



THE LOOP STEP BY STEP

By woods, shoreline and polder
« Dre goad, aod a polder »

Start from the Combrit town hall car park.

As you leave the car park, turn right towards the roundabout and then left. At the first crossroads, turn left towards the **Roscouré woods (2)**. Follow the **Chemin du Stang** and continue straight on past the cemetery. After the first farm on your right, continue for 1 km on the forest track: you will reach the first crossroads. Turn right and, after 250 m, turn right again to go down to the dyke (**be careful, the ground can be slippery**). You can now follow the path along the river until it reaches the **Cornouaille bridge (5)**.

At the bridge, turn right onto the main road. Follow the cycle lane to the roundabout. Use the cycle path to reach Sainte-Marine, on the left. Continue straight ahead. To follow the first variant to the **peaceful area of Roscanvel (17, 18)**, you can turn right into **rue de Béréven**.

The main route continues straight on towards Sainte-Marine. Take the first turning on the left (allée des chênes). Follow the path until you reach **rue du Ménez**. At the next roundabout, you can stop off at the **little port of Sainte-Marine (10) and discover its heritage (6, 7, 8, 9, 11)**. Alternatively, continue straight on until you reach **Pen Morvan beach**. Just before the car park, turn right to follow the customs path along the coast. After the **Kermor beach (14)** car park, you can turn right onto the **allée cavalière** and take the alternative route through the **heart of the Polder (15)**. Alternatively, continue straight on to the **Treustel beach** car park. Just before the car park, turn right **on route du Treustel** to join a track heading north. At the end of the track, turn right on to **rue du Treustel**. Then, turn right on route de Kergulan, in front of the "Domaine de Kerloc'h", towards Combrit. After 1 km, and after passing **Kergulan**, you will find a track to the left (just before a house). Take this path and, at the end, turn right and then right again onto **route de la Clarté**. Turn right again to pass the **Chapel de La Clarté and its fountain (22, 23)**. Continue along the road and turn right into the town of Combrit. At the roundabout, go straight ahead and then turn left onto **rue Poul ar ven dero**. At the end of the road, turn right one last time. You will pass the **church of Saint-Tugdual (27)** before returning to the town hall car park.

S/E : town hall carpark

Level : difficult	Distance : 15,5 km	Duration : 2h15	Elevation gain : 159 D+	Recommended bike : Hybrid bike, mountain bike
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A REMINDER OF GOOD PRACTICE

- Make sure you are properly equipped before setting off: check the condition of your bike (brakes, lights, tyres) and make sure you have everything you need for repairs.
- Wearing a helmet is compulsory for children under 12 and strongly recommended for adults. Yellow vests are recommended outside built-up areas.
- Share the road and respect the rules: pedestrian areas, pavement, etc.
- Respect private property.
- Do not leave any objects or rubbish behind.
- Respect the fragile balance of flora and fauna.

Find your way



This loop is not marked



Do not litter



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Find our opening times here



Photos : A.Lamoureux, J. Jéhanin
Pictos : Vague Graphique

THE TOURIST OFFICE AND THE COMMUNAUTÉ DE COMMUNES DU PAYS BIGOUDEN SUD CAN UNDER NO CIRCUMSTANCES BE HELD RESPONSIBLE FOR ANY DAMAGE CAUSED OR SUFFERED IN THE EVENT OF AN ACCIDENT, DAMAGE OR DETERIORATION.

BRETAGNE

Office de Tourisme
Pays Bigouden

la Bretagne qui découvre



BIKE



Combrit - Sainte - Marine



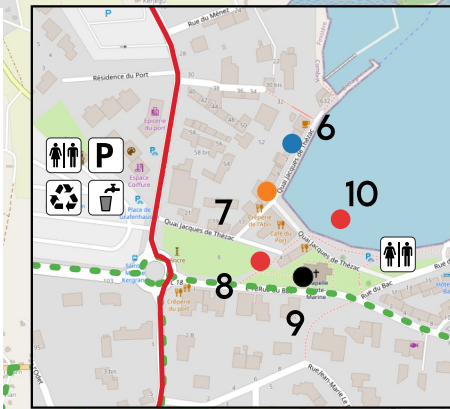
2026 - 2027



COMBRIT-SAINTE-MARINE LOOP - "BY WOODS, SHORELINE AND POLDER"

ON THE WAY...

- 1 - TOULIGAON FOUNTAIN
- 2 - ROSCOURÉ WOODS
- 3 - ROSCOURÉ FARM
- 4 - ROSCOURÉ FOUNTAIN
- 5 - CORNOUAILLE BRIDGE
- 6 - THE CAPTAIN'S HOUSE
- 7 - ABRI DU MARIN (MUSEUM)
- 8 - SAINTE-MARINE FOUNTAIN AND LAVOIR
- 9 - SAINTE-MARINE CHAPEL
- 10 - SAINTE-MARINE PORT
- 11 - SAINTE-MARINE SLIPWAY
- 12 - SAINTE-MARINE NAUTICAL CENTRE
- 13 - TRAOU AR MENEZ LAVOIR
- 14 - KERMOR BEACH
- 15 - LE POLDER
- 16 - TREUSTEL NEVEZ MENHIR
- 17 - ROSCANVEL FARM
- 18 - ROSCANVEL FOUNTAIN
- 19 - KERHARO LAVOIR
- 20 - OLD PIGEON TOWER
- 21 - KERDEC'H FOUNTAIN AND LAVOIR
- 22 - NOTRE-DAME DE LA CLARTÉ CHAPEL
- 23 - SAINT-VENNEC FOUNTAIN
- 24 - LÉOC PROTOHISTORIC STELE
- 25 - CROAS VER CROSS
- 26 - CROAS AR BLÉON CALVARY
- 27 - SAINT-TUGDUAL CHURCH



