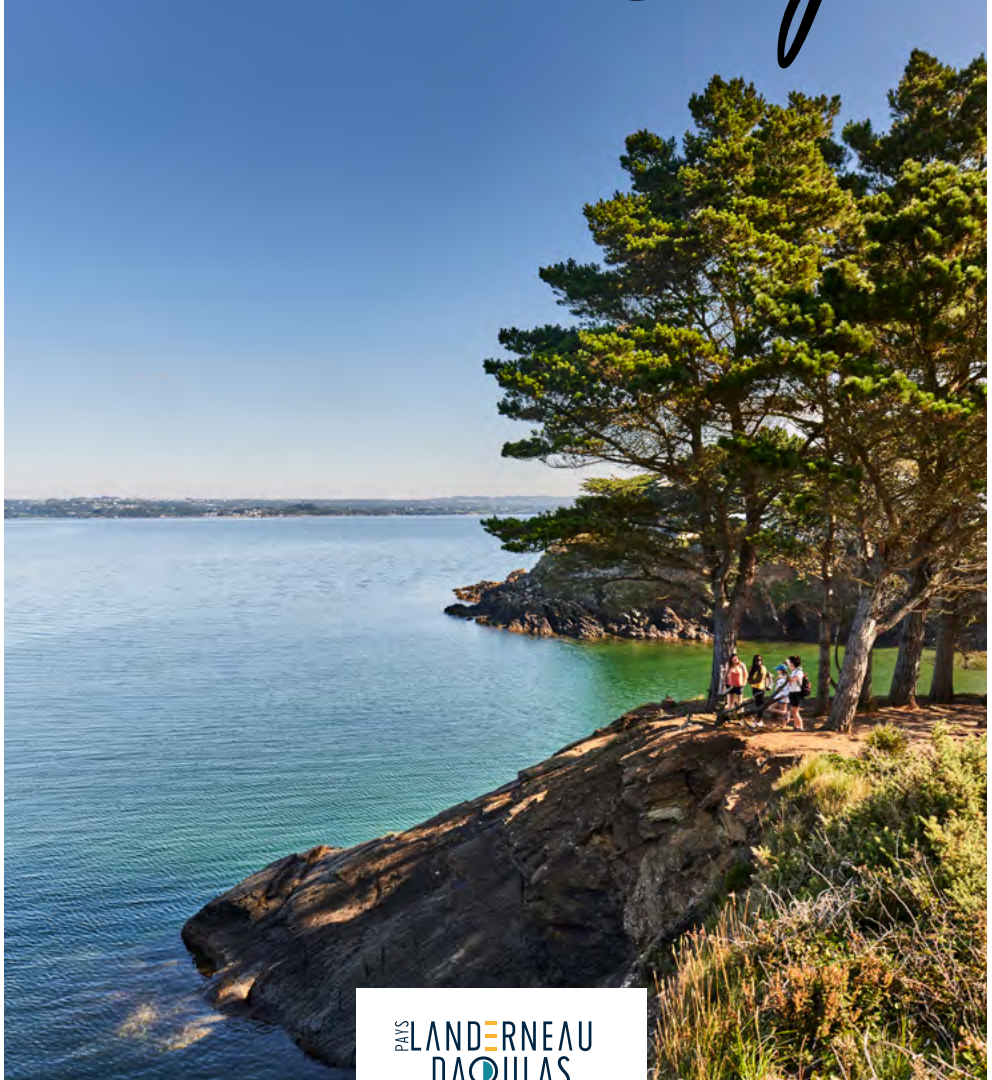


TRAVEL BROCHURE
LANDERNEAU-DAOULAS REGION

BRETAGNE 

holidays BY THE SEA



PAIS LANDERNEAU
DAOULAS



WELCOME to Landerneau

Come and meet us at the Landerneau Tourist Office, all year round, and in our seasonal offices in July and August.



Year-round

16 Place Général de Gaulle, 29800 Landerneau
Tel. +33(0)2 98 85 13 09



+ more

tourisme-landerneau-daoulas.bzh



In July and August

DAOULAS

Moulin du Pont
6 rue du Pont,
29460 Daoulas
+33(0)2 98 25 97 48

LA ROCHE-MAURICE

Heritage House
Château de Roc'h Morvan
29800 La Roche Maurice
+33(0)2 98 63 01 33

Opening days and times are available on the website of the Tourist Office.



