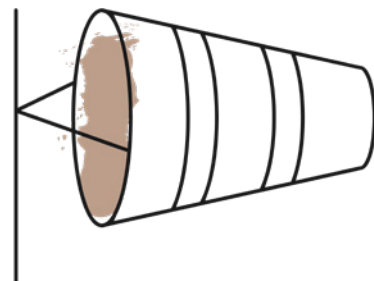
### Historic museum

Lieu-dit Prédic - Route de la pointe St Mathieu - 29217 Plougonvelin  
02 29 02 84 56 - contact@museememoires39-45.fr  
www.museememoires39-45.fr

A stone's throw from the Saint Mathieu headland, come and visit an incredible German command blockhaus. Covering 5 floors and 500m<sup>2</sup> of exhibitions, you can examine hundreds of accounts, objects and documents, as well as a unique panoramic view over Ushant (Ouessant) and the Brest roadstead.

Prices Adult: €8.50 / Child from 6 to 16 yrs: €5.50 / Group of 12 or more people: €6.50.

Open 7/7 from 1 April to 11 November, non-stop from 10am to 6:30pm. Open every day except Bank Holidays during the Christmas and winter breaks, non-stop from 10am to 6pm. Please note that only 30% of the museum is wheelchair accessible. Animals not admitted.









## ACTIVITIES FOR FUN AND SPORT

### CRAPATO ÉLASTO

#### Bungee trampoline

Plage de Morgat - 29160 Morgat

06 88 71 72 22 - dkerdreux@yahoo.fr - www.crapato.fr

Trampoline gymnastics, suspended on elastic, are totally fantastic!

Inflatable mouse: an educational trail with slide for the tiny tots.

Elasto €5, group discounts. Inflatable mouse €4.



### ROC'HA BLOK

#### Climbing - Viacorda

29570 Camaret-sur-Mer

06 77 98 81 39 - www.rochablok.fr

Roc'Ha Blok offers you climbing-based activities on the superb site of the Pen Hir headland, a national federal benchmark. Its BEES and DE-climbing qualified supervisor, who gained his qualifications on-site in 2000, will guide you in total safety according to your climbing ability.

**Climbing:** ascending, descending, ensuring a climbing partner's safety, in total safety, on a cliff that is suited to your level. From novice to advanced, in groups or private lessons, from Top Rope climbing to Trad climbing.

**Viacorda:** viacorda is a fun and accessible activity requiring no climbing techniques. On the programme: aerial outing on maritime cliffs by means of ledges and terraces, and using lifelines and rappel. Led by a climbing specialist, you'll be able to make your way along our trails in complete safety.

### BOUT DU MONDE SAND YACHTING

#### Sand-yachting school / multi-activities

Plage de Lestrevet - 29550 PLOMODIERN - Tel. 06 81 63 83 74 -

www.charavoileduboutdumonde.com

Open all year, our sand-yachting school will introduce you to this fun activity in a magnificent setting, on machines that will thrill you with sensations of speed and freedom.

The summer spot is located on the Lestrevet beach at Plomodiern, but you'll also be able to find other spots outside the summer season, from Camaret to the bay of Audierne.

Sunset outings in the summer, or walking/rambling in the winter, from beginners to advanced, several options are available to you.

Coaching is provided by a qualified monitor with nearly 15 years of experience.

We also offer a multitude of other activities depending on the weather and your wishes.

Sand yachting, Archery, Battle archery, Kite buggy, bungy trampolines...

As proof of our quality and commitment, the school is a brand ambassador for "Marque Bretagne" and "Tout Commence en Finistère".

To discover all the possibilities and prices, consult our website:

charavoileduboutdumonde.com

Sand yachting for beginners (single or two-seater): from €20 pp.

TOUT  
commence  
en  
FINISTÈRE



Piscine  
**NAUTIL'YS**



S'AMUSER • SE DÉPENSER • RIRE • SE RELAXER



**Vivez**  
votre été  
à nos côtés!

Eau à 30°C

Toboggan

Aquagym

Pataugeoire

Jeux d'eau

Aqua-dos

Jacuzzi

Aquabike

1 RUE ALAIN  
29160 CROZON - MORGAT



Tel. 02.98.16.00.40

piscine.nautilys@comcom-crozon.bzh

Conception: Léa Laguerre • Crédits Photos: AdobeStock





**FUNPARK**

**Accrobranche**

Route de Dinan - 29160 Crozon  
06 62 21 85 30 - [www.funpark.bzh](http://www.funpark.bzh)

Welcome to Fun Park, where you can enjoy accrobranching in the total safety of its verdant parkland.

A brand-new special space for children from 3 yrs old.

5 trails suitable for children, including 1 trail for 3-yr olds (1m to 1m30 tall) and 7 trails for taller kids (over 1m30 tall), with varying heights and difficulties (over 15m high).

From 3 yrs. From €5 to €19. Open from February to November.



ACCROBRANCHE funPARK CROZON



**PISCINE NAUTIL'YS**

**Swimming**

1 rue Alain - 29160 Crozon  
02 98 16 00 40 - [www.piscinenautilyls.bzh](http://www.piscinenautilyls.bzh)

Fun pool, (fountains, massage benches), 2 swimming lanes, paddling pool, slide, balneo suite (sauna, hammam, jacuzzi), aqua-aerobics and aqua-cycling classes. Children's swimming courses for all levels.

Prices: children under 3: free (excludes aqua-aerobics or aqua-cycling)  
3-17 yrs: €4.10, adults: €4.90 - Swimming course, from €33.



SARL Adrenature - Siège social : Lieudit Le Porzou, 29140 Rosporden- RCS Quimper 790209027 - Capital de 90720€



## LEISURE PARK

### AVEN PARC

#### Leisure park and Educational farm

Lieu-dit Kergoz - 29930 Pont-Aven

02 98 09 67 52 - [avenparc@gmail.com](mailto:avenparc@gmail.com) - [www.avenparc.com](http://www.avenparc.com)

In a natural green setting, the Aven Parc awaits you for a day filled with laughter and surprises...

Find the attraction to match your mood or your age: dino-parc, pony ride, free fall, bubble football, farm, inflatable-ring tracks, net trails, pirate boat, ziplining, aquatic area, Explor'games®, laser tag...

**New for 2024:** outdoor climbing walls, covered play area, 4x4 safari in the setting of our brand new farm. Actors for a tour of the labyrinth in 80 days! Tows, mini diggers, trampolines, inflatables, underground maze, are bound to delight the whole family...

