



# THE LOOP STEP BY STEP

## The 4 chapels

From the **Maison de la Baie d'Audierne (1)**. Turn left onto the cycle route. Pedal along the small bends around the **Saint-Vio lake** and reach the **hamlet of Le Stang** after 1.5 km. After the hamlet, at the small car park, turn right onto the cycle route. Take the first left after 150 m onto **Rugaoudal** and you'll arrive in **Kerguen**. Here you have the option of turning left for an 8 km loop. For the full loop, turn right and continue straight on for 1.5 km to reach **Beuzec**. Take time to stroll around the **12th-century chapel (4)**. Return to the **route de Ty Prat**, turn right at the crossroads and continue straight on until you reach the roundabout. Turn right towards **Pointe de la Torche (7)**. You can stop to admire Pors Carn beach and the Bay of Audierne.

Turn around and take the first path on the left in front of the surf school. At the second track, on your right, the **Kerharo menhir (10)** stands in the middle of a protected wetland area (you will need to dismount). The route continues along the **Kerharo Huella path**, then to the left, still on the cycle route. Continue straight on until you reach **Tronoën**, with its **chapel (12)**, **calvary (11)** and **fountain (13)** below on the left. Here, you can continue straight ahead on the cycle route towards Plonéour-Lanvern and immediately turn right to discover the **Kerveltré fountain (14)** (mountain biking recommended). Alternatively, turn right after the chapel towards **Saint-Jean-Trolimon**.

After 1.5 km, turn left at the **Kergen Bihan/Lanven** junction (third road on your left): you are back in **Kerguen**. Turn right towards the houses and then left to head up towards **Kerfelest Vihan**. At the crossroads, go right as far as **Méjou Roz**. At the crossroads, turn left opposite the house with the blue shutters towards the **Saint-Évy chapel (15)**. The chapel is signposted to the left of the road, towards a cul-de-sac. Dismount at the barrier to approach the monument. Turn around to continue the loop and head north. Go straight across **Kerbascol** and, at the **Parcou Land** bend, turn left. At the give-way at the next junction, join the cycle route on the left and pedal towards the Bay of Audierne. At the stop sign, you can continue your ride as far as the **pebble crushing plant (16)**, or head back down to the left, heading south, as far as the last chapel, **Saint-Vio (17)**. Continue along the road back to the starting point.

S/E : From the Maison de la Baie d'Audierne in Tréguennec or la Torche car park in Plomeur			
Level : Medium	Distance : 19,4 km	Duration : 2h45	Elevation gain : 136 D+ Recommended bike : Hybrid bike, mountain bike

### A REMINDER OF GOOD PRACTICE

- Make sure you are properly equipped before setting off: check the condition of your bike (brakes, lights, tyres) and make sure you have everything you need for repairs.
- Wearing a helmet is compulsory for children under 12 and strongly recommended for adults. Yellow vests are recommended outside built-up areas.
- Share the road and respect the rules: pedestrian areas, pavement, etc.
- Respect private property.
- Do not leave any objects or rubbish behind.
- Respect the fragile balance of flora and fauna.

### FIND YOUR WAY



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Photos : A.Lamoureux / Pictos - Vague Graphique



# BIKE



## Saint-Jean-Trolimon



2026 - 2027

# SAINT-JEAN-TROLIMON LOOP "THE FOUR CHAPELS"

## ON THE WAY...

1 - MAISON DE LA BAIE D'AUDIERNE (CAUDIERNE BAY CENTRE)

2 - BEUZEC FOUNTAIN

3 - GROAS VEUR STELE

4 - BEUZEC CHAPEL

5 - LANVÉNAËL MENHIR

6 - KERUGOU DOLMEN

7 - POINTE DE LA TORCHE

8 - SEAWEED OVEN

9 - STELE OF THE EXECUTED

10 - KERHARO MENHIR

11 - TRONOËN CALVARY

12 - NOTRE-DAME DE TRONOËN CHAPEL (15TH CENTURY)