CYCLISTS WELCOME

Near the Landerneau Tourist Office, you will find secured bicycle shelter, repair kit, bicycle washing, battery charging and more.



*National label "Accueil Vélo" under the banner of France Vélo Tourisme.

GETTING AROUND



Cycling

Take the cycle route "The V45 la Littorale": Starting in Daoulas, head westward following the fully marked trail towards Brest and beyond!



Breizh Go

With Breizh Go, travel to all the destinations in the Brestmaritimes and much more! Our Top Tip: take route 39 linking Daoulas and Landerneau (in summer: extends to Logonna -Daoulas).

Fare: €2.50 for a single trip

Routes and schedules:
breizhgo.bzh/itineraires-et-horaires/trouver-mon-itineraire



By train

If you want to explore further, climb aboard the train in La Forest-Landerneau, Dirinon, La Roche Maurice, or Landerneau, towards Brest and beyond!

Schedules available at:
ter.sncf.com/bretagne



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LEGEND


POINTS OF INTEREST

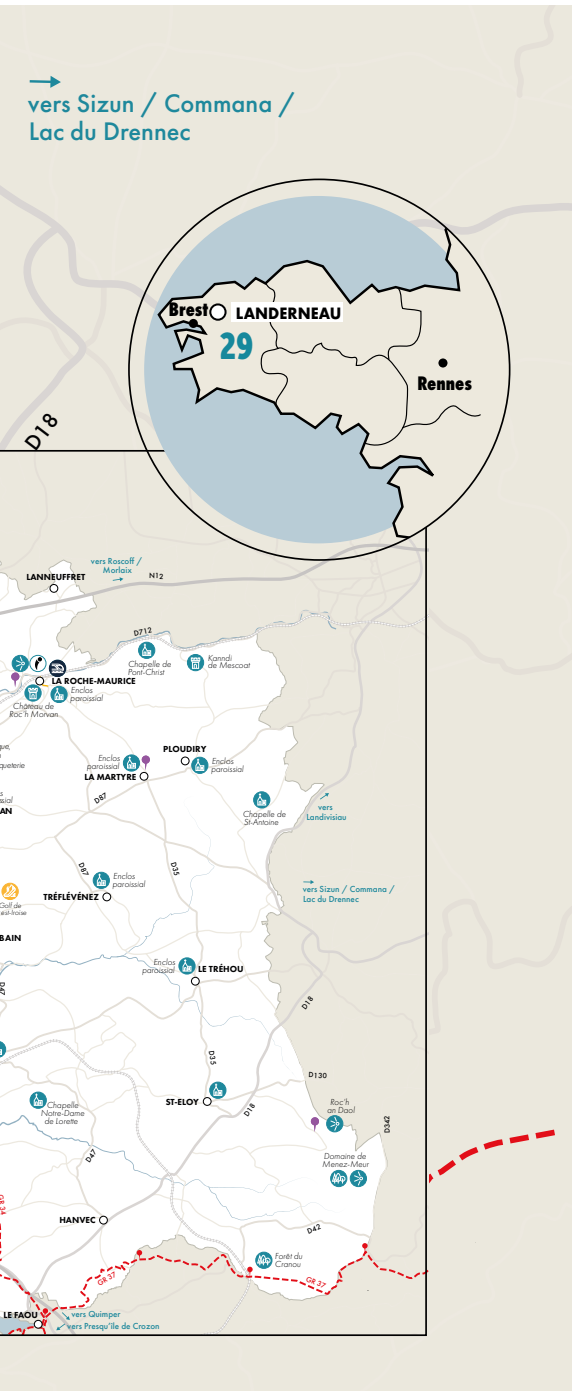
-  Remarkable built heritage
-  Parish enclosures, churches, chapels
-  Cultural sites/Exhibitions
-  Remarkable viewpoints
-  Remarkable natural heritage
-  Ports

RECREATIONAL ACTIVITIES

-  Water-based activities
-  Beaches, coves
-  Sports activities
-  Trailheads
Daoulas Hiking Trails
-  GR footpaths with markers every 5 km
-  Cycle routes
-  Littoral Trails (Logonna-Daoulas, Daoulas, and Loperhet)
-  Angles and estuaries tourist circuit

PRACTICAL INFORMATION

-  Tourist Office
-  Summer Information Point
-  Train stations
-  Camping





9 A.M.

A DA
the

THE PERFECT COMBINATION OF BREAKFAST AND MARKET!