**Evenings:** Fright Night (subject to booking) and Escape Box. Refreshments on site.

Open from 30 March to 22 September. Low season from €13.50 to €13.40. High season from €15.50 to €16.50.



### AQUASHOW

#### Animal park

Rue du Goyen - 29770 Audierne - 0298700303

[contact@aquarium.fr](mailto:contact@aquarium.fr) - <https://www.aquarium.fr/accueil>

Come with your family to explore all the Breton seabed ecosystems in aquariums. 160 species to observe in over 50 aquariums.

The Aquashow is also a bird spectacle that is unique to Brittany. The birds fly around just a few centimetres above your heads! You'll also be able to witness the Great Cormorant hunting under the water!

The Aquashow is 2½ hours of a fun learning visit for all the family, just a few cables from the Pointe du Raz. Guided tour of the aquariums at 11am.

Open every day. From 08/04 to 07/07 and from 04/09 to 01/10: from 10am to 6pm / From 08/07 to 03/09: from 10am to 7pm / During the Autumn, Christmas and Winter holidays: from 2 to 6pm.



## ADRÉNATURE ADVENTURE PARK

### Accrobranch trail, all-terrain electric scooters, outdoor escape game, paper chase, orienteering, snacks

Lieu-dit Moulin du Cosquer - 29140 Melgven

06 82 78 79 10 - [contact@adrenature.fr](mailto:contact@adrenature.fr) - [www.adrenature.fr](http://www.adrenature.fr)

The largest adventure park in Finistère, Adrénature welcomes you to its 10 hectares of forest. We offer 19 trails, 280 challenges fitted with unlimited continuous lifelines.

Trails starting from a height of 1m for the youngest, up to a height of 27m for those seeking adventure and thrills. Monkey bridges, nets, hand-over-hand ladders, suspended play items, 2000m of ziplines, including 2 mega 220m ziplines. An Espace Pitchoun, from 3 yrs (min. 95 cms tall). For those remaining on the ground: Paper Chase and Orienteering course.

For anyone seeking novelty thrills: Electric all-terrain scooters for those aged 12 or over: 3 progressive forest trails. Snack bar, the chance to eat on the premises. No time limit, so you can stay here all day.

New for 2024: Outdoor Escapes Game, from 8 years «The School of Sorcerers» and «Alice and the Chronogear».

Open from April to the end of the November holidays, 7/7, during the season and Zones A,B, and C Easter holidays. Closed MTTF out of season. Adult price, €23, Child price: €12.

## FOOD AND DRINK

### CRÊPERIE ARTISANALE BARADOZ

#### Craft Crêperie

1 Rue du Cap de la Chèvre

29160 Crozon Morgat

02 98 86 48 76

Le Baradoz is a little corner of paradise that's open all year, serving buckwheat and wheat crêpes made from local seasonal produce.

Summer and winter menus, with sweet and savoury specialities.

A small summer terrace for nibbles, and during the winter, come inside to enjoy your crêpes by the fire!

Open: from midday Tuesday to Sunday evening during school holidays, and closed on Wednesday and Thursday for the rest of the year.

Times updated on Google.



### L'HERMINE

#### Traditional restaurant

Saint-Hernot - 29160 Crozon - 0298 2715 00

[lhermine.saint-hernot29@orange.fr](mailto:lhermine.saint-hernot29@orange.fr) - [lhermine-saint-hernot29.com](http://lhermine-saint-hernot29.com)

A must-visit stopping place on the Cap de la Chèvre road, l'Hermine is located opposite the chapel in the village of Saint-Hernot.

This unusual and convivial place is the delight of rambblers and other visitors who appreciate the real thing and a good thing: here, everything is homemade and produced locally. Payment accepted by cheque, cash, ANCV (holiday vouchers), restaurant vouchers. Animals not admitted.

Open every day from April to end August 2024. Closed on Tuesday and Wednesday out of season.

### L'HOSTELLERIE DE LA MER

#### Hôtel/Restaurant

11 quai du Fret - 29160 Crozon - 0298 27 61 90

[contact@hostelleriedelamer.com](mailto:contact@hostelleriedelamer.com) - [www.hostelleriedelamer.com](http://www.hostelleriedelamer.com)

Overlooking the sea, on the quayside at Le Fret, the Chef here serves an authentic cuisine that brings the very best out of the local produce. Accreditations: Maître Restaurateur, Bib Gourmand in the Michelin Guide, Restaurant Savoureux with Logis...

Parking, sea view, wheelchair access, chèques vacances vouchers, Wifi. Animals not permitted.

**Specialities:** local produce and seafood.

Prices: Lunchtime menu from €23.50 (except Sundays and bank holidays).

Individual menu from €31 to €86 - Children's menu €14 (aged under-12).

Group Menu by request (60 pers. max).

Open from 12:15 to 1pm and from 7:15 to 8pm - closed throughout January.

Out of season: closed Saturday lunchtime, Sunday evening and all day Monday.

During peak period: closed Sunday evenings, all day Monday, and Tuesday lunches.



## CHEZ MÉMÉ GERMAINE

### Bar/Crêperie

Plage du Vercac'h - Pointe de Pen Hir - 29570 Camaret-sur-Mer  
02 98 73 37 50

At Chez Germaine, you sit facing the sea in breathtaking surroundings; A family-friendly ambiance, great friends, great crêpes and great music to top it all. The events and concerts are shared on the Facebook page. Non-stop food service without booking from midday to 10pm.  
*Closed Tuesday and Wednesday, apart from July-August, when it remains open 7/7.*



## BISTROT LE 34

### Hôtel / Restaurant

7 rue de l'Atlantique - 29160 Crozon - 02 98 26 05 90  
contact@bistrot-34.bzh - www.escapade-marine.bzh/bistrot-le-34

Just 100 metres from the superb beach of Morgat, Bistrot Le 34 offers a seasonal bistronomic cuisine celebrating the local produce.  
Embark on a gastronomic exploration of the flavours of the region from the restaurant terrace or ensconced on our comfortable banquettes inside the restaurant. Come for a nibble and quench your thirst in the restaurant bar at any time of the day.  
Parking available, highchairs, children's menu and free wifi.  
Market menu from €24. Group menu by request (max 60 covers, the dining room may be booked privately).  
*Open all year from Monday to Friday from midday to 2pm / Monday to Saturday evenings from 7 to 10pm. Brunch on Sundays from 11am to 3pm.*



## RESTAURANT RACINES

### Traditional restaurant/delicatessen

82 Bd de la France Libre - 29160 CROZON  
02 98 73 30 51 - restaurant.racines.crozon@orange.fr  
www.restaurant-racines-crozon.metro.rest

Located between Crozon and Morgat, the Restaurant Racines welcomes you throughout the year for lunch from Tuesday to Saturday, in a warm and convivial ambiance.  
We offer you a traditional cuisine, to eat here or take away, prepared from fresh, seasonal local produce. The blackboard menu is updated every day according to market fluctuations.  
- Car park, wheelchair users welcome, chèques vacances, ticket restaurant.  
- Delicatessen  
- The upstairs room for 20 people is available for hire.  
- Booking advisable.

