

Les marées 2025

Plounéour-Brignogan-Plages Finistère



Janvier

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	06:29	80	18:51	81	00:36	12:58
2 J	07:09	82	19:32	83	01:16	13:39
3 V	07:50	82	20:14	81	01:58	14:22
4 S	08:33	80	20:59	78	02:41	15:06
5 D	09:19	75	21:46	72	03:26	15:53
6 L	10:09	68	22:38	64	04:14	16:43
7 M	11:04	61	23:38	58	05:07	17:38
8 M	---	---	12:10	55	06:08	18:43
9 J	00:48	54	13:25	54	07:19	19:56
10 V	02:05	55	14:43	58	08:35	21:09
11 S	03:16	61	15:51	65	09:46	22:14
12 D	04:17	69	16:49	74	10:47	23:10
13 L	05:09	77	17:38	81	11:39	23:59
14 M	05:54	83	18:22	85	---	12:26
15 M	06:36	86	19:03	86	00:44	13:09
16 J	07:16	86	19:40	85	01:24	13:48
17 V	07:52	83	20:16	80	02:02	14:25
18 S	08:27	76	20:49	72	02:37	14:58
19 D	08:59	68	21:21	63	03:10	15:30
20 L	09:31	59	21:54	53	03:42	16:02
21 M	10:06	48	22:34	43	04:16	16:37
22 M	10:50	39	23:27	35	04:56	17:20
23 J	11:51	32	---	---	05:49	18:22
24 V	00:41	31	13:13	31	07:06	19:48
25 S	02:05	34	14:38	37	08:33	21:08
26 D	03:17	43	15:45	48	09:42	22:09
27 L	04:12	55	16:37	61	10:36	22:59
28 M	04:57	67	17:21	73	11:22	23:43
29 M	05:39	79	18:02	84	---	12:06
30 J	06:19	89	18:42	93	00:25	12:48
31 V	06:59	96	19:21	98	01:07	13:29

Février

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 S	07:39	99	20:01	98	01:48	14:11
2 D	08:20	96	20:42	93	02:29	14:52
3 L	09:01	89	21:23	84	03:10	15:34
4 M	09:44	78	22:07	71	03:53	16:17
5 M	10:32	64	22:59	57	04:39	17:05
6 J	11:33	50	---	---	05:33	18:06
7 V	00:10	46	12:59	43	06:46	19:29
8 S	01:44	43	14:37	46	08:20	21:00
9 D	03:11	50	15:53	56	09:47	22:13
10 L	04:15	62	16:48	68	10:47	23:08
11 M	05:04	74	17:32	78	11:36	23:52
12 M	05:46	82	18:10	86	---	12:17
13 J	06:22	88	18:44	89	00:31	12:54
14 V	06:56	90	19:17	90	01:07	13:27
15 S	07:28	89	19:47	87	01:39	13:58
16 D	07:57	84	20:14	80	02:09	14:26
17 L	08:24	76	20:41	72	02:37	14:53
18 M	08:51	67	21:07	61	03:04	15:19
19 M	09:19	56	21:37	49	03:32	15:47
20 J	09:52	44	22:17	38	04:04	16:19
21 V	10:40	32	23:23	28	04:45	17:07
22 S	---	---	12:07	25	05:53	18:36
23 D	01:11	26	14:04	30	07:46	20:35
24 L	02:49	36	15:26	44	09:17	21:49
25 M	03:51	52	16:20	60	10:16	22:24
26 M	04:39	69	17:03	77	11:04	23:21
27 J	05:21	85	17:44	92	11:47	---
28 V	06:01	99	18:23	104	00:07	12:29

