

**Start from the sports centre car park.** From the car park, turn left and then take the first street on the right, **rue des saules**. Follow the road and turn right. Continue and cross **rue des genêts** to join **rue des lys**. Stay on this street until you reach **rue de Sainte-Marine**. Turn right and continue for 400 metres before turning left into **Avenue du Teven**. Join the **Teven** beach and follow the «**voie verte**». **Be careful: in summer, the voie verte is very busy with pedestrians, so it is advisable to dismount. To avoid the crowds, don't hesitate to take the path that passes over the car parks.**

At the end of the beach of **l'Île-Tudy**, turn right into **rue des Goëmoniers**. At the roundabout, where you will find the **calvary commemorating the roundup of 20 June 1944 (2)**, turn left into rue principale. Follow the street along which you will find the **Villa Kermaria (8)** and the **abri du marin (6)**. From the **Place de la Cale (6)**, follow the coast around the pointe via **Rue de la Pointe**. We strongly recommend that you wander through the narrow streets of the pointe to discover unique places such as unusual houses and old canneries, witnesses to the town's fishing history.

At the end, in the Parc de la Pointe, you can admire the **Perdrix lighthouse (4)**, unique in France for its colours. You'll also find the **Maison de la Pointe (F)**, which regularly hosts exhibitions of artists for you to discover. Then head up the Boulevard de l'Océan. You will reach the **church of Saint-Tudy (3)** and its **cemetery (J)**. Behind the cemetery, take rue des écoles and go up to the roundabout. Go straight on to **Avenue de Bretagne**. At the second turning on the left is the **Americans' slipway (9)**, opposite the former seaplane base. Continue straight ahead on **Avenue de Bretagne**. After 550 m, just before the **Île-Tudy CGU campsite**, turn left towards the **Kermor levee (10)** to observe the flora and fauna of the **Kermor lake** and enjoy the beautiful view of the **Pont-l'Abbé River**. Retrace your steps and turn left onto **Avenue des Sports**. Follow the avenue as far as the roundabout, then turn right to return to the starting point.

|                              |                   |                   |   |
|------------------------------|-------------------|-------------------|---|
| S/E : sports centre car park |                   |                   |   |
| Level : Easy                 | Distance : 6,5 km | Duration : 40 min | Elevation gain : 54 D +                       |
|                              |                   |                   | Recommended bike : Hybrid bike, mountain bike |

- ### A REMINDER OF GOOD PRACTICE
- Make sure you are properly equipped before setting off: check the condition of your bike (brakes, lights, tyres) and make sure you have everything you need for repairs.
  - Wearing a helmet is compulsory for children under 12 and strongly recommended for adults. Yellow vests are recommended outside built-up areas.
  - Share the road and respect the rules: pedestrian areas, pavement, etc.
  - Respect private property.
  - Do not leave any objects or rubbish behind.
  - Respect the fragile balance of flora and fauna.



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Find our opening times here

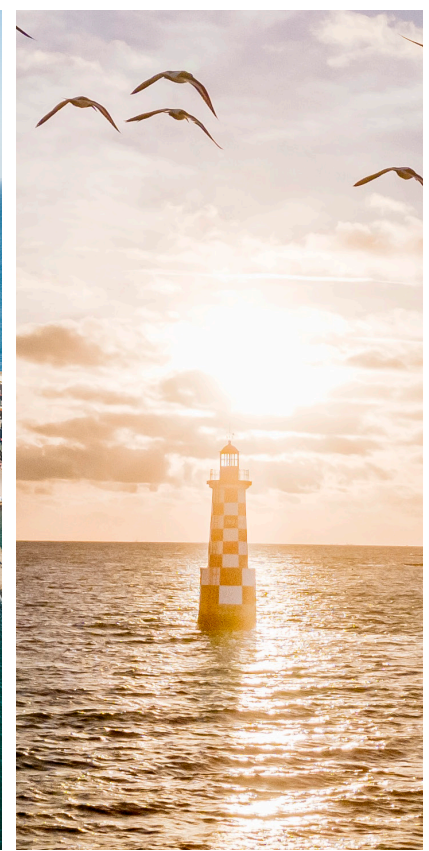


Do not litter

Photos : A.Lamoureux, E. Jezequel, T.Ponriel  
Pictos : Vague Graphique

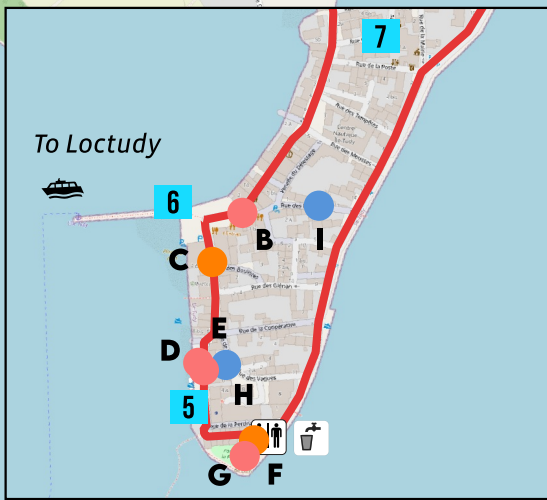
# BIKE

Ile-Tudy



2026 - 2027

# ÎLE-TUDY LOOP "TRO ENEZ"



## LEGEND

### POINTS OF INTEREST

- SMALL HERITAGE SITE
- CHURCH
- LEISURE
- OLD HOUSE
- BEACH
- FERRY TO LOCTUDY

### SERVICES

- DRINKING WATER
- BINS
- TOILETS
- PICNIC TABLE
- PARKING

- ROUTE
- - - CYCLING ROUTE V45

To Loctudy

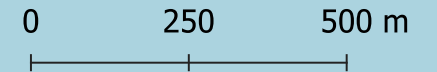
To Combrit

S/E Sports centre

To Sainte-Marine

Lifeguarded beach in summer

Lifeguarded beach in summer



## HISTORICAL TRAIL

- 1 - THE 'TOY OF THE WAVES', OPERATION DAHLIA, 1944
- 2 - THE WAR MEMORIAL TO THE ROUNDUP OF 20 JUNE 1944
- 3 - SAINT-TUDY CHURCH
- 4 - LA PERDRIX LIGHTHOUSE
- 5 - THE CANNERY AND THE SINUOUS SLIPWAY
- 6 - PLACE DE LA CALE AND "ABRI DU MARIN" (SAILOR'S SHELTER)
- 7 - RUE DES DENTELLIÈRES (LACEMAKERS STREET)
- 8 - VILLA KERMARIA
- 9 - THE SEAPLANE BASE (AMERICAN'S SLIPWAY)
- 10 - THE KERMOR LEVEE

**DON'T HESITATE TO STROLL THROUGH THE LITTLE STREETS OF THE AREA, WHERE YOU WILL FIND OTHER POINTS OF INTEREST SUCH AS:**

- A - ÎLE-TUDY NAUTICAL CENTRE
- B - PROPELLER OF THE SUPPLY SHIP 'SANS PAREIL' (1940)
- C - JEU DE BOULES (BALL GAMES)
- D - LIFEBOAT SHELTER
- E - OLD BELL FROM THE PHILIPPE ET CANAUD CANNERY

- F - MAISON DE LA POINTE (ART EXHIBITIONS)
- G - STATUE DE LA POINTE
- H - MAISON DE LA TOUR (TOWER HOUSE)
- I - MAISON DE MAÎTRE DE BARQUE (MANSION)
- J - CIMETERY