## AWEN KAFE

### Restaurant / Bar

Place de la Mairie - 29560 Landévennec - 02 98 86 73 47  
contact@breizh-odyssee.bzh - www.breizh-odyssee.bzh

Boasting an amazing view over the Brest roadstead, the Awen Kafé Landévennec offers home-made dishes, made from fresh, local and organic produce, served in a space of 150m<sup>2</sup> and on its 250m<sup>2</sup> terrace.  
Parking nearby, sea view, easy access for wheelchair users, group menu by request.  
*From 1 April 2024 to 15 September 2024, open 7/7  
From 16 September 2024 to 7 April 2025, open from Wednesday to Sunday.*



## L'ESCAPADE

### Traditional Restaurant

1 Pencran - 29560 Telgruc-sur-Mer - 02 98 27 72 79  
telgruc.escapade29@gmail.com - Page facebook : L'escapade Telgruc

At the gates of the Crozon peninsula, Delphine and Pierre Yves welcome you into a convivial and authentic ambiance. A traditional restaurant with a lunchtime menu, a dish of the day to eat in or take away, à-la-carte dishes: Butcher's choice, Fish & Chips, Burger, goats-cheese salad, etc. HOME-MADE CHIPS all year. In season: mussels and chips.  
Plus points: A terrace that is not overlooked and an indoor children's play room.  
*Open all year from Monday to Saturday lunchtime and Friday and Saturday evening. July and August: lunchtime from Monday to Saturday, and evenings from Wednesday to Saturday.*





## PIZZERIA MAMA MIA

### Pizzas to take away

14 Rue du Général de Gaulle - 29490 Le Faou - 0972867289

[www.facebook.com/Pizza-Mama-Mia](https://www.facebook.com/Pizza-Mama-Mia)

Tuesday to Thursday: from 11:30am to 1pm and from 6 to 8:30pm. Friday and Saturday: from 11:30am to 1pm and from 6 to 9pm. Sunday from 6 to 9pm.



## LOCAL PRODUCERS

### BRASSERIE DU BOUT DU MONDE

#### Craft beers

Z.A. de Quiella - 29590 Le Faou - 0967670162

[boutique@terenez.bzh](mailto:boutique@terenez.bzh) - <https://www.terenez.bzh/>

The Bout du Monde was created in 2013. Over the past ten years, the brewery has since seen an expansion of its range of Térénez beers, which have received over 40 awards in France and throughout the world. In 2019 a boutique and bar were opened in Le Faou, with a view to producing beers, sodas and modified rums. Come and try our products on the terrace or enjoy our many parties on Friday evenings - the perfect start to the weekend or holiday!

Open all year from Tuesday to Saturday, from 10am to 8pm. Closed Sunday and Monday and Bank Holidays.



TOUS LES  
FRUITS  
MÈNENT AU  
RHUM

Breiz'île  
LES ARRANGÉS DU RHUM

L'ABUS D'ALCOOL EST DANGEREUX POUR LA SANTÉ



Image de Marque - Brest - © SARL Breiz'île Les Arrangés du Rhum 2024 - Photo non contractuelle.



## CENTRE DE LA CONFITURE ET DU CHUTNEY

Tastings, tea room, breakfasts

21 rue du Poulmic  
29160 Lanvéoc  
0611227396

[www.saveurs-sauvages.fr](http://www.saveurs-sauvages.fr)  
[www.gite-crozon.com](http://www.gite-crozon.com)

A master jam-maker since 1975, Anne Thiollier will offer you a tasting of 150 varieties of jam, syrups, chutney, vinegar, and mustard, ... based on wild or local produce, with some original varieties including those awarded prizes by the "Ordre Mondial des Confituriers": Blackberry, Sloe, Hawthorn, Dog Rose, Elderberry... If you book in advance\*, we also offer full breakfasts with home-made produce: bread, yoghurts, brioche... in a designated room with a superb view over the roadstead.

\* Our shop is 100m from the Lanvéoc church.



## CONSERVIERIE KERBRIANT

Cannery

Parc Activités Lannugat Nord, 32 rue Jean Kervoalen - 29100 Douarnenez  
0298705244 - [contact@kerbriant.fr](mailto:contact@kerbriant.fr) - [www.kerbriant.fr](http://www.kerbriant.fr)

The last of the small family-run producers of seafood preserves in Douarnenez, we make and process everything on the premises, by hand, virtually in the old traditional way. Delicacies for nibbles, cooked dishes for the family or for large get-togethers, the whole range is appetising and in keeping with the boss's slogan: "People must get pleasure out of eating".

The little extras: Traditional recipes, following traditional methods and without colouring, preservatives, or flavour enhancers.

Visit + Tastings free of charge. VISITS BY APPOINTMENT ONLY.

## DISTILLERIE ARTISANALE BRUMENN

Sales and tasting of Liqueurs and Spirits

ZA de Keraudren - 29570 Camaret-sur-Mer Facing the biscuiterie -  
0649735764 - [brumenn.distillerie@gmail.com](mailto:brumenn.distillerie@gmail.com)  
[www.facebook.com/distilleriebrumenn](http://www.facebook.com/distilleriebrumenn)

The Crozon peninsula's go-to distillery!

Distiller-gatherer, Vincent Conseil, will have you tasting his alcoholic drinks that are made on the premises in the old-fashioned way in a traditional copper still. Come and try his quality artisan liqueurs and spirits: whisky, lambig, gin, pastis, liqueurs, apéritif, absinthe... Drinks that are natural and authentic - just like the peninsula!

Produced using plants and fruits gathered from the wild and from his garden, or organically-grown locally.

A local organic aperitif! Forget about the weather - here's mud in your eye! Sales and free tasting every day except Monday, from 10am to 7pm in July/August.