Delicious odours gently awaken your tastebuds in Daoulas. Make the most out of your Sunday market browsing by savouring a sweet crepe. Seafood lovers will obviously prefer to enjoy an oyster tray from Brest harbour with a glass of white wine outside in the sun! ●

10 A.M. A COLOURFUL HISTORY!

Head towards the Abbaye de Daoulas to discover its Roman cloister, a unique building in Brittany. Discover the cultures of the world at the annual exhibition. Take a leisurely stroll through the glorious gardens, that captivate the imagination. ●



POST-MEAL STROLL

By the sea, take in the sea air to clear your mind. Along the shoreline of Brest harbour, marvel at the gradually changing scenery to follow the whims and fancies of the tides. Enjoy the beautiful landscapes starting from Loperhet to Hanvec, passing through Logonna-Daoulas and Hôpital-Camfrout. ●

NOON IT'S BREAKFAST TIME!

Would you prefer a crepe, market cuisine, or a bistronomic atmosphere? Whichever you pick, the local restaurants and producers will save their best for your plate! ●

1 P.M.



Y BY

sea

A BEAUTIFUL VIEW TO THE WEST!

Brest harbour has many panoramic viewpoints, ideal for a picnic, to admire the sunset or just to feast your eyes. Enjoy exceptional moments! ●



8 P.M.

4 P.M.

KICK BACK AND SOAK YOUR FEET IN THE WATER

In the late afternoon, sit back and relax while soaking your feet along one of the many banks and creeks. The water here is clear and calm, filled with fish and shells. Brest harbour has many perfect spots for swimming. Our Top Tip: grab your water shoes, oyster shells can be sharp. ●



GLIDE OVER THE WATER

Discover Brest harbour differently from a kayak or paddleboard. Glide soundlessly over the water, propelled by the strength of your arms... For the more athletic people, try a catamaran trip or windsurfing. ●

2 P.M.



A COLOURFUL *history*

Do you love history and beautiful buildings?
Nestled between the angle and the estuary of Brest harbour,
an exceptional heritage is yours to discover. Step back in time!

In the footsteps of...



ABBAYE DE DAOULAS

A **must-see site** in Finistère, the Abbaye de Daoulas invites you to experience a voyage of the senses and spirit. Its Roman cloister and magnificent **labelled gardens** will seduce you. The annual major exhibitions showcasing the cultures and civilisations of the world will amaze, teach, and move you.

Would you like a guide?

Workshops and tours are organised for all members of the public.

21 rue de l'église, Daoulas

+33 (0)2 98 25 84 39 - cdp29.fr/en/accueil

The gardens open in April and the exhibit opens in June. The site closes in December.



WILL YOU JOIN US?

In the summer, the Tourist Office offers one-hour **guided tours**. You'll know everything about Daoulas from the Moulin du pont to the Abbaye.

+33 (0)2 98 85 13 09



INVESTIGATE WITH THE FAMILY!

Have some family fun discovering Daoulas at your own pace with **game booklets** (ages 7 and up). Available for Landerneau, Daoulas, La Martyre, and La Roche-Maurice.

Upon request at the Tourist Office

+33 (0)2 98 85 13 09

or available for download from tourisme-landerneau-daoulas.fr/en/sejourner/cote-pratique/consultez-les-brochures/



1001 ways to visit



DISCOVER THE CITY WITH THE ARCHIKURIEUX

The ArchiKurieux will lead through a **[K]uriosités** hunt to discover Daoulas: explore alleyways and examine buildings for original and unusual details photographed by the facilitator. Ages 4 and up
lesarchikurieux.fr - +33 (0)6 69 64 83 66



BY BOAT TOO!

Embark on one of the authentic **heritage sailboats from Brest harbour**: the Loch Monna or the Dalh Mad. Onboard, Captain Yann invites you to discover one of the world's most beautiful harbours.

+33 (0)6 22 22 58 85 - lochmonna.fr



1001 CHAPELS

Many churches and chapels dot the landscape.

Explore them as you walk along the coast of Brest harbour. Our treasures: the Chapels of Saint-Jean and Sainte Marguerite, Logonna-Daoulas; Saint-Roch Chapel, Daoulas; Saint-Oyen Chapel, Lanvoy; Trévern Chapel, Saint-Urbain; and Notre-Dame de Lorette Chapel, Irvillac.