13 - TRONOËN FOUNTAIN

14 - KERVERLÉ FOUNTAIN

15 - SAINT-ÉVY CHAPEL

16 - FORMER PEBBLE CRUSHING FACTORY

17 - SAINT-VIO CHAPEL

## LEGEND

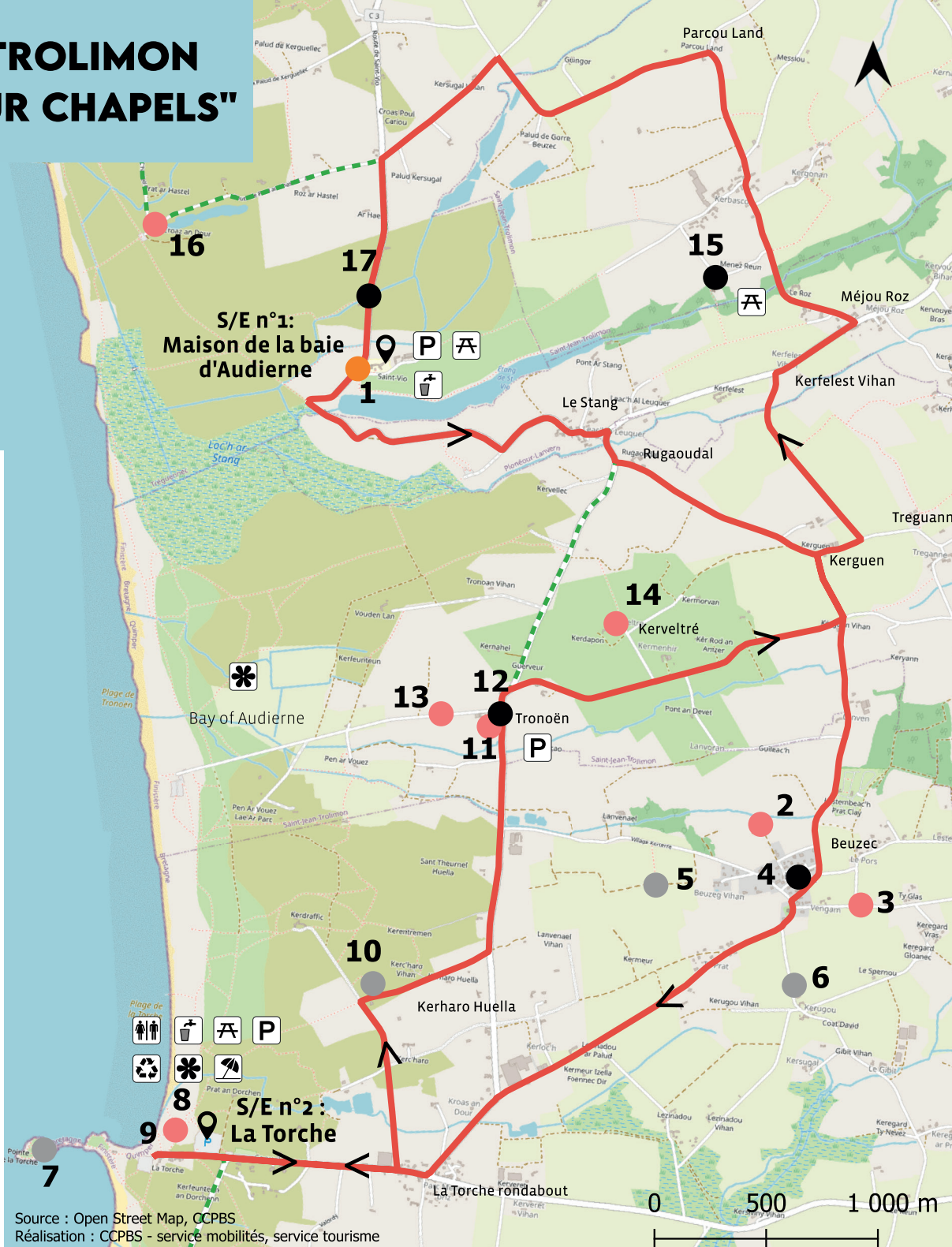
### SERVICES

-  DRINKING WATER
-  BINS
-  TOILETS
-  PARKING
-  PICNIC TABLE

### POINTS OF INTEREST

-  CHAPEL
-  LEISURE
-  MEGALITH
-  SMALL HERITAGE SITE
-  LIFEGUARDED BEACH (SUMMER)
-  PROTECTED AREA

-  ROUTE
-  VARIANT (KERVERLÉ)
-  CYCLING ROUTE V45
-  LA LITTORALE



Source : Open Street Map, CCPBS  
Réalisation : CCPBS - service mobilités, service tourisme

All points of interest are located within 500 m of the loop route.