Free guided tour at 10am on Thursdays in July/August

School holidays and long weekends: open most days, (timetables updated on Google and social networks).

Open out of season by appointment (text or phone).



## LE GARDE MANGER

134 automatic lockers with local produce from 25 producers

9 route de Chateaulin - Tal ar Groas - 29160 Crozon - 0782395629

[garde.manger.pantry@gmail.com](mailto:garde.manger.pantry@gmail.com) - [www.legardemangercrozon.com](http://www.legardemangercrozon.com)

Le Garde-Manger offers products from 25 local producers and cooked dishes based on local produce in automatic lockers 24/7. Vegetables, dairy products, pasta, meats, delicatessen, fish, crêpes, herbal teas, honey, *lichouseries* (Breton specialities), soaps and cleaning products, the go-to place for producers all under one roof!

Double your options by ordering on line, and have your order delivered to Camaret, Crozon, Tal ar Groas, Telgruc or Dinéault! Have a good holiday! Tiffanie

Open 7/7 and 24/24 all year.



## BISCUITERIE DE CAMARET

Biscuit makers and regional produce

Route Crozon - 29570 Camaret-sur-Mer

0298278808 - [www.biscuiteriedecamaret.com](http://www.biscuiteriedecamaret.com)

The Biscuiterie de Camaret honours Breton gourmet traditions with a wide range of biscuits made on the premises. The Breton cake, the prune "far", the madeleines, galettes, Breton "palet" biscuits... and of course the unbeatable "kouign-amann"! These are just a few of the delicious regional specialities lovingly produced in the kitchens of the Biscuiterie de Camaret.

Taste, feast your eyes... The recipes are produced using good fresh butter with quality ingredients, without preservatives or additives. With one foot in the past and the other in the present, the biscuit factory also caters for modern tastes with a wide range of regional biscuits: caramel and fleur de sel "palets", cinnamon cake, chocolate-orange "palet" ... Artisan preserves, regional alcoholic drinks and delicious confectionary complete the shop's gourmet catalogue. The whole of Brittany in your basket!

Open all year.



## LIQUEURS DE LANDÉVENNEC

Artisan Liqueurs

Place de la Mairie - 29560 Landévennec

[contact@breizh-odysee.bzh](mailto:contact@breizh-odysee.bzh) - [www.breizh-odysee.bzh](http://www.breizh-odysee.bzh)

Liqueurs made from Plougastel strawberries, herb Gin, Malt brandy... the renowned Maison Fisselier (35), a Breton artisan liqueur maker for over 50 years, is setting up on the Crozon peninsula. Turn up in Landévennec and discover this micro liquor factory, enjoy the tasting workshops, and the products made on the premises, in the shop.



## SABLE COFFEE

### Coffee roasting

ZA de Kéraudren – 29570 Camaret-sur-Mer – 0676 30 0152  
cafes.sable@gmail.com – www.sable.cafe

Welcome to Sable, the Bout du Monde coffee grinders.

Speciality coffees freshly ground from my workshop at the gates of Camaret-sur-Mer. Coffees from producers selected by qualified outsourcers in direct contact with the farms and co-operatives.

Each coffee grinding is tailored according to the origin and variety of the coffee, following an in-depth analysis of the beans. Feel free to come into my workshop and embark on a discovery of the Bout du Monde coffees. Direct sale of ground coffees or beans, selection of teas, machines and accessories.

Open all year. **DIRECT SALES:**

April to September from 2 to 6pm Monday, Tuesday, Thursday and Friday – 3 to 7pm Saturday. October to March: 2 to 6pm Monday, Friday and Saturday. Current updated timetables on Google and Instagram (@cafes.sable)

## LE PANIER DE MAMOUNETTE

### Groceries

32 Rue Général de Gaulle – 29590 Le Faou  
0298810621

The Panier de Mamounette is located in the centre of LE FAOU, a Petite Cité de Caractère on the edge of the Crozon peninsula. In our fine grocery shop and delicatessen, you'll find regional produce, fresh fruit and vegetables of the day, local organic produce, fresh whole cheese cut for you, and service with a smile at all times. English spoken. Deutsch gesprochen. The Panier De Mamounette serves you: from Tuesday to Saturday, from 9am to 12:30pm, and from 3 to 7pm. Sundays from 9am to 1pm and 5 to 7pm. From 15 June to 30 August: open Monday to Saturday: from 8:30am to 12:30pm and from 3 to 7:30pm – Sundays from 9am to 1pm and from 5 to 7:30pm.



## LA TRINITAINE

### Biscuit makers and regional produce

Crozon / Camaret-sur-Mer  
contact@grouperlatrinitaine.com – www.latrinitaine.com

Located on the Route de Châteaulin in Crozon, and on the Quai Gustave Toudouze in Camaret, the Trinitaine family biscuit-makers is THE gourmet place to go!

Our Breton biscuits have been produced since 1955, using simple and authentic recipes and rigorously selected ingredients. Numerous regional products (cider, terrines, toffees, jams, etc...) are sourced directly from local producers selected by us.

All the ingredients for the finest gourmet hampers for every occasion (birthdays, retirement parties, holiday souvenirs, New Year gifts...). Come and pay us a visit soon!

All year and 7/7, from April to September.



## CIDRERIE DE ROZAVERN

Jennifer Scouarnec and Nicolas Mazeau



Kerferman – 29560 Telgruc-sur-Mer  
0298 26 0144 – contact@rozavern.fr – www.rozavern.fr

In our organically-farmed orchards, we harvest the fifty apple varieties that will be pressed into our ciders, including the AOP Cornouaille, apple juices, AOC Breton Pommeau and Lambig, cider chutney and cider vinegar. Accreditations: Agriculture Biologique, AOP, A.O.C., Valeurs Parc, and Bienvenue à la Ferme.

Direct sales at the farm (+ nearby markets and shops).

### Visit and tasting

From April to September. Monday-Saturday 10am-7pm. From October to March: Friday and Saturday 10am-7pm. See the www.rozavern.fr website.

**Guided tours:** in July-August, Tuesdays and Thursdays at 11am and 6pm; the rest of the year: see www.rozavern.fr

### In July-August:

. "Bienvenue à la Ferme" Producers' market at the cider farm every Monday from 5 to 8pm,

Catering on the premises.

. **Free concert** every Monday at 8pm. Catering on the premises.

. **Bar** on Friday and Saturday

Information, exhibitors and program on www.rozavern.fr.