SPOTLIGHT ON THE STONE

The rough and carved stones of various colours have endured for centuries and leave a legacy of magnificent homes and buildings. **Keep an eye out for our local stones: the ochre-yellow Logonna stone** is easily recognised by its colour and the **Kersanton stone**, with its sombre tones, is often used to make cavalries.

A UNESCO GEOLOGICAL HERITAGE SITE

Over thousands of years, local geology has left its mark on our region, and this remarkable heritage lead UNESCO to label it as the Armorique Geopark.



-
- Free, by reservation or upon request at the Tourist Office Entrance fee Family-friendly
 Reservation/Ticketing at the Tourist Office Accessible to persons with reduced mobility

ENJOY *the sea*

Here, the “seaside” spirit means a wide range of atmospheres! Far from our neighbours’ sandy beaches, the coastline is dotted with numerous coves and points, giving it a unique charm.



A breath of fresh air!



TAKE TO THE SEA!

A holiday in Brittany goes inevitably hand in hand with **an experience on the water!** For some it’s an activity that they simply don’t want to miss, for others it’s their “first time,” so there’s no question of missing out! **Meet the professionals who will guide you:** sailing or paddling, windsurfing, sailing on a catamaran, kayaking, stand-up paddle, or even foiling... our boating centres welcome you all year round (lessons, rentals, etc.).

Moulin Mer Nautical Centre, Logonna-Daoulas
+33 (0)2 98 20 75 00 - moulin-mer.fr



The Rostiviec Nautical Centre
in Loperhet - **+33 (0)2 98 07 06 64**
centre-nautique-rostiviec-loperhet.com



Les Alligators in Landerneau for kayaking on the Elorn River and in the harbour.
+33 (0)2 98 21 48 74 - alligatorslanderneau.com



OUT TO SEA!

Leaving Brest behind, the **Brestoa** and her crew will take you on a voyage to discovery one of the most beautiful roadsteads in the world. Choose between cruising up the Élor or going around along the Aulne Maritime to discover our coves and estuaries.

Brest Ouest Compagnie Maritime
+33 (0)7 78 37 03 23 - alligatorslanderneau.com



LA PAILLOTE DU YELEN !

In July and August, the Moulin Mer centre opens a rental point on the Grève de Yelen in Logonna-Daoulas. Regular customers and visitors alike come here for a swim, kayaking or an aperitif. An idyllic spot!

La Pailote du Yelen
+33 (0)6 61 19 61 54





PULL ON YOUR BOOTS!

There are plenty of great fishing spots along Brest harbour.

What kind of fish are found here? Oysters, shellfish, and crustaceans... The foreshore offers many delicacies. Oysters, clams, razor-shells, cockles, venus clams, limpets, periwinkles, scallops... But also crabs, velvet swimming crabs, and prawns.

On-foot fishing is 100% free and natural, but there are a few rules to follow to ensure everyone's safety:

- Check the water quality of fishing sites, tide schedule, and the weather;
- Tell a relative that you are leaving and make sure you are well equipped (boots and fishing ruler);
- Always return what you have moved back to its original position to preserve biodiversity and do not fish near marine farms (oyster farms and mussel parks);
- Protect nature by picking up litter lying around on the foreshore.

THE BREST HARBOUR OYSTER

A number of oyster farmers cultivate the harbour oysters, from Plougastel-Daoulas to Hôpital-Camfrout. The oysters here are protected from the large swells coming in from the open sea. They benefit from the fresh water from the many rivers that flow into the harbour, such as the Élorne and the Aulne. This produces very high-quality plankton which foster the growth of large fleshy oysters.

Visit the markets to sample some harbour oysters. Oyster farmers will share their passion for their trade with you!

For the curious people

In summer, the Tourist Office organises visits to the oyster farms (according to the programme).

+33 (0)2 98 85 13 09



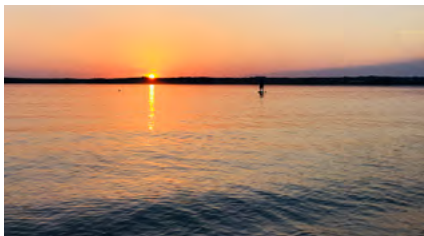
- Free, by reservation or upon request at the Tourist Office
 Entrance fee
 Family-friendly
 Reservation/Ticketing at the Tourist Office
 Accessible to persons with reduced mobility

DID YOU SAY “VIEWPOINT”?