LEGEND

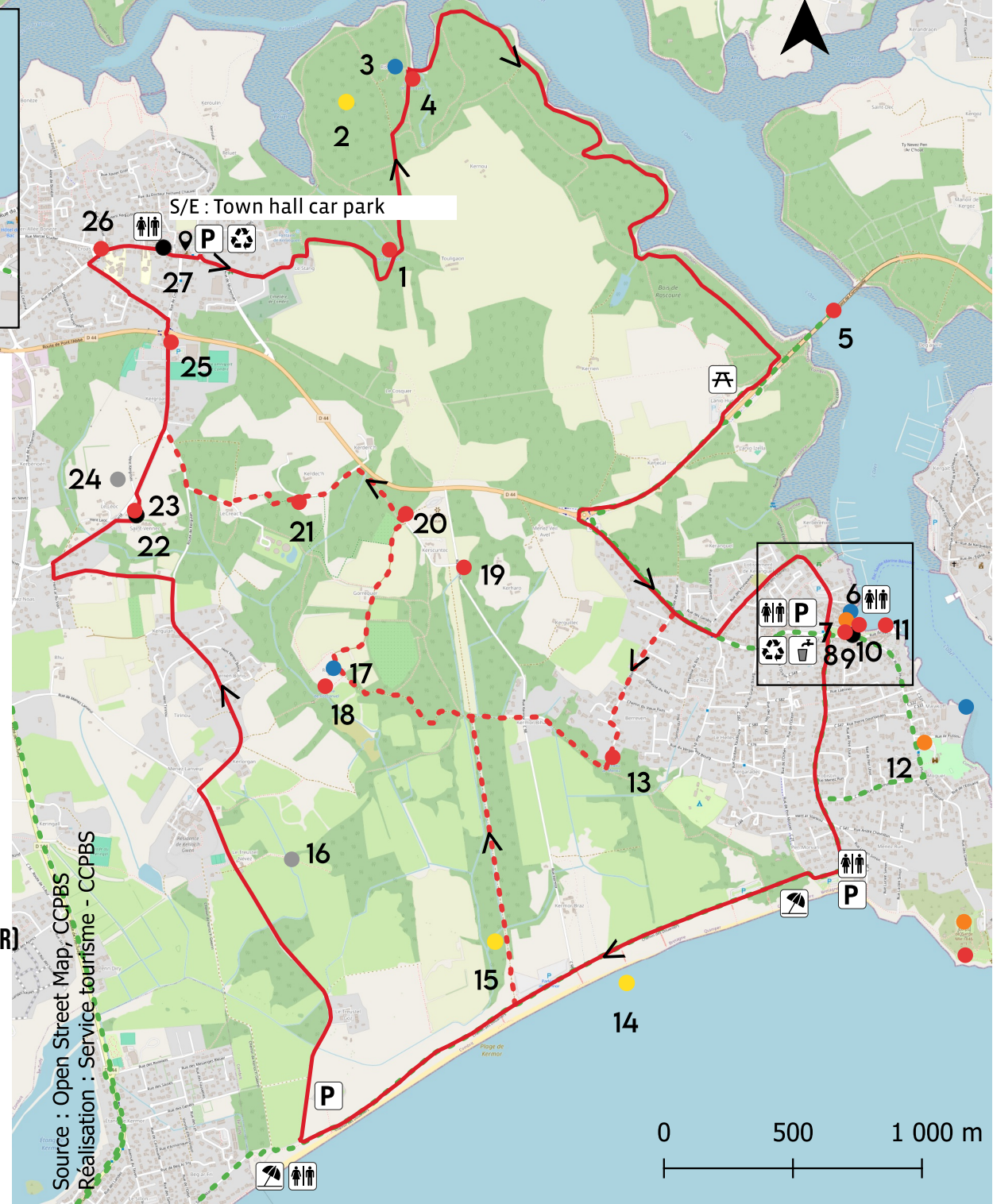
POINTS OF INTEREST

- CHAPEL, CHURCH
- SMALL HERITAGE SITE
- OLD HOUSE
- LEISURE
- MEGALITHE
- NATURAL AREA

SERVICES

- ☒ DRINKING WATER
- ♻️ BINS
- 🚻 TOILETS
- 🪵 PICNIC TABLE
- ☂️ LIFEGUARDED BEACH (IN SUMMER)
- P PARKING

- ROUTE (15,5 KM)
- - - VARIANT 1 - (11,2 KM)
- - - VARIANT 2 - (14,4 KM)
- ⋯ V45



All points of interest are located within 500 m of the loop route