## MAGASIN BIO LA VIE CLAIRE

### Organic and local produce

82 bd de la France Libre  
29160 Crozon  
0298 8106 99

Your organic shop, La Vie Claire welcomes you in attractive surroundings between Crozon and Morgat.

We offer numerous local organic products: seasonal fruit and vegetables, sweet and savoury groceries, sold loose, cellar, whole cheese freshly cut for you, fresh leavened bread, gluten-free produce, wellbeing and beauty products. A whole panoply of mouth-watering organic produce.

Feel like taking a little break? Enjoy our sunny terrace... See our updates on Facebook and Instagram.

Open non-stop Monday to Saturday + Sunday mornings (July and August)

Our timetables are updated on Google.





## LA MAISON DE LA SARDINE

### Grocery

24 Quai Gustave Toudouze - 29570 Camaret-sur-Mer - 09 87 03 09 28  
 boutique.camaret@pointedepenmarch.com - www.pointedepenmarch.com  
 Located opposite the Vauban tower, our shop Maison de la Sardine invites you on a gourmet tour of the flavours of the sea and Brittany!  
 Come and savour a selection of products connected with the wealth of the local heritage: POINTE DE PENMARC'H tinned seafood, delicious appetisers, Breton biscuits, decorative items and souvenirs! Shop open from April to November and during the Christmas school holidays.



## SHOPS

### CARREFOUR CONTACT

#### Supermarket

7 Rue Alsace Lorraine - 29160 Crozon  
 02 98 27 06 08 - www.carrefour.fr/magasin/contact-crozon

Welcome to Carrefour Contact!

Your daily shopping in the town centre in a friendly atmosphere! The excellent service, the smile and friendliness of the whole team! Find all your consumer products, as well as the market section (traditional butchers, delicatessen, roisserie, fruit and vegetables, bread and pastries).

Carte Traiteur - Service Drive - Home delivery

Open all year from Monday to Saturday, from 8am to 8pm, and Sundays from 9am to 1pm. SPECIAL SUNDAY OPENING FROM 4 TO 8PM, FROM 14 JULY TO 18 AUGUST.

# Carrefour contact



### SERGE KERGOAT EDITIONS

#### Publisher

2 rue de Liège - 29570 Camaret-sur-Mer  
 02 98 27 89 85 - www.zoizo.fr

Éditions Serge et Nicole Kergoat

Over 30 years in publishing: wildlife guides, children's books, books in Breton, articles, illustrated poems, coffee-table books...

We have published 2-3 books each year for the past 10 years.

Latest publication: a guide to help you identify the marine and coastal birds of the Crozon peninsula and Western France.

224 pages in colour, over 600 beautiful photographs, a 20-page photographic summary, illustrated with large photos to help you to identify more than 150 species using data sheets and intuitive pictograms.

Comparison pages provide pointers to help you differentiate between birds that look confusingly similar.

A dose of humour to sweeten the consultation!

Our aim: to help you recognise birds so you can protect them better.



### COMPTOIR DE LA MER

Mode Pêche Nautisme, Art de Vivre Déco Culture (Fashion, fishing, water sports, lifestyle, décor and culture)

Quai Auguste Tephany - 29570 Camaret-sur-Mer  
 02 98 27 99 42 - www.comptoirdelamer.fr

The history of Coopératives Maritimes has made its mark on the development of Comptoir de la Mer, whose logo retains a strong identity with the sea. "Le dernier espace de liberté sur la terre, c'est la mer" [the sea is the last of the Earth's free spaces] is the logo of the network offering its "Mode Pêche Nautisme Art de Vivre Déco Culture" sectors within the shops in Camaret-sur-Mer, Douarnenez, and Audierne.



### PRESQU'ÎLE COMPTOIR MARINE

Fashion sailing wear, fishing equipment, chandlery, Decorating, souvenirs, beach items, boat-maintenance products, stainless-steel screws, gas, hiking

1 allée des Tilleuls - 29160 Crozon-Morgat  
 02 98 26 61 15 - comptoir.marine29@orange.fr

Located in the centre of Morgat, 150 metres from the beach and the GR34, as well as a 3-minute cycle ride from the marina, Presqu'île Comptoir Marine offers a wide range of products geared to the sea: clothing brands such as Hublot, Helly Hansen, Saint-James, Le Glazik, and Guy Cotten, shoes from Botalo, Helly Hansen, Méduse, Aigle, beach items, chandlery, maintenance and repair products and equipment, rope, fishing, diving, longe côte, souvenirs, decoration, cutlery, stainless-steel screws and bolts sold individually, kites, hiking accessories, Campingaz refills (boats, hikers, camper cars, barbecues...).

Open all year, variable times. Click on the QR code to consult the updates.





## Les Cabines Du Bout Du Monde

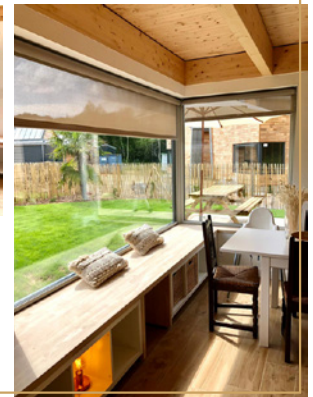
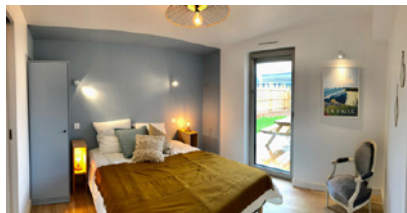
Location de Vacances 1 à 8 personnes.



Les Cabines sont situées au coeur de la presqu'île de Crozon, au 82 Boulevard de la France Libre.

Maisons en bois de 53 à 75m<sup>2</sup> toutes équipées à 5 minutes à pied de la plage de Morgat. Chaque cabine est indépendante et dispose d'une jolie terrasse en bois et d'un jardin privatif.

Proximité immédiate Boulangerie, Épicerie Bio, Salle de Sport, Boutiques.