Mars

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 S	06:41	108	19:02	110	00:49	13:10
2 D	07:20	111	19:40	109	01:29	13:51
3 L	08:00	107	20:19	102	02:09	14:31
4 M	08:39	96	20:58	89	02:50	15:11
5 M	09:20	80	21:39	72	03:30	15:52
6 J	10:07	62	22:30	53	04:14	16:38
7 V	11:09	45	23:44	39	05:08	17:39
8 S	---	---	12:49	36	06:27	19:14
9 D	01:35	37	14:38	41	08:20	20:59
10 L	03:06	47	15:48	54	09:43	22:07
11 M	04:06	61	16:36	68	10:37	22:55
12 M	04:50	73	17:14	78	11:19	23:34
13 J	05:26	82	17:47	85	11:56	---
14 V	05:59	88	18:18	89	00:09	12:29
15 S	06:30	90	18:47	90	00:41	12:59
16 D	06:58	89	19:14	88	01:10	13:26
17 L	07:25	86	19:40	83	01:38	13:53
18 M	07:51	79	20:05	75	02:05	14:18
19 M	08:16	70	20:30	65	02:31	14:43
20 J	08:42	59	20:57	53	02:58	15:10
21 V	09:13	47	21:33	41	03:28	15:41
22 S	09:58	35	22:32	29	04:07	16:26
23 D	11:24	26	---	---	05:09	17:48
24 L	00:25	26	13:31	29	07:02	19:58
25 M	02:14	36	14:57	44	08:45	21:19
26 M	03:21	54	15:52	63	09:47	22:12
27 J	04:10	73	16:36	82	10:36	22:58
28 V	04:54	90	17:17	97	11:21	23:42
29 S	05:36	104	17:57	109	---	12:04
30 D	07:16	112	19:36	114	00:24	13:45
31 L	07:57	114	20:16	111	02:06	14:27

Avril

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	08:38	107	20:55	102	02:47	15:07
2 M	09:19	95	21:35	87	03:29	15:48
3 J	10:01	77	22:19	68	04:11	16:30
4 V	10:51	58	23:12	50	04:57	17:18
5 S	11:59	42	---	---	05:54	18:24
6 D	00:31	37	13:43	35	07:17	20:03
7 L	02:19	37	15:21	42	09:05	21:38
8 M	03:43	47	16:23	54	10:19	22:41
9 M	04:39	59	17:07	65	11:09	23:26
10 J	05:21	70	17:43	74	11:49	---
11 V	05:56	78	18:16	81	00:04	12:25
12 S	06:29	83	18:46	84	00:38	12:56
13 D	06:59	85	19:14	85	01:10	13:26
14 L	07:27	85	19:41	84	01:39	13:54
15 M	07:54	82	20:08	80	02:08	14:21
16 M	08:22	77	20:35	73	02:36	14:48
17 J	08:49	69	21:03	65	03:04	15:15
18 V	09:20	60	21:35	54	03:34	15:45
19 S	09:55	49	22:15	44	04:08	16:21
20 D	10:46	39	23:18	34	04:51	17:11
21 L	---	---	12:09	32	05:55	18:30
22 M	00:54	32	13:53	35	07:29	20:17
23 M	02:30	41	15:15	48	09:02	21:37
24 J	03:40	57	16:14	65	10:08	22:35
25 V	04:34	74	17:02	82	11:01	23:25
26 S	05:22	90	17:46	96	11:49	---
27 D	06:07	101	18:28	105	00:12	12:35
28 L	06:51	108	19:10	108	00:57	13:19
29 M	07:35	107	19:52	105	01:42	14:03
30 M	08:19	101	20:35	96	02:26	14:46

Mai

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 J	09:04	89	21:20	82	03:11	15:30
2 V	09:51	74	22:07	66	03:57	16:16
3 S	10:44	58	23:03	51	04:46	17:07
4 D	11:50	45	---	---	05:45	18:11
5 L	00:15	42	13:15	40	06:58	19:32
6 M	01:41	40	14:36	43	08:21	20:52
7 M	02:57	46	15:38	50	09:32	21:55
8 J	03:54	54	16:24	58	10:25	22:44
9 V	04:40	62	17:04	65	11:08	23:25
10 S	05:19	68	17:39	71	11:46	---
11 D	05:54	73	18:12	75	00:02	12:20
12 L	06:27	76	18:43	76	00:36	12:53
13 M	06:59	77	19:13	76	01:09	13:24
14 M	07:30	76	19:44	74	01:41	13:54
15 J	08:01	73	20:15	70	02:13	14:25
16 V	08:34	68	20:49	65	02:45	14:58
17 S	09:11	61	21:28	58	03:21	15:34
18 D	09:54	54	22:15	50	04:00	16:16
19 L	10:47	47	23:14	45	04:48	17:09
20 M	11:55	44	---	---	05:47	18:17
21 M	00:27	44	13:12	46	07:00	19:36
22 J	01:44	49	14:27	54	08:16	20:51
23 V	02:54	59	15:30	65	09:24	21:54
24 S	03:55	71	16:25	77	10:23	22:51
25 D	04:49	83	17:15	88	11:17	23:43
26 L	05:41	92	18:03	94	---	12:08
27 M	06:30	96	18:50	97	00:34	12:56
28 M	07:19	96	19:36	95	01:23	13:44
29 J	08:07	92	20:23	89	02:11	14:31
30 V	08:55	84	21:10	79	02:59	15:17
31 S	09:43	74	21:58	69	03:47	16:05