Thanks to the numerous coves and points along the coast, **there are many various viewpoints**. Look due west and you'll see the gully, the gateway to the Iroise Sea! To the South, the wooded cliffs of the Crozon Peninsula come into view. A little further north is the Plougastel-Daoulas Peninsula, the last “bulwark” before Brest.

Ours favourite spots:

- Loperhet: Rostiviec Point, in the extension of the nautical centre
- Daoulas: Rosmelec Point, an ideal spot for picnics.
- Logonna-Daoulas: Château Point and Bendy Point (keep an eye out for the big show!)
- Hôpital-Camfrout: Kerascoët Port (an image straight off a postcard!) and Tibidy
- Hanvec: Lanvoy site, you can almost touch the Crozon Peninsula.



3, 2, 1 WALK!

Between Loperhet and Logonna-Daoulas, the coastal paths offer variations of the legendary GR34. Sometimes steep, often wild, and seldom used, these paths plunge you into the atmosphere of Brest harbour.



FUN PARK, PREPARE FOR A THRILL!

Fifteen courses for jumping, sliding, climbing, and zipping carefully between the trees! Two hundred games of varying heights and difficulty in the forest. You'll have a great time out in nature, with family and friends. Picnic area on site.

Fun Park Dirinon, La Grange Coat Mez
+33 (0)6 62 21 85 30 - funpark.fr



YOUR SUMMER EVENINGS

At the end of the day, you can relax with friends and enjoy long evenings while watching the sunset. Here are the ideal spots at this time of day: the beaches of Yelen or Bendy in Logonna-Daoulas, the beaches of Rostiviec or Pors Donn in Loperhet and Hôpital-Camfrout (head out to Tibidy).

In summer, the evening concerts and lively markets contribute to the perpetual friendly atmosphere.

Check the upcoming events:
tourisme-landerneau-daoulas.fr/en/agenda-animations-evenements/

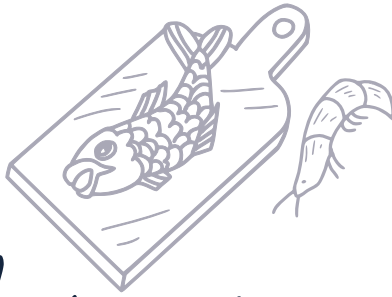
Cheers!

Raise a glass in one of the cafés or bars. In a pub or intimate setting, by the sea or river, you'll always receive a warm welcome!



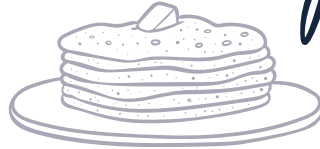
Find all our
addresses
here





Food's ready!

Our partner restaurateurs and producers in Daoulas and the surrounding area.



À LA CARTE

LA MIGNONNE

Crêperie

2 rue du Valy, Daoulas
+33 (0)2 98 25 85 50

LA FAÏENCERIE

Bistronomic cuisine

22 rue du Valy, Daoulas
+33 (0)2 29 63 23 48

LE VALY

Traditional cuisine

Working-class restaurant
11 rue du Pont, Daoulas
+33 (0)2 98 25 81 83

LA BIGORNE

Traditional cuisine

Takeaway pizza
3 rue de Brest, Daoulas
+33 (0)2 98 25 88 00

Opening hours and Contact

More Info Here



AT THE FARM

KERIGUY FARM

Organic meat and vegetables
Keriguy, Daoulas

TY-NÉOL STRAWBERRIES

Strawberries, raspberries, blueberries, vegetables, eggs, ciders and fruit juices
Ty Néol, Loperhet

COÏC OYSTERS AND SHELLFISH

Oyster and shellfish
Pointe du Château, Logonna-Daoulas

OURS MARKETS

DAOULAS

Sunday morning - Place Saint-Yves

SAINT-URBAIN: Wednesday morning - Place de la mairie

HANVEC: Wednesday late afternoon

Place du 18 juin 1940

GOASVEN PRODUCERS' STORE

Fresh, quality produce from local farms.

Goasven, Logonna-Daoulas

TRÉVARN FARM

Fruits, vegetables, organic cheeses, craft beers, breads, pasta, and yoghurt.

Trévarn, Saint-Urbain



PAYS LANDERNEAU DAOULAS

TOURIST OFFICE
16 place Général de Gaulle
29800 Landerneau
Tel.: +33(0)2 98 85 13 09

 **MORE INFO**

tourisme@capld.bzh
tourisme-landerneau-daoulas.bzh



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