Contactez-nous:

Tel: 06-52-39-28-99

e-mail: [lescabinesduboutdumonde@gmail.com](mailto:lescabinesduboutdumonde@gmail.com)

Reservez sur notre Site internet:

<https://les-cabines-du-bout-du-monde.fr/>



@lescabinesduboutdumonde



@lescabinesduboutdumonde\_morgat

# U express

## CAMARET - SUR - MER

U le commerce qui profite à tous

**Du LUNDI au SAMEDI**

**de 8 h 30 à 19 h 30**

**DIMANCHE de 9 H à 12 h 45**

Rue du Loch - Tél. 02 98 27 93 24





**MALICE**

Home decor, leisure

ZAC du Bourg - 29160 Crozon - Tel. 02 98 16 06 012

Rue Paul Gauguin - 29150 Châteaulin - Tel. 02 98 86 48 16

contact@magasin-malice.fr - www.magasin-malice.fr

Everything for decorating, storing and entertaining. Not forgetting all your sewing needs thanks to the haberdashery, wool, fabric and handicraft counter. For a trendy interior and exterior with brand names like Hespéride, Atmosphéra or Ostaría... A team of professionals will be on hand to offer you advice. Some great bargains, as always!



**ARTISTS - ART GALLERIES**

**GALERIE LABRUYÈRE**

Exhibition

918 route de Lambezen - 29570 Camaret sur Mer - 06 79 30 93 25

communication.thierrylabruyere@gmail.com - Labruyerethierry.com

Instagram/@labruyere.paysages

Instagram/@labruyerethy

Feel like pursuing your discovery of the Crozon Peninsula?

LA GALERIE in Lambézen awaits you. Thierry Labruyère pays homage to the Peninsula's landscapes in Finistère and the Mer d'Iroise. His painting combines depths and lights, as do the oil paint and glazes that he uses to depict the majestic wildlife that forms a part of our natural heritage.

Open every day from April to September, from 10am to 1pm and from 3 to 7pm (winter holidays from 10 February to 4 March, Easter holidays from 6 April to 5 May, and summer holidays).

From October to March, by appointment, tel: (+33) (0)6 79 30 93 25.



**CINEMAS**

**CINÉMAS DU BOUT DU MONDE**

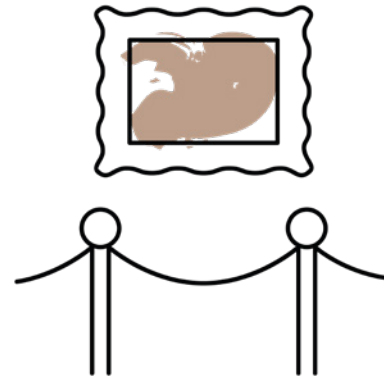
Film screenings

CINÉMA ROCAMADOUR - 4 bis, rue du Roz - 29570 Camaret-sur-Mer

CINÉMA LE REX - 41 rue de la Chalotais - 29160 Crozon

09 66 98 00 21 - cine.boutdumonde@orange.fr - www.cinema-rocamadour.fr

Art-House cinemas - Cinema member of RADi (Rocamadour - showing a short film before each screening) - Cinemas equipped for 3D digital screening.



**E.Leclerc**  
Presqu'île de Crozon  
PENANDREFF, 29160 CROZON - 02.98.27.04.74

parapharmacie  
E.Leclerc

JARDI  
E.Leclerc

optique  
E.Leclerc

Location  
E.Leclerc

LA PETITE ÎLE  
BRASSERIE • BAR • SNACKING  
02.98.27.27.70

espace  
culturel  
E.Leclerc

ZAC DU BOURG - 02.98.17.09.40

**E.Leclerc** EXPRESS **E.Leclerc** DRIVE

TAL AR GROAS - 02.98.16.02.80

**l'auto**  
E.Leclerc

TAL AR GROAS - 02.98.27.30.30



Suivez-nous sur Facebook  
<https://www.facebook.com/LeclercCrozon>



APPLICATION MON E.LECLERC  
Votre assistant personnel de courses.





# Armorlux

www.armorlux.com



© Studio Place Cliché - C. Raffinell

CROZON | RUE CROAS AN DOFFEN

Maison familiale



biscuiterie

## la trinitaine

fondée en 1955

### LE MEILLEUR DU BISCUIT BRETON

*et des Spécialités de nos Régions*



©Studio Erico D'Amo

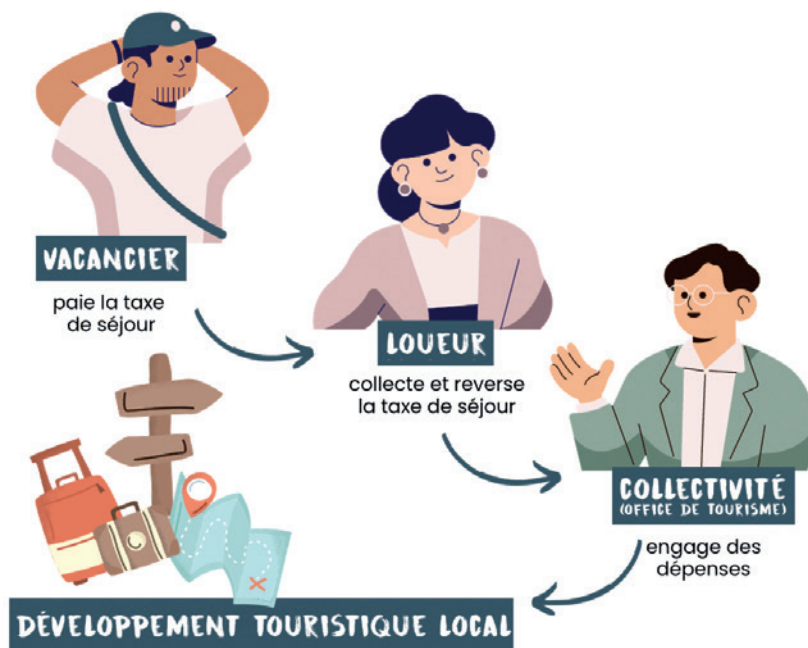
CROZON - 02 98 26 06 08 / CAMARET - 02 98 27 27 39

Pour votre santé : pratiquez une activité physique régulière. [www.mangerbouger.fr](http://www.mangerbouger.fr)