Juin

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 D	10:33	63	22:49	58	04:36	16:54
2 L	11:27	53	23:45	49	05:27	17:47
3 M	---	---	12:27	46	06:23	18:46
4 M	00:48	44	13:33	43	07:23	19:49
5 J	01:53	43	14:35	44	08:25	20:53
6 V	02:55	46	15:31	48	09:25	21:50
7 S	03:50	51	16:20	53	10:17	22:40
8 D	04:38	56	17:03	59	11:03	23:24
9 L	05:21	61	17:42	64	11:45	---
10 M	06:00	66	18:18	67	00:05	12:24
11 M	06:37	69	18:53	70	00:44	13:01
12 J	07:14	71	19:28	71	01:21	13:36
13 V	07:50	71	20:05	71	01:58	14:12
14 S	08:28	70	20:44	70	02:35	14:50
15 D	09:08	68	21:25	67	03:14	15:30
16 L	09:51	65	22:11	63	03:57	16

Les marées 2025

Plounéour-Brignogan-Plages Finistère



Juillet

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	10:51	62	23:06	57	04:58	17:12
2 M	11:34	53	23:50	49	05:39	17:55
3 J	---:--	---	12:23	45	06:22	18:43
4 V	00:42	42	13:21	39	07:13	19:42
5 S	01:44	38	14:27	38	08:15	20:49
6 D	02:52	39	15:33	41	09:22	21:55
7 L	03:58	44	16:30	47	10:24	22:52
8 M	04:54	50	17:18	54	11:17	23:42
9 M	05:42	58	18:01	62	---:--	12:03
10 J	06:24	65	18:40	68	00:26	12:45
11 V	07:03	71	19:18	74	01:07	13:24
12 S	07:41	76	19:56	78	01:47	14:03
13 D	08:19	80	20:35	81	02:26	14:42
14 L	08:58	81	21:15	81	03:06	15:22
15 M	09:39	80	21:56	78	03:46	16:03
16 M	10:20	76	22:40	72	04:28	16:46
17 J	11:05	69	23:29	65	05:12	17:33
18 V	11:56	62	---:--	---	06:01	18:26
19 S	00:26	58	12:58	55	06:58	19:31
20 D	01:36	53	14:14	52	08:07	20:48
21 L	02:58	53	15:35	56	09:25	22:07
22 M	04:17	59	16:46	64	10:39	23:16
23 M	05:23	69	17:44	73	11:43	---:--
24 J	06:18	78	18:34	82	00:15	12:38
25 V	07:06	85	19:19	87	01:07	13:26
26 S	07:49	89	20:01	89	01:53	14:09
27 D	08:28	89	20:39	87	02:35	14:49
28 L	09:05	85	21:16	82	03:13	15:25
29 M	09:39	78	21:49	74	03:49	16:00
30 M	10:11	69	22:22	64	04:21	16:32
31 J	10:43	58	22:56	53	04:53	17:05

