



Getting to Iroise

- Train station at Brest (TGV)
www.sncf-connect.com
- Brest – Saint-Mathieu: 25 km (15 mi),
Brest – Saint-Renan: 13 km (8 mi)
- Roscoff (ferry) – Iroise, 1 hour by car
- Airport Brest Brittany, 16,5 km (10 mi)
from Saint-Renan

Discover Iroise



Bus all year roun: www.breizhgo.bzh
Coast shuttle 01/07 till 31/08 (Navette
du littoral): www.pays-iroise.bzh

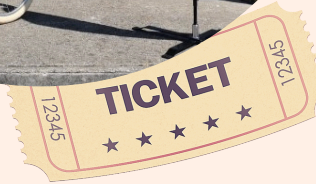
By **bike**. Choose your rental point from the
list at the tourist map and rent a bike. 4
cycling routes are available at the tourist
office or online in GPX format www.iroise-
bretagne.bzh/sorganiser/randonnee



On **foot**. Different marked trails are
available online in GPX format (same
internet adress as above, bike) or at the
tourist office. Guided walks on foot or
carriage are organised.



By **boat**. Rent a boat or
embark on an incredible
sea excursion to discover
the wildlife.



TOURIST OFFICES

We organise your stay :

- ticketing service for excursions
- entrance tickets
- bicycle hire
- shuttle to the islands, ...

Le Conquet	Parc de Beauséjour
Plougonvelin	Boulevard de la mer
Saint-Renan	Place du Vieux Marché
Plouarzel	Place Saint-Arzel
Ploudalmézeau	Rue François Squiban and Port of Portsall



tourisme@iroise-bretagne.bzh



0033 (0) 2 98 38 38 38

www.iroise-bretagne.bzh



BRETAGNE^{BE}



WELCOME IN IROISE

Lighthouses and islands

Enjoy a **magnificent view**
from the top of three **lighthouses**.
Experience the tranquility of the beautiful
island of Molène or take a scenic walk
along one of Iroise's breathtakingly
beautiful shores.





19 MUST-SEES FIND THEM ON THE TOURIST MAP OF IROISE AT YOUR DISPOSAL AT YOUR TOURIST OFFICE AND ON OUR WEBSITE



Scan the QR code

1 Fort de Bertheaume



Island fortified by Vauban. Night walks, treasure hunts and zip lines!

6 Marked tour



Follow the routes marked with a **crab** or a **horse** to discover the rich history of Le Conquet and Saint-Renan. Document for Saint-Renan in English available at the tourist office.

2 Musée Mémoires 39-45



A German command blockhouse with 5 floors and 500 m2 of exhibition space.

7 Exotical garden



Le Jardin exotique is a beautiful exotic botanical garden in Saint-Renan.

3 Saint Mathieu



Emblematic site. Visit the lighthouse, the abbey museum and the national memorial.

In July and August you can also visit the lighthouse of Saint-Mathieu by night, every Tuesday. Reservation necessary for the night visits. Daytime visits without reservation.

8 Musée du Ponant



This museum presents the history, art, economy, culture and life of the past in Brittany.

4 Kermorvan



Visit this fabulous peninsula and its lighthouse, the western most lighthouse in France.

9 Menhir of Kerloas



The highest erected megalith in the world (9,5m).

5 Isle of Molène



Situated in the biosphere reserve, this island is awarded by UNESCO.

10 Belveder Keramezec



Highest point of the Iroise! Orientation table and fun heritage trail.

11 Trezien lighthouse



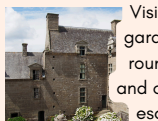
182 steps up the lighthouse, enjoy a panoramic view.

12 Corsen



The most Western point of continental France!

13 Kergroadez



Visit the castle and gardens. Events year round for the young and old : guided tours, escape games, ...

14 Maison de l'algue



Seaweed museum in Lanildut, first seaweed unloading port in Europe.

15 Saint-Laurent peninsula



A beautiful walk in front of the "Four" lighthouse to discover the heritage of the Iroise area.

16 Tourist road and chapel



Take the time to admire this wild coast and stop at the Saint-Samson chapel.

17 Ancre an eor



Museum dedicated to the sinking of the supertanker Amoco Cadiz, off the coast of Portsall in 1978.

18 Garden Moulin neuf



Come and discover this exceptional park of 4 ha (10 ac), its flowers, plants and animals.

19 La Récré des 3 Curés



The largest amusement and leisure park in Brittany for the whole family!



Dogs are not allowed on the beaches from 1st June till 30th September



MARKETS

Tuesday

LE CONQUET 9 AM - 1 PM

Wednesday

LANDUNVEZ in the morning
Only July and August

Thursday

LAMPAUL-PLOUARZEL 9 AM - 1 PM

Friday

PLOUDALMÉZEAU 9 AM - 1 PM

PLOUMOGUER Ferme de Messoufflin 4 - 7 PM

LOCMARIA-PLOUZANÉ 4 - 7 PM

Saturday

SAINT-RENAN 9 AM - 1 PM

An unmissable gourmet halt, one of the largest markets of the department

Sunday

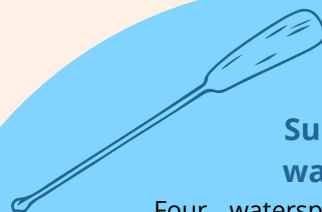
PLougONVELIN 9 AM - 1 PM



Embark to the islands of Molène and Ouessant at Le Conquet, all year round and every day, or at Lanildut during the summer with pennarbed.fr and finist-mer.fr.



Parking is limited to 4 hours in Le Conquet. Park your car for a day or more at one of the designated parking spaces. A list is available at the tourist office and online: iroise-bretagne.bzh.



Sun, sea and watersports!



Four watersports centres offer you a multitude of water fun: stand up paddle, kayak, sailing. You can take a course or rent equipment. Find the full list (including diving and surf) on the back of your touristic map Iroise Bretagne.