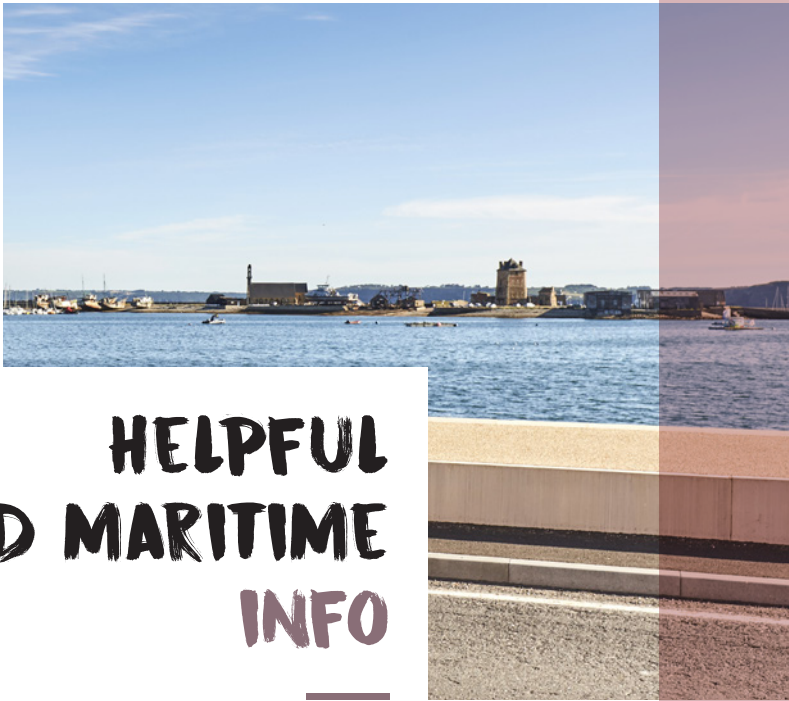
# TOURIST TAX

The compulsory tourist tax levied on visitors helps finance the running of the **Office de Tourisme** and its tourism promotional activities; it also contributes towards expenses connected with local tourism development and the management of tourist areas.





# HELPFUL AND MARITIME INFO



## PUBLIC LIBRARIES

### ARGOL

1 Route du Moulin - Tel. 02 98 73 54 02  
argol.bibliotheque@gmail.com

### CAMARET-SUR-MER

Rue de la Victoire - Tel. 02 98 27 86 28  
bibliothequesaintpolroux@orange.fr

### CROZON

Place de la Gare - Tel. 02 98 27 11 74  
bibliotheque@mairie-crozon.fr

### LANDÉVENNEC

Behind the mairie - Tel. 02 98 27 72 65  
biblio.landevennec@gmail.com

### LANVÉOC

Place de la Mairie - Tel. 02 98 27 57 90  
bibliotheque@lanveoc.com

### LE FAOU

Route de Térénez - Tel. 02 98 81 01 01  
bibliotheque@mairielefaou.fr

### PONT-DE-BUIS LÈS QUIMERC'H

Rue Albert Louppe - Tel. 02 98 26 94 83  
mediatheque@pontdebuislesquimerch.fr

### ROSCANVEL

8 rue de la Mairie - Tel. 02 98 27 42 99  
bibliotheque@roscanvel.fr

### ROSNOËN

2 Place de l'Eglise - Tel. 02 98 81 91 97  
lemondedulivreetdujeu@  
mairiederosnoen.fr

### TELGRUC-SUR-MER

10 Rue Feunteun Ven - Tel. 02 98 27 32 72  
bibiotelgruc@orange.fr



## EMERGENCY NUMBERS

European emergency number : 112

Samu: 15

Police emergency service - Police station: 17

Fire service: 18

Duty chemist: 3237

Poison control centre: 02 99 59 22 22

Sea rescue: 196

CHU hospital Brest: 02 98 22 33 33

Pediatric emergencies (up to 15 yrs),

Morvan hospital - Brest : 02 98 44 55 55

Hôpital des Armées, Emergencies - Brest:  
02 98 43 72 33

Emergencies Keraudren - Brest:  
02 98 34 29 27

## MARITIME SERVICES

### LE GUILVINEC

37 Rue de la Marine  
29730 Le Guilvinec  
Tel. 02 98 76 59 47

### CUSTOMS

Brest : Tel. 02 98 33 97 14

### CROSS CORSEN

Tel. 196 or 02 98 89 31 31  
Canal VHF 16

### WEATHER FORECAST

**Regional:** Tel. 08 36 68 00 00

**Departure:** Tel. 08 36 68 02 29

**Coastal:** Tel. 08 36 68 08 29

**Ocean Surf Report - 24H/24**

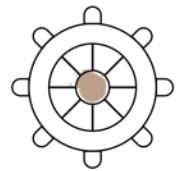
**Daily Surf forecast:** Tel. 08 36 68 13 60

**Offshore forecast:** Tel. 08 36 68 08 08

### COASTAL MOORINGS

Anse de Dinan - Anse de Pen-Hir  
Cameros - L'Aber - Landévennec  
Le Fret - Roscanvel - Saint-Hernot

## HARBOURS



### STOPPING OFF ON THE PENINSULA!

The Peninsula's shores offer an opportunity for all sailors to cruise in a natural environment within the bounds of Finistère.

### GREEN SAILING!

Eco-sailing is a responsible approach to developing green solutions regarding the behaviour of sailors, the life cycles of boats and the environmental quality of harbours. In the harbour, at sea or out fishing, respect the environment and the marine ecosystems, by adopting a responsible attitude and community spirit.

### CAMARET-SUR-MER HARBOUR

A marina in the town centre.

Contact capitainerie:

quai Toudouze - 02 98 27 89 31

capitainerie.camaret@wanadoo.fr

### MORGAT AND LE FRET HARBOURS

Contact harbour master:

02 98 27 01 97

ports@mairie-crozon.fr

### SMALL HARBOURS AND MOORINGS

Rosnoën : 02 98 27 24 76

Landévennec : 02 98 27 72 65

Lanvéoc : 06 40 66 89 40

Roscanvel : 02 98 27 48 51



Camping  
Le Panoramic.  
Telgruc/Mer



## CAMPER VANS AND ADAPTED VEHICLES

Every year you come in your thousands to travel through our region in camper vans or adapted vehicles, drawn here by the beauty of the landscapes. These still-unspoiled spaces are also extremely fragile. That's why, to reconcile exploring the sites with protecting the environment, you must follow the correct practices!

For a restful night, you're invited to go to the **designated facilities** (camper-van, parks, service areas, campsites).

### Stationnements:

- Roscanvel
- Lanvéoc
- Landévennec
- Telgruc/mer
- Argol
- Rosnoën
- Pont-de-Buis-lès-Quimerç'h



### Camper-van parks:

- Crozon • Morgat
- Camaret/mer • Le Faou
- Le Fret

### Service areas:

- Crozon
- Port de Térénez

## OUR BROCHURES

Accommodation, leisure activities, iconic sites, entertainment... In our tourist offices and information bureaux, you'll find all the documentation you need to ensure your stay is a huge success, and a lot more besides!



## L'AMÉTHYSTE

The Améthyste cultural centre organises a year-long programme of events for everyone. Concerts, dance, theatre, circus, conferences... you'll be spoilt for choice with this new amenity that was inaugurated in 2021.

Find the programme and timetables on [www.comcom-crozon.bzh](http://www.comcom-crozon.bzh)

### Further info

L'Améthyste

1 place Étienne Schlumberger

29160 Crozon.

Tel. 02 98 86 49 08

Ticket sales and information online, on the premises on the days of the events, and at the Crozon tourist office.







# SENSATION BRETAGNE

Plunge into the Sensation Bretagne adventure, where every stop is an invitation to live, to experience and unwind in a way that goes beyond a simple journey and becomes an unforgettable experience. The Breton coastline awaits you, ready to offer you 30 reasons to fall in love with its shores and its traditions.



## Promesse 1

ici, on ne s'ennuie jamais !

## Promesse 2

ici, rien n'est laissé au hasard !

## Promesse 3

ici, le plaisir de la balade prend tout son sens !

## Promesse 4

ici, les joies du bord de mer c'est pour tout le monde !

## Promesse 5

ici l'offre d'accueil est sans compromis !

# BREST TERRES OCÉANES

## THE CROZON AULNE MARITIME PENINSULA AT THE HEART OF BREST TERRES OCÉANES

### Getaways on the Route des Phares de Brest terres océanes

This is where you'll find the world's greatest concentration of lighthouses, on the coast, out at sea, or on the islands. Must-visits include: St-Mathieu at Plougonvelin and the Île Vierge at Plouguerneau (the highest in Europe).

### Breathe in the sea air on foot, on a bike, or on the water.

The famous Breton footpath, the GR®34, the Vélouroute, and the Littorale V45, await those who enjoy rambling or a day's hike. For those who love being on the water: kayaking in the abers, swimrun on the Côte des Légendes, paddling on the river Daoulas, or snorkelling in the Molène archipelago.







## OUR COMMITMENTS TO QUALITY

### WELCOMING, AND OFFERING GUIDANCE AND SATISFACTION, WITH PROFESSIONALISM AND GOOD HUMOUR

The tourist office is a key player in serving the Crozon peninsula-Aulne maritime region's clientele and local economy. It projects the images of local policy, of its commitments and of the work carried out on a daily basis by a team of technical staff.

This is why elected representatives, local professionals and the team of the Office Communautaire de la Presqu'île de Crozon Aulne Maritime make every effort to provide satisfaction throughout your stay, while sharing with you the identity and respect of our beautiful region.

Patrick BERTHELOT,  
President of the Office de tourisme  
communautaire

To this end and in compliance with the quality criteria of the French tourist offices, we commit ourselves to:

- **Optimise** the quality of our services
- **Welcome** visitors and **offer** them a competent and appropriate service
- Develop customer **loyalty**
- **Foster and develop** relations with partners
- **Evaluate** the quality of our services through questionnaires, exchange grants...
- **Improve and develop** our services internally by means of staff meetings, training, and exchange visits within our network of partners...







# TOURIST OFFICES

FREE DOWNLOADS « INTRAMUROS » AND « PRESQU'ÎLE DE CROZON TOUR » APPS on Apple Store and Google Play.



**IntraMuros**

Find us on the social media websites!

[www.crozon-tourisme.bzh](http://www.crozon-tourisme.bzh)

@PresquiledeCrozontourisme

@crozontourisme

## CALENDAR OF SEASONAL ACTIVITIES

Available on our Website and our APP



## OFFICE DE TOURISME COMMUNAUTAIRE PRESQU'ÎLE DE CROZON - AULNE MARITIME

Our tourism advisors will take care of you, providing information in the offices located throughout the region. Book your activities, and benefit from our personalised advice on ticket sales, shops, activities and wifi access.

### PERMANENT OFFICES

#### CAMARET-SUR-MER

1A rue des Quatre Vents  
29570 Camaret-sur-Mer  
Tel. 02 98 27 93 60  
[tourisme-camaretsurmer@comcom-crozon.bzh](mailto:tourisme-camaretsurmer@comcom-crozon.bzh)  
Free WIFI 24/24

#### CROZON

Boulevard Pralognan La Vanoise  
29160 Crozon  
Tel. 02 98 27 07 92  
[tourisme@comcom-crozon.bzh](mailto:tourisme@comcom-crozon.bzh)

#### July-August

- Monday to Saturday:  
Open non-stop from 9:30am to 6:30pm
- Sundays: 10am to 1pm

#### From 1 October to 31 March:

- From 9:30am to 12pm and from 1:30 to 5:30pm
- Closed Thursday afternoon

#### From 1 April to 30 September:

- From 9:30am to 12:30pm and from 2 to 6pm

### SEASONAL OFFICES

#### LANDÉVENNEC, LANVÉOC, LE FAOU, MORGAT, ROSCANVEL ET TELGRUC/MER

Timetables available on our website: [crozon-tourisme.bzh](http://crozon-tourisme.bzh). Times subject to modification; please check the updates on the website.

### TICKET SALES OFFERED BY THE OFFICE DE TOURISME

#### The maritime companies:

- Penn Ar Bed
- Finist'Mer

#### Culture:

- le Festival du Bout du Monde,
- l'Améthyste.

#### Leisure activities:

- Océanopolis,
- la Bicyclette Ouessant.

#### Transport:

- Flixbus,
- Breizhgo.

#### Sea trips:

- Le Brestoâ C<sup>ie</sup> Brest Ouest
- les Vedettes de l'Odet
- les Vedettes Sirènes
- Eizh
- Catavoile 29.





# Biscuiterie de Camaret



**Dégustation gratuite**

**Démonstration de la fabrication**



**Un sachet de 6 galettes OFFERT**

\*Offre valable une 1 fois par foyer jusqu'au 31/12/2024.

Coupon à présenter en magasin



**Ouvert tous les jours**  
y compris les dimanches  
et jours fériés



**Magasin à Camaret :**

Route de Crozon - 29570 Camaret-Sur-Mer Tél. 02 98 27 88 08

4 Quai Gustave Toudouze - 29570 Camaret-Sur-Mer Tél. 02 98 17 05 84

**Magasin à Crozon**

11 Rue de Reims - 29160 Crozon Tél. 02 56 04 72 76

[www.biscuiteriedecamaret.com](http://www.biscuiteriedecamaret.com)