Août

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 V	11:19	47	23:36	42	05:26	17:42
2 S	---:--	---	12:07	37	06:05	18:31
3 D	00:31	33	13:15	30	07:00	19:44
4 L	01:51	29	14:44	31	08:24	21:15
5 M	03:24	34	16:04	38	09:51	22:29
6 M	04:36	43	17:00	49	10:56	23:24
7 J	05:27	55	17:45	61	11:46	---:--
8 V	06:10	67	18:24	73	00:10	12:29
9 S	06:48	78	19:02	83	00:51	13:09
10 D	07:26	87	19:40	90	01:31	13:48
11 L	08:03	93	20:18	95	02:10	14:26
12 M	08:40	95	20:56	95	02:49	15:05
13 M	09:17	93	21:35	90	03:28	15:44
14 J	09:56	86	22:15	81	04:07	16:24
15 V	10:36	75	23:01	68	04:48	17:07
16 S	11:24	62	23:56	55	05:33	17:58
17 D	---:--	---	12:27	49	06:28	19:05
18 L	01:15	45	13:57	43	07:43	20:36
19 M	02:57	44	15:35	48	09:19	22:10
20 M	04:23	54	16:47	60	10:41	23:20
21 J	05:24	67	17:41	73	11:42	---:--
22 V	06:12	78	18:25	83	00:12	12:30
23 S	06:52	87	19:04	89	00:57	13:12
24 D	07:28	91	19:39	92	01:36	13:50
25 L	08:02	92	20:12	91	02:12	14:24
26 M	08:33	89	20:43	86	02:44	14:55
27 M	09:02	82	21:12	78	03:14	15:24
28 J	09:29	73	21:39	68	03:42	15:52
29 V	09:56	62	22:07	56	04:09	16:20
30 S	10:25	50	22:39	44	04:36	16:51
31 D	11:04	37	23:27	32	05:07	17:32

Septembre

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 L	---:--	---	12:07	27	05:53	18:39
2 M	00:54	24	13:56	24	07:21	20:36
3 M	02:55	28	15:37	34	09:23	22:07
4 J	04:16	41	16:38	49	10:35	23:02
5 V	05:06	56	17:22	65	11:24	23:47
6 S	05:47	72	18:01	80	---:--	12:06
7 D	06:25	86	18:39	92	00:28	12:46
8 L	07:02	97	19:16	101	01:07	13:25
9 M	07:38	104	19:54	106	01:46	14:04
10 M	08:14	106	20:32	104	02:25	14:42
11 J	08:51	101	21:10	96	03:04	15:21
12 V	09:29	90	21:51	83	03:43	16:02
13 S	10:11	75	22:37	66	04:24	16:45
14 D	10:59	58	23:38	49	05:09	17:37
15 L	---:--	---	12:09	43	06:07	18:52
16 M	01:13	38	13:55	38	07:36	20:40
17 M	03:05	41	15:35	47	09:22	22:13
18 J	04:21	54	16:40	61	10:37	23:10
19 V	05:13	68	17:26	74	11:29	23:55
20 S	05:53	79	18:05	84	---:--	12:12
21 D	06:28	87	18:39	89	00:35	12:49
22 L	07:00	91	19:11	91	01:10	13:23
23 M	07:30	91	19:41	90	01:42	13:53
24 M	07:58	88	20:09	86	02:11	14:22
25 J	08:25	82	20:35	78	02:39	14:50
26 V	08:50	74	21:00	69	03:05	15:16
27 S	09:16	63	21:27	58	03:30	15:43
28 D	09:43	52	21:57	46	03:56	16:13
29 L	10:18	39	22:42	33	04:26	16:51
30 M	11:17	28	---:--	---	05:10	17:53

Octobre

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	00:11	25	13:09	24	06:30	19:50
2 J	02:17	28	14:57	34	08:43	21:31
3 V	03:42	42	16:03	50	10:01	22:29
4 S	04:33	59	16:49	68	10:51	23:14
5 D	05:15	76	17:30	84	11:35	23:56
6 L	05:54	91	18:10	98	---:--	12:16
7 M	06:32	103	18:49	107	00:37	12:57
8 M	07:09	109	19:28	110	01:18	13:38
9 J	07:47	109	20:08	106	01:59	14:19
10 V	08:27	102	20:49	96	02:40	15:00
11 S	09:08	89	21:34	81	03:21	15:43
12 D	09:52	72	22:25	63	04:05	16:30
13 L	10:46	55	23:33	47	04:54	17:28
14 M	---:--	---	12:02	41	05:58	18:49
15 M	01:13	39	13:46	40	07:30	20:35
16 J	02:53	44	15:16	49	09:06	21:52
17 V	03:59	55	16:15	61	10:13	22:44
18 S	04:45	67	16:59	71	11:02	23:27
19 D	05:23	76	17:36	79	11:42	---:--
20 L	05:57	82	18:09	84	00:04	12:19
21 M	06:28	85	18:40	86	00:38	12:51
22 M	06:58	86	19:10	85	01:09	13:22
23 J	07:26	83	19:38	81	01:38	13:51
24 V	07:53	79	20:05	76	02:06	14:20
25 S	08:20	72	20:32	68	02:33	14:48
26 D	07:47	63	20:02	59	02:01	14:18
27 L	08:18	53	20:36	48	02:30	14:51
28 M	08:57	43	21:24	38	03:04	15:32
29 M	09:55	34	22:44	31	03:51	16:31
30 J	11:26	31	---:--	---	05:04	18:02
31 V	00:26	33	13:02	38	06:46	19:36

L'horaire compris entre 2h et 3h est donné en heure d'hiver
(UTC+01:00) le 26 octobre 2025.

Novembre

DATE	PLEINES MERS				BASSES MERS	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 S	01:50	44	14:13	52	08:10	20:42
2 D	02:48	60	15:07	68	09:08	21:34
3 L	03:36	76	15:54	84	09:57	22:21
4 M	04:19	90	16:38	96	10:43	23:06
5 M	05:01	101	17:22	104	11:29	23:51
6 J	05:42	106	18:05	106	---:--	12:13
7 V	06:25	105	18:50	102	00:35	12:58
8 S	07:09	98	19:36	93	01:20	13:44
9 D	07:54	87	20:25	79	02:05	14:31
10 L	08:44	72	21:20	65	02:53	15:23
11 M	09:40	58	22:26	52	03:46	16:21
12 M	10:48	47	23:47	45	04:49	17:32
13 J	---:--	---	12:11	44	06:04	18:53
14 V	01:09	45	13:30	48	07:23	20:06
15 S	02:14	51	14:31	55	08:29	21:02
16 D	03:04	59	15:19	62	09:22	21:48
17 L	03:45	66	16:01	69	10:06	22:28
18 M	04:23	71	16:38	73	10:45	23:04
19 M	04:57	75	17:12	76	11:20	23:38
20 J	05:30	77	17:44	77	11:54	---:--
21 V	06:01	76	18:15	76	00:10	12:27
22 S	06:31	74	18:46	73	00:41	12:58
23 D	07:01	70	19:18	68	01:12	13:31
24 L	07:34	65	19:52	62	01:44	14:04
25 M	08:10	59	20:32	55	02:18	14:41
26 M	08:52	52	21:19	49	02:57	15:24
27 J	09:44	46	22:20	44	03:44	16:17
28 V	10:49	43	23:33	43	04:43	17:23
29 S	---:--	---	12:04	45	05:55	18:37
30 D	00:48	48	13:16	53	07:11	19:48

Décembre

DATE		PLEINES MERS				BASSES MERS	
		Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1	L	01:55	58	14:21	64	08:19	20:50
2	M	02:53	70	15:18	76	09:19	21:46
3	M	03:46	82	16:11	87	10:13	22:39
4	J	04:35	91	17:02	94	11:05	23:29
5	V	05:24	97	17:52	98	11:55	---
6	S	06:12	98	18:41	97	00:18	12:45
7	D	07:00	95	19:31	92	01:07	13:35
8	L	07:48	88	20:20	83	01:56	14:24
9	M	08:37	78	21:11	72	02:45	15:14
10	M	09:27	67	22:03	61	03:34	16:05
11	J	10:20	57	23:00	52	04:25	16:59
12	V	11:18	49	---	---	05:20	17:56
13	S	00:03	46	12:23	45	06:21	18:58
14	D	01:08	44	13:28	45	07:25	20:01
15	L	02:09	47	14:29	49	08:28	20:59
16	M	03:03	51	15:23	54	09:23	21:49
17	M	03:50	57	16:09	60	10:12	22:33
18	J	04:32	63	16:50	65	10:54	23:13
19	V	05:09	67	17:27	69	11:33	23:50
20	S	05:44	71	18:02	72	---	12:10
21	D	06:18	73	18:37	73	00:26	12:46
22	L	06:52	73	19:12	73	01:01	13:21
23	M	07:28	72	19:48	71	01:36	13:57
24	M	08:05	70	20:26	68	02:12	14:35
25	J	08:44	66	21:08	64	02:51	15:15
26	V	09:28	61	21:54	59	03:33	16:00
27	S	10:17	57	22:48	55	04:20	16:50
28	D	11:14	53	23:51	52	05:15	17:48
29	L	---	---	12:22	53	06:19	18:56
30	M	01:02	54	13:36	56	07:32	20:09
31	M	02:15	60	14:50	64	08